

4. LAUF-FEUER-Waldlauf

14.02.2009 - Tangstedter Forst

Ergebnisse der Damen auf der Kurzstrecke (3400 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | WJ | D | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
|-------|------|---------------------------|------------|------|-------|---------------------------|---|----|----|----|----|----|----|----|----|----|----|----|--|
| | 1698 | Kitzel, Mareile | Laufladen | 1984 | 12:25 | 1. Klasse II | | | | | | | | | | | | | |
| 1 | 477 | Rohlfing, Silja | Feuerwehr | 1972 | 13:35 | . | . | . | . | 1 | . | . | . | . | . | . | . | . | |
| 2 | 805 | Glöde, Jutta | Lufthansa | 1963 | 14:05 | . | . | . | . | . | 1 | . | . | . | . | . | . | . | |
| 3 | 958 | Yücel, Sema | PHILIPS | 1970 | 14:07 | . | . | . | 2 | . | . | . | . | . | . | . | . | . | |
| 4 | 1393 | Becker, Barbara | Rot-Gelb | 1971 | 14:13 | . | . | . | 3 | . | . | . | . | . | . | . | . | . | |
| 5 | 430 | Suckstorff, Anja | ERGOsports | 1969 | 15:21 | . | . | . | . | 1 | . | . | . | . | . | . | . | . | |
| 6 | 1112 | Engelmann, Heike | Zoll | 1971 | 15:22 | . | . | . | 4 | . | . | . | . | . | . | . | . | . | |
| 7 | 575 | Nentwig, Karin | HH-Hochsch | 1959 | 15:34 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | |
| 8 | 394 | Ewers, Dorit | ERGOsports | 1961 | 15:36 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | |
| 9 | 932 | Mansfeld-Stiegert, Ulrike | PHILIPS | 1967 | 16:01 | . | . | . | . | 2 | . | . | . | . | . | . | . | . | |
| | 6 | Liebler, Katja | LGWePi | 1973 | 16:09 | 1. Außer Konkurrenz (HLV) | | | | | | | | | | | | | |
| 10 | 974 | Priebe, Mareike | Polizei HH | 1996 | 16:15 | 1 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 11 | 1656 | Degel, Anja | Polizei HH | 1978 | 16:16 | . | . | 1 | . | . | . | . | . | . | . | . | . | . | |
| 12 | 1441 | Eis, Mareike | DESY | 1997 | 16:21 | 2 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 13 | 708 | Recht, Janette | HSH-NORDB. | 1981 | 16:23 | . | 1 | . | . | . | . | . | . | . | . | . | . | . | |
| 14 | 746 | Jarren, Sabine | Innovas | 1966 | 16:25 | . | . | . | . | 3 | . | . | . | . | . | . | . | . | |
| 15 | 410 | Lupke, Anne | ERGOsports | 1980 | 16:26 | . | 2 | . | . | . | . | . | . | . | . | . | . | . | |
| 16 | 924 | Krause, Svenja | PHILIPS | 1978 | 16:28 | . | . | 2 | . | . | . | . | . | . | . | . | . | . | |
| 17 | 759 | Brandt, Rieke | Gaden | 1995 | 16:32 | 3 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 18 | 1397 | Röper, Christiana | Rot-Gelb | 1949 | 16:48 | . | . | . | . | . | . | . | . | . | 1 | . | . | . | |
| 19 | 1074 | Klindworth, Alica | Stern | 1995 | 16:50 | 4 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 20 | 422 | Schmidt, Hilke | ERGOsports | 1964 | 16:55 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | |
| 21 | 852 | Kersten, Ines | NDR | 1962 | 17:01 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | |
| 22 | 1104 | Weber, Jamie | Stern | 1995 | 17:01 | 5 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 23 | 426 | Stahlbock, Astrid | ERGOsports | 1959 | 17:32 | . | . | . | . | . | . | 2 | . | . | . | . | . | . | |
| 24 | 732 | Barowsky, Gabriela | IBM Klub | 1970 | 17:36 | . | . | . | 5 | . | . | . | . | . | . | . | . | . | |
| 25 | 159 | Gädke, Christin | Berenberg | 1968 | 17:46 | . | . | . | . | 4 | . | . | . | . | . | . | . | . | |
| 26 | 846 | Grotherr, Marion | NDR | 1963 | 17:48 | . | . | . | . | . | 5 | . | . | . | . | . | . | . | |
| 27 | 1444 | Lang, Dörte | CPAG | 1959 | 18:03 | . | . | . | . | . | . | 3 | . | . | . | . | . | . | |
| 28 | 1005 | Leifels, Gabi | Raffay | 1966 | 18:21 | . | . | . | . | 5 | . | . | . | . | . | . | . | . | |
| 29 | 1076 | Klindworth, Gunda | Stern | 1960 | 18:26 | . | . | . | . | . | 6 | . | . | . | . | . | . | . | |
| 30 | 623 | Keuntje, Sabine | HEK | 1971 | 18:27 | . | . | . | 6 | . | . | . | . | . | . | . | . | . | |
| 31 | 815 | Rehders, Inge | Lufthansa | 1953 | 18:28 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | |
| 32 | 1133 | Goebel, Petra | Siemens | 1969 | 18:50 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | |
| 33 | 1008 | Weirich, Ursula | Raffay | 1966 | 18:53 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | |
| 34 | 211 | Bittkowski, Ingrid | A.Springer | 1955 | 18:56 | . | . | . | . | . | . | 4 | . | . | . | . | . | . | |
| 35 | 424 | Sievers, Susanne | ERGOsports | 1967 | 19:05 | . | . | . | . | 8 | . | . | . | . | . | . | . | . | |
| 36 | 287 | Härtel, Brigitte | Commerz-B. | 1954 | 19:08 | . | . | . | . | . | . | . | 2 | . | . | . | . | . | |
| 37 | 1387 | Meinicke, Heike | Lufthansa | 1961 | 19:11 | . | . | . | . | . | 7 | . | . | . | . | . | . | . | |
| 38 | 1276 | Wolf, Uta | TÜV-Nord | 1978 | 19:41 | . | . | 3 | . | . | . | . | . | . | . | . | . | . | |
| 39 | 357 | Parge, Sabine | D. Telekom | 1964 | 19:44 | . | . | . | . | . | 8 | . | . | . | . | . | . | . | |
| 40 | 1452 | Schroten, Denise | ESW&STN | 1977 | 19:56 | . | . | 4 | . | . | . | . | . | . | . | . | . | . | |
| 41 | 1408 | Boerner, Anja | Zoll | 1972 | 20:34 | . | . | . | 7 | . | . | . | . | . | . | . | . | . | |
| 42 | 937 | Nieswandt, Tanja | PHILIPS | 1971 | 20:40 | . | . | . | 8 | . | . | . | . | . | . | . | . | . | |
| 43 | 1403 | Scheibe, Hannelore | Stern | 1967 | 20:42 | . | . | . | . | 9 | . | . | . | . | . | . | . | . | |
| 44 | 1201 | Kamlage, Frauke | Sig. Iduna | 1956 | 20:46 | . | . | . | . | . | . | 5 | . | . | . | . | . | . | |
| 45 | 304 | Bartels, Petra | Deut.Bank | 1953 | 20:51 | . | . | . | . | . | . | . | 3 | . | . | . | . | . | |
| 46 | 1222 | Teke, Susanne | Sig. Iduna | 1963 | 20:54 | . | . | . | . | . | 9 | . | . | . | . | . | . | . | |
| 47 | 257 | Jaekel, Hannelore | DESY | 1948 | 21:09 | . | . | . | . | . | . | . | . | . | 2 | . | . | . | |
| 48 | 1043 | Oestreich, Daniela | Rot-Gelb | 1976 | 21:34 | . | . | 5 | . | . | . | . | . | . | . | . | . | . | |
| 49 | 920 | Jeschke, Annegret | PHILIPS | 1955 | 21:35 | . | . | . | . | . | . | 6 | . | . | . | . | . | . | |
| 50 | 1490 | Steinbrunn, Katja | PHILIPS | 1975 | 21:36 | . | . | 6 | . | . | . | . | . | . | . | . | . | . | |
| 51 | 950 | Sommer, Madlen | PHILIPS | 1981 | 21:46 | . | 3 | . | . | . | . | . | . | . | . | . | . | . | |
| 52 | 845 | Gedanke, Heike | NDR | 1957 | 23:29 | . | . | . | . | . | . | 7 | . | . | . | . | . | . | |
| 53 | 259 | Loppenthien, Stella | DESY | 1988 | 23:40 | . | 4 | . | . | . | . | . | . | . | . | . | . | . | |
| 54 | 1253 | Hübert, Susann | TK | 1966 | 23:46 | . | . | . | 10 | . | . | . | . | . | . | . | . | . | |
| 55 | 1662 | Höhne, Dana | TÜV-Nord | 1978 | 23:52 | . | . | 7 | . | . | . | . | . | . | . | . | . | . | |
| 56 | 839 | Biel, Sabine | NDR | 1961 | 24:02 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | |
| 57 | 1190 | Dally, Renate | Sig. Iduna | 1945 | 24:56 | . | . | . | . | . | . | . | . | . | 3 | . | . | . | |

Ergebnisse der Damen auf der Mittelstrecke (6960 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | WJ | 0 | 5 | 5 | 3 | 13 | 8 | 6 | 3 | 1 | 1 | 0 | 0 | 0 |
|-------|------|---------------------------|------------|------|-------|---------------------|---|----|----|----|----|----|----|----|----|----|----|----|---|
| | | | | | | | D | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
| 1 | 792 | Schierau, Marlen | Laufwerk | 1969 | 31:11 | . | . | . | . | . | 1 | . | . | . | . | . | . | . | . |
| 2 | 1127 | Blan, Tania | Siemens | 1968 | 32:04 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . |
| 3 | 430 | Suckstorff, Anja | ERGOsports | 1969 | 32:27 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 4 | 575 | Nentwig, Karin | HH-Hochsch | 1959 | 33:05 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . |
| 5 | 976 | Rietzke, Marion | Polizei HH | 1975 | 33:19 | . | . | 1 | . | . | . | . | . | . | . | . | . | . | . |
| 6 | 584 | Friedrich, Silke | Haspa | 1971 | 33:25 | . | . | . | 1 | . | . | . | . | . | . | . | . | . | . |
| 7 | 1236 | Ehlers, Annette | Tchibo | 1965 | 33:31 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 8 | 159 | Gädke, Christin | Berenberg | 1968 | 33:32 | . | . | . | . | . | 5 | . | . | . | . | . | . | . | . |
| 9 | 1627 | Kindler, Anja | OTTO | 1976 | 33:52 | . | . | 2 | . | . | . | . | . | . | . | . | . | . | . |
| 10 | 1213 | Rieckhoff, Daniela | Sig. Iduna | 1983 | 34:04 | . | 1 | . | . | . | . | . | . | . | . | . | . | . | . |
| 11 | 132 | Hölzer, Silke | Beiersdorf | 1973 | 34:08 | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . |
| 12 | 41 | König, Irmtraut | Airbus | 1953 | 34:17 | . | . | . | . | . | . | . | 1 | . | . | . | . | . | . |
| 13 | 1536 | Prüß, Kirstin | Beiersdorf | 1981 | 34:25 | . | 2 | . | . | . | . | . | . | . | . | . | . | . | . |
| 14 | 924 | Krause, Svenja | PHILIPS | 1978 | 34:46 | . | . | 3 | . | . | . | . | . | . | . | . | . | . | . |
| 15 | 410 | Lupke, Anne | ERGOsports | 1980 | 35:15 | . | 3 | . | . | . | . | . | . | . | . | . | . | . | . |
| 16 | 1620 | Freitag, Caroline | HPA | 1976 | 35:23 | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . |
| 17 | 1363 | Eis, Marianne | DESY | 1964 | 36:21 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . |
| 18 | 1133 | Goebel, Petra | Siemens | 1969 | 36:42 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | . |
| 19 | 932 | Mansfeld-Stiegert, Ulrike | PHILIPS | 1967 | 37:07 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | . |
| 20 | 1245 | Spielvogel, Jutta | Tchibo | 1951 | 37:25 | . | . | . | . | . | . | . | 2 | . | . | . | . | . | . |
| 21 | 1246 | Tesch, Katharina | Tchibo | 1958 | 37:26 | . | . | . | . | . | . | . | 2 | . | . | . | . | . | . |
| 22 | 1005 | Leifels, Gabi | Raffay | 1966 | 38:24 | . | . | . | . | 8 | . | . | . | . | . | . | . | . | . |
| 23 | 556 | Kaussler, Claudia | Hochbahn | 1961 | 38:42 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . |
| 24 | 1265 | Jiminez Lopez, Isabel | TÜV-Nord | 1965 | 38:50 | . | . | . | . | 9 | . | . | . | . | . | . | . | . | . |
| 25 | 852 | Kersten, Ines | NDR | 1962 | 39:01 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 26 | 746 | Jarren, Sabine | Innovas | 1966 | 39:07 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | . |
| 27 | 552 | Händler, Angela | Hochbahn | 1968 | 39:11 | . | . | . | . | 11 | . | . | . | . | . | . | . | . | . |
| 28 | 386 | Schulze, Sabine | EDEKA | 1964 | 39:17 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 29 | 27 | Genzel, Katrin | Airbus | 1969 | 40:22 | . | . | . | . | 12 | . | . | . | . | . | . | . | . | . |
| 30 | 392 | Clausen, Sylvia | ERGOsports | 1940 | 40:32 | . | . | . | . | . | . | . | . | . | 1 | . | . | . | . |
| 31 | 1169 | Johannsen, Jutta | SPK-Süd | 1970 | 40:32 | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . |
| 32 | 1198 | Hanke, Sabrina | Sig. Iduna | 1985 | 40:45 | . | 4 | . | . | . | . | . | . | . | . | . | . | . | . |
| 33 | 357 | Parge, Sabine | D. Telekom | 1964 | 41:34 | . | . | . | . | . | 5 | . | . | . | . | . | . | . | . |
| 34 | 742 | Vanthuyne, Anna-Maria | IBM Klub | 1954 | 41:42 | . | . | . | . | . | . | 3 | . | . | . | . | . | . | . |
| 35 | 68 | Struck, Ulrike | Airbus | 1969 | 41:49 | . | . | . | 13 | . | . | . | . | . | . | . | . | . | . |
| 36 | 1445 | Lang, Jennifer | CPAG | 1982 | 42:01 | . | 5 | . | . | . | . | . | . | . | . | . | . | . | . |
| 37 | 1201 | Kamlage, Frauke | Sig. Iduna | 1956 | 42:09 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 38 | 1019 | Neumann, Linda | Rapid | 1947 | 43:18 | . | . | . | . | . | . | . | 1 | . | . | . | . | . | . |
| 39 | 1043 | Oestreich, Daniela | Rot-Gelb | 1976 | 44:05 | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . |
| 40 | 80 | Klamp, Brigitte | AXA-Hbg | 1961 | 44:47 | . | . | . | . | . | 6 | . | . | . | . | . | . | . | . |
| 41 | 1168 | Glismann, Angela | SPK-Süd | 1957 | 45:20 | . | . | . | . | . | . | 4 | . | . | . | . | . | . | . |
| 42 | 561 | Westphal, Brigitte | Hochbahn | 1958 | 45:45 | . | . | . | . | . | . | 5 | . | . | . | . | . | . | . |
| 43 | 1217 | Schlegel, Bärbel | Sig. Iduna | 1955 | 46:03 | . | . | . | . | . | . | 6 | . | . | . | . | . | . | . |
| 44 | 1507 | Kirchner, Viviane | Sig. Iduna | 1964 | 51:16 | . | . | . | . | . | . | 7 | . | . | . | . | . | . | . |
| 45 | 839 | Biel, Sabine | NDR | 1961 | 52:16 | . | . | . | . | . | . | 8 | . | . | . | . | . | . | . |
| | 1677 | Obinger, Brigitte | E.ON Hanse | 1978 | 52:16 | 1. Außer Konkurrenz | | | | | | | | | | | | | |

Ergebnisse der Damen auf der Langstrecke (10350 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | WJ | D | 0 | 11 | 5 | 15 | 20 | 15 | 7 | 5 | 4 | 0 | 0 | 0 | 0 | | | | | |
|-------|------|---------------------------|------------|------|-------|----|------------------------|---|----|----|----|----|----|---|---|---|---|---|---|---|---|--|--|--|--|
| | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 794 | Trukenmüller, Rebekka | Laufwerk | 1982 | 42:38 | . | 1 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 2 | 781 | Freiburg, Nadja | Laufwerk | 1973 | 43:01 | . | . | . | 1 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 3 | 447 | Josenhans, Katharina | ESW&STN | 1981 | 43:30 | . | 2 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 4 | 805 | Glöde, Jutta | Lufthansa | 1963 | 43:31 | . | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . | . | | | | |
| | 1 | Helbig, Leana | LGWePi | 1981 | 44:25 | 1. | Außer Konkurrenz (HLV) | | | | | | | | | | | | | | | | | | |
| 5 | 575 | Nentwig, Karin | HH-Hochsch | 1959 | 46:15 | . | . | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . | | | | |
| 6 | 786 | Krispin, Marion | Laufwerk | 1973 | 46:22 | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 7 | 1383 | Slomski, Birgit | Laufwerk | 1975 | 47:42 | . | . | 1 | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 8 | 430 | Suckstorff, Anja | ERGOsports | 1969 | 47:47 | . | . | . | . | 1 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 9 | 1090 | Neudörffer, Cordula | Stern | 1971 | 47:49 | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 10 | 1561 | Krumbholz, Gertje | Laufladen | 1980 | 48:22 | . | 3 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 11 | 1438 | Heiden, Janet | HapagLloyd | 1979 | 48:53 | . | . | 2 | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 12 | 1685 | Lüders, Kerstin | Gaden | 1963 | 48:55 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . | | | | |
| 13 | 309 | Hennecke, Anke | Deut.Bank | 1976 | 49:20 | . | . | 3 | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 14 | 638 | Arndt, Yvonne | HSU HH | 1985 | 49:28 | . | 4 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 15 | 1436 | Klimach, Marzena | BVI | 1966 | 49:49 | . | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 16 | 731 | Sauer, Antje | HypoVerein | 1967 | 49:55 | . | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 17 | 690 | Engelbrecht, Martina | HSH-NORDB. | 1964 | 50:14 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . | | | | |
| 18 | 637 | Annighöfer, Dörthe | HSU HH | 1984 | 50:16 | . | 5 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 19 | 410 | Lupke, Anne | ERGOsports | 1980 | 50:53 | . | 6 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 20 | 969 | Lehmann, Martina | Polizei HH | 1980 | 50:54 | . | 7 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 21 | 159 | Gädke, Christin | Berenberg | 1968 | 51:14 | . | . | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 22 | 787 | Last, Bettina | Laufwerk | 1974 | 51:28 | . | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 23 | 819 | Schönfeldt, Dagmar | Lufthansa | 1968 | 51:28 | . | . | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 24 | 746 | Jarren, Sabine | Innovas | 1966 | 51:59 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 25 | 1271 | Pax, Katrin | TÜV-Nord | 1966 | 52:22 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 26 | 708 | Recht, Janette | HSH-NORDB. | 1981 | 52:49 | . | 8 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 27 | 1412 | Griem, Bärbel | Siemens | 1970 | 53:04 | . | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 28 | 459 | Westerfeld, Sabine | ESW&STN | 1966 | 53:08 | . | . | . | . | 8 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 29 | 1635 | Langfeld, Sofie | Siemens | 1965 | 53:11 | . | . | . | . | 9 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 30 | 1253 | Hübert, Susann | TK | 1966 | 53:33 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 31 | 732 | Barowsky, Gabriela | IBM Klub | 1970 | 53:41 | . | . | . | 6 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 32 | 1689 | Warnecke-Jerol, Margret | Stern | 1961 | 54:05 | . | . | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 33 | 454 | van der Pluijm, Michaela | ESW&STN | 1973 | 54:26 | . | . | . | 7 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 34 | 1061 | da Silva, Georgeta | Stern | 1964 | 54:29 | . | . | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 35 | 1385 | Berels, Marika | Lufthansa | 1963 | 54:55 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 36 | 1133 | Goebel, Petra | Siemens | 1969 | 55:02 | . | . | . | . | 11 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 37 | 328 | Neumann, Ricarda | Deut.Ring | 1969 | 55:12 | . | . | . | . | 12 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 38 | 1470 | Steffen, Ann-Kristin | Laufladen | 1970 | 55:22 | . | . | . | 8 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 39 | 1565 | Stroetmann, Miriam | Laufladen | 1968 | 55:23 | . | . | . | . | 13 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 40 | 139 | Mocigemba, Nicole | Beiersdorf | 1973 | 55:35 | . | . | . | 9 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 41 | 1697 | Escher, Carolin | Laufladen | 1981 | 55:58 | . | 9 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 42 | 852 | Kersten, Ines | NDR | 1962 | 56:13 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 43 | 1643 | Wegener, Susanne | Airbus | 1970 | 56:33 | . | . | . | 10 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 44 | 1005 | Leifels, Gabi | Raffay | 1966 | 56:45 | . | . | . | . | 14 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 45 | 301 | Reckmann, Martina | DAK | 1966 | 57:08 | . | . | . | . | 15 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 46 | 1230 | Marcus-Simon, Gitta | Allianz | 1959 | 57:10 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . | | | | |
| 47 | 453 | Piepenburg, Anne Kathrin | ESW&STN | 1984 | 57:25 | . | 10 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 48 | 211 | Bittkowski, Ingrid | A.Springer | 1955 | 57:37 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . | | | | |
| 49 | 1135 | Hahn, Marion | Siemens | 1954 | 57:54 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . | . | . | | | | |
| 50 | 450 | Krüger, Karin | ESW&STN | 1950 | 57:58 | . | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . | . | | | | |
| 51 | 1463 | Frieling, Marietta | Laufladen | 1958 | 58:00 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . | . | . | | | | |
| 52 | 1146 | Möller, Tanja | Siemens | 1973 | 58:04 | . | . | . | 11 | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 53 | 1043 | Oestreich, Daniela | Rot-Gelb | 1976 | 58:05 | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 54 | 357 | Parge, Sabine | D. Telekom | 1964 | 58:10 | . | . | . | . | . | 8 | . | . | . | . | . | . | . | . | . | . | | | | |
| 55 | 1320 | Ahrens, Sabine | Volksfürs. | 1960 | 58:27 | . | . | . | . | . | 9 | . | . | . | . | . | . | . | . | . | . | | | | |
| 56 | 327 | Kraemer, Birgit | Deut.Ring | 1964 | 58:32 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 57 | 932 | Mansfeld-Stiegert, Ulrike | PHILIPS | 1967 | 58:48 | . | . | . | . | 16 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 58 | 877 | Bornmann, Kerstin | OTTO | 1967 | 58:57 | . | . | . | . | 17 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 59 | 1339 | Wenrich, Anja | Volksfürs. | 1967 | 58:58 | . | . | . | . | 18 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 60 | 1429 | Meyer, Juliane | Airbus | 1980 | 59:00 | . | 11 | . | . | . | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 61 | 424 | Sievers, Susanne | ERGOsports | 1967 | 59:10 | . | . | . | . | 19 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 62 | 1080 | Lau, Christel | Stern | 1949 | 59:27 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . | . | . | | | | |
| 63 | 1498 | Donn, Simone | Siemens | 1972 | 59:29 | . | . | . | . | 12 | . | . | . | . | . | . | . | . | . | . | . | | | | |
| 64 | 1667 | Breitenstein, Kerstin | Volksfürs. | 1971 | 59:58 | . | . | . | . | 13 | . | . | . | . | . | . | . | . | . | . | . | | | | |

| Platz | StNr | Name | BSG | GJ | Zeit | WJ | D | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|-------------------------|------------|------|---------|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 65 | 1035 | Hagemann, Anna | Rot-Gelb | 1947 | 1:00:33 | . | . | . | . | . | . | . | . | 2 | . | . | . | . |
| 66 | 1366 | Michaelis, Birgitt | DAK | 1961 | 1:00:37 | . | . | . | . | 11 | . | . | . | . | . | . | . | . |
| 67 | 196 | Timm, Doris | BVI | 1951 | 1:00:57 | . | . | . | . | . | . | . | 3 | . | . | . | . | . |
| 68 | 441 | Frey, Birgit | ESW&STN | 1957 | 1:01:02 | . | . | . | . | . | . | 5 | . | . | . | . | . | . |
| 69 | 1201 | Kamlage, Frauke | Sig. Iduna | 1956 | 1:01:10 | . | . | . | . | . | . | 6 | . | . | . | . | . | . |
| 70 | 650 | Meißner, Ulrike | HSU HH | 1971 | 1:01:30 | . | . | 14 | . | . | . | . | . | . | . | . | . | . |
| 71 | 213 | Kosmalla, Susanne | A.Springer | 1965 | 1:02:01 | . | . | . | 20 | . | . | . | . | . | . | . | . | . |
| 72 | 1439 | Junchen, Angelika | HapagLloyd | 1949 | 1:02:05 | . | . | . | . | . | . | . | . | 3 | . | . | . | . |
| 73 | 799 | Behrends, Helene | Lufthansa | 1954 | 1:02:40 | . | . | . | . | . | . | . | 4 | . | . | . | . | . |
| 74 | 1276 | Wolf, Uta | TÜV-Nord | 1978 | 1:03:05 | . | . | 5 | . | . | . | . | . | . | . | . | . | . |
| 75 | 96 | Knobloch, Erika | BA-Eimsb. | 1957 | 1:04:00 | . | . | . | . | . | . | 7 | . | . | . | . | . | . |
| 76 | 1311 | Schulze, Maren | VATTENFALL | 1961 | 1:04:21 | . | . | . | . | 12 | . | . | . | . | . | . | . | . |
| 77 | 456 | Schroten, Melanie-Maren | ESW&STN | 1970 | 1:05:07 | . | . | . | 15 | . | . | . | . | . | . | . | . | . |
| 78 | 1641 | Schütt, Anja | Siemens | 1964 | 1:06:05 | . | . | . | . | 13 | . | . | . | . | . | . | . | . |
| 79 | 1584 | Stork, Martina | Laufwerk | 1964 | 1:06:07 | . | . | . | . | 14 | . | . | . | . | . | . | . | . |
| 80 | 1610 | Lange-Paulick, Sabine | Siemens | 1961 | 1:06:13 | . | . | . | . | 15 | . | . | . | . | . | . | . | . |
| 81 | 936 | Müller, Ursel | PHILIPS | 1947 | 1:12:49 | . | . | . | . | . | . | . | . | 4 | . | . | . | . |
| 82 | 102 | Wolff, Renate Marianne | BA-Eimsb. | 1953 | 1:20:00 | . | . | . | . | . | . | . | 5 | . | . | . | . | . |

Ergebnisse der Herren auf der Kurzstrecke (3400 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 9 | 9 | 11 | 16 | 13 | 16 | 14 | 14 | 12 | 12 | 4 | 2 | |
|-------|------|-----------------------------|------------|------|-------|----|---|---|---|----|----|----|----|----|----|----|----|---|---|--|
| | 1699 | Matzen, Ingmar | Laufladen | 1985 | 11:15 | | | | | | | | | | | | | | | |
| | 8 | Prochnau, Christoph | LGWePi | 1983 | 11:25 | | | | | | | | | | | | | | | |
| 1 | 1293 | Hose, Hubert | VATTENFALL | 1971 | 12:23 | | | | 1 | | | | | | | | | | | |
| 2 | 838 | Beckmann, Thorsten | NDR | 1967 | 12:34 | | | | | 1 | | | | | | | | | | |
| 3 | 474 | Popovic, Dragan | Feuerwehr | 1978 | 12:36 | | | 1 | | | | | | | | | | | | |
| 4 | 868 | Schröder, Birger | NDR | 1963 | 12:40 | | | | | | 1 | | | | | | | | | |
| 5 | 901 | Bozyakali, Can | PHILIPS | 1974 | 12:46 | | | | 2 | | | | | | | | | | | |
| 6 | 466 | Heemcke, Alexander | Feuerwehr | 1976 | 12:55 | | | 2 | | | | | | | | | | | | |
| 7 | 1299 | Krohn, Jens | VATTENFALL | 1957 | 13:12 | | | | | | | 1 | | | | | | | | |
| 8 | 1453 | Westerfeld, Philipp | ESW&STN | 1991 | 13:13 | | 1 | | | | | | | | | | | | | |
| 9 | 854 | Kohlmann, Carsten | NDR | 1965 | 13:15 | | | | | 2 | | | | | | | | | | |
| 10 | 873 | Becker, Jens-Gerrick | OTTO | 1962 | 13:24 | | | | | | 2 | | | | | | | | | |
| 11 | 955 | Timm, Thomas | PHILIPS | 1958 | 13:28 | | | | | | | 2 | | | | | | | | |
| 12 | 121 | Krastev, Ulli | BACARDI | 1969 | 13:38 | | | | | 3 | | | | | | | | | | |
| 13 | 915 | Hahn, Ronald | PHILIPS | 1967 | 13:41 | | | | | 4 | | | | | | | | | | |
| 14 | 828 | Bruhnke, Eric | Medeco | 1983 | 13:46 | | 2 | | | | | | | | | | | | | |
| 15 | 764 | Janßen, Hendrik | Gaden | 1992 | 13:50 | | 3 | | | | | | | | | | | | | |
| 16 | 356 | Neumann, Uwe | D. Telekom | 1973 | 13:51 | | | | 3 | | | | | | | | | | | |
| 17 | 1111 | Boerner, Andreas | Zoll | 1965 | 13:54 | | | | | 5 | | | | | | | | | | |
| 18 | 939 | Rittmeister, Lutz | PHILIPS | 1959 | 13:56 | | | | | | | 3 | | | | | | | | |
| 19 | 1082 | Lohmann, Rolf-Michael | Stern | 1960 | 14:01 | | | | | | 3 | | | | | | | | | |
| 20 | 251 | Eis, Walter | DESY | 1956 | 14:03 | | | | | | | 4 | | | | | | | | |
| 21 | 1100 | Vanselow, Niklas | Stern | 1995 | 14:05 | 1 | | | | | | | | | | | | | | |
| 22 | 1114 | Pape, Thomas | Zoll | 1972 | 14:07 | | | | 4 | | | | | | | | | | | |
| 23 | 1449 | Rühter, Pascal | ERGOsports | 1992 | 14:19 | | 4 | | | | | | | | | | | | | |
| 24 | 1287 | Gessert, Felix | VATTENFALL | 1988 | 14:42 | | 5 | | | | | | | | | | | | | |
| 25 | 869 | Schröder, Julius Maximilian | NDR | 1995 | 14:48 | 2 | | | | | | | | | | | | | | |
| 26 | 489 | Zylau, Kai | Feuerwehr | 1965 | 14:53 | | | | | 6 | | | | | | | | | | |
| 27 | 1280 | Kutschka, Gregor | D. Telekom | 1970 | 14:54 | | | | 5 | | | | | | | | | | | |
| 28 | 1298 | Klinke, Michael | VATTENFALL | 1971 | 14:55 | | | | 6 | | | | | | | | | | | |
| 29 | 93 | Gehle, Friedhelm | BA-Eimsb. | 1956 | 14:58 | | | | | | 5 | | | | | | | | | |
| 30 | 1400 | Neudörffer, Henry | Stern | 1997 | 15:01 | 3 | | | | | | | | | | | | | | |
| 31 | 407 | Krause, Reinhard | ERGOsports | 1944 | 15:14 | | | | | | | | | | | | | | 1 | |
| 32 | 425 | Spijker, Rüdiger | ERGOsports | 1960 | 15:18 | | | | | 4 | | | | | | | | | | |
| 33 | 1401 | Neudörffer, Robin | Stern | 1995 | 15:20 | 4 | | | | | | | | | | | | | | |
| 34 | 406 | Kozieras, Norbert | ERGOsports | 1950 | 15:20 | | | | | | | | 1 | | | | | | | |
| 35 | 33 | Holst, Friedrich | Airbus | 1938 | 15:21 | | | | | | | | | | | | | | 1 | |
| 36 | 911 | Glüse, Ulf | PHILIPS | 1984 | 15:23 | | 6 | | | | | | | | | | | | | |
| 37 | 1160 | Sietz, Andreas | Siemens | 1968 | 15:24 | | | | | 7 | | | | | | | | | | |
| 38 | 1274 | Schumacher, Peter | TÜV-Nord | 1952 | 15:25 | | | | | | | | 2 | | | | | | | |
| 39 | 743 | Winter, Jörg | IBM Klub | 1970 | 15:27 | | | | | 7 | | | | | | | | | | |
| 40 | 411 | Marquardt, Volker | ERGOsports | 1957 | 15:29 | | | | | | | | 6 | | | | | | | |
| 41 | 1101 | Vanselow, Oliver | Stern | 1964 | 15:32 | | | | | | | 5 | | | | | | | | |
| 42 | 1185 | Kaminke, Andres | Kravag | 1956 | 15:36 | | | | | | | | 7 | | | | | | | |
| 43 | 452 | Kühl, Bernd | ESW&STN | 1946 | 15:40 | | | | | | | | | | 1 | | | | | |
| 44 | 934 | Meier, Manfred | PHILIPS | 1940 | 15:48 | | | | | | | | | | | 2 | | | | |
| 45 | 247 | Döhmen, Georg | T-Systems | 1961 | 15:55 | | | | | | 6 | | | | | | | | | |
| 46 | 1096 | Stangenberg, Daniel | Stern | 1995 | 15:57 | 5 | | | | | | | | | | | | | | |
| 47 | 389 | Banck, Sönke | ERGOsports | 1967 | 16:05 | | | | | 8 | | | | | | | | | | |
| 48 | 724 | Zollbeck, Marco | HSH-NORDB. | 1966 | 16:06 | | | | | 9 | | | | | | | | | | |
| 49 | 1461 | Knaack, Tobias | HH-Hochsch | 1975 | 16:11 | | | 3 | | | | | | | | | | | | |
| 50 | 850 | Kellermann, Patrick | NDR | 1990 | 16:13 | | 7 | | | | | | | | | | | | | |
| 51 | 1118 | Semke, Jürgen | Zoll | 1953 | 16:15 | | | | | | | | 3 | | | | | | | |
| 52 | 1288 | Gessert, Frank | VATTENFALL | 1959 | 16:18 | | | | | | | | 8 | | | | | | | |
| 53 | 809 | Kern, Helmut | Lufthansa | 1949 | 16:21 | | | | | | | | | | 2 | | | | | |
| 54 | 1695 | Schmitz, Uli | ERGOsports | 1976 | 16:27 | | | 4 | | | | | | | | | | | | |
| 55 | 460 | Wien, Wolfgang | ESW&STN | 1940 | 16:28 | | | | | | | | | | | 3 | | | | |
| 56 | 1404 | Stangenberg, Marco | Stern | 1997 | 16:30 | 6 | | | | | | | | | | | | | | |
| 57 | 1066 | Hass, Jochen | Stern | 1966 | 16:31 | | | | | 10 | | | | | | | | | | |
| 58 | 227 | Kay, Matthias | HapagLloyd | 1978 | 16:31 | | | 5 | | | | | | | | | | | | |
| 59 | 1068 | Heisinger, Hartmut | Stern | 1949 | 16:32 | | | | | | | | | | 3 | | | | | |
| 60 | 1109 | Zeiser, Tobias | Stern | 1960 | 16:32 | | | | | | 7 | | | | | | | | | |
| 61 | 1095 | Stangenberg, Andreas | Stern | 1960 | 16:33 | | | | | | 8 | | | | | | | | | |
| 62 | 758 | Brandt, Andreas | Gaden | 1958 | 16:34 | | | | | | | 9 | | | | | | | | |
| 63 | 1087 | Milewski, Marek | Stern | 1967 | 16:34 | | | | | 11 | | | | | | | | | | |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
|-------|------|--------------------------|------------|------|-------|---------------------|---|----|----|----|----|----|----|----|----|----|----|----|--|
| 64 | 745 | Gebert, Claus | Innovas | 1975 | 16:38 | . | . | 6 | . | . | . | . | . | . | . | . | . | . | |
| 65 | 412 | Meinke, Frank | ERGOsports | 1978 | 16:40 | . | . | 7 | . | . | . | . | . | . | . | . | . | . | |
| 66 | 687 | Diezel, Günther | HSH-NORDB. | 1954 | 16:44 | . | . | . | . | . | . | . | 4 | . | . | . | . | . | |
| 67 | 1687 | Niemann, Reiner | PHILIPS | 1955 | 16:50 | . | . | . | . | . | . | 10 | . | . | . | . | . | . | |
| 68 | 1391 | Konrad, Fabian | NDR | 1997 | 16:51 | 7 | . | . | . | . | . | . | . | . | . | . | . | . | |
| 69 | 855 | Konrad, Thomas | NDR | 1967 | 16:52 | . | . | . | 12 | . | . | . | . | . | . | . | . | . | |
| 70 | 1266 | Kathenbach, Martin | TÜV-Nord | 1979 | 16:52 | . | . | 8 | . | . | . | . | . | . | . | . | . | . | |
| 71 | 714 | Schmidt, Reinhard | HSH-NORDB. | 1950 | 16:54 | . | . | . | . | . | . | . | 5 | . | . | . | . | . | |
| 72 | 1108 | Zdebel, Rene | Stern | 1974 | 17:13 | . | . | . | 8 | . | . | . | . | . | . | . | . | . | |
| 73 | 1399 | Eggert, Andreas | Stern | 1967 | 17:13 | . | . | . | 13 | . | . | . | . | . | . | . | . | . | |
| 74 | 437 | Winter, Rainer | ERGOsports | 1949 | 17:15 | . | . | . | . | . | . | . | . | 4 | . | . | . | . | |
| 75 | 685 | Burkhardt, Torsten | HSH-NORDB. | 1956 | 17:15 | . | . | . | . | . | . | 11 | . | . | . | . | . | . | |
| 76 | 949 | Sommer, Christian | PHILIPS | 1982 | 17:19 | . | 8 | . | . | . | . | . | . | . | . | . | . | . | |
| 77 | 762 | Glowienka, Tobias | Gaden | 1979 | 17:21 | . | . | 9 | . | . | . | . | . | . | . | . | . | . | |
| 78 | 1103 | Vierегge, Jens | Stern | 1950 | 17:28 | . | . | . | . | . | . | . | 6 | . | . | . | . | . | |
| 79 | 940 | Rönnebeck, Jens | PHILIPS | 1960 | 17:29 | . | . | . | . | . | 9 | . | . | . | . | . | . | . | |
| 80 | 1000 | Hänjes, Hans-Martin | Raffay | 1964 | 17:33 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | |
| 81 | 607 | Steck, Siegfried | Haspa | 1948 | 17:35 | . | . | . | . | . | . | . | . | 5 | . | . | . | . | |
| | 1670 | Bust, Johann | Polizei HH | 1999 | 17:40 | 2. Außer Konkurrenz | | | | | | | | | | | | | |
| 82 | 694 | Hagemann, Uwe | HSH-NORDB. | 1950 | 17:40 | . | . | . | . | . | . | . | 7 | . | . | . | . | . | |
| 83 | 807 | Hintz, Martin | Lufthansa | 1937 | 17:42 | . | . | . | . | . | . | . | . | . | . | 2 | . | . | |
| 84 | 443 | Gläser, Heinz | ESW&STN | 1945 | 17:42 | . | . | . | . | . | . | . | . | 6 | . | . | . | . | |
| 85 | 747 | von Laar, Heinz-Josef | Innovas | 1968 | 17:43 | . | . | . | 14 | . | . | . | . | . | . | . | . | . | |
| 86 | 391 | Braun, Manfred | ERGOsports | 1941 | 17:46 | . | . | . | . | . | . | . | . | . | 4 | . | . | . | |
| 87 | 1072 | Kamrad, Hubert | Stern | 1955 | 17:48 | . | . | . | . | . | . | 12 | . | . | . | . | . | . | |
| 88 | 1207 | Manthei, Jan | Sig. Iduna | 1967 | 17:50 | . | . | . | 15 | . | . | . | . | . | . | . | . | . | |
| 89 | 682 | Ahrens, Helmuth | HSH-NORDB. | 1951 | 17:54 | . | . | . | . | . | . | . | 8 | . | . | . | . | . | |
| 90 | 1318 | Wolter, Friedrich | VATTENFALL | 1952 | 17:58 | . | . | . | . | . | . | . | 9 | . | . | . | . | . | |
| 91 | 1300 | Lutosch, Dietmar | VATTENFALL | 1941 | 17:59 | . | . | . | . | . | . | . | . | . | 5 | . | . | . | |
| 92 | 50 | Nigmann, Michael | Airbus | 1953 | 18:00 | . | . | . | . | . | . | . | 10 | . | . | . | . | . | |
| 93 | 416 | Oellrich, Günter | ERGOsports | 1940 | 18:05 | . | . | . | . | . | . | . | . | . | 6 | . | . | . | |
| 94 | 996 | Braun, Friedrich | Raffay | 1946 | 18:13 | . | . | . | . | . | . | . | . | 7 | . | . | . | . | |
| 95 | 347 | Mengelkamp, Hans-Joachim | Dresdner-B | 1944 | 18:19 | . | . | . | . | . | . | . | . | . | 7 | . | . | . | |
| 96 | 1294 | Hummel, Alexander | VATTENFALL | 1982 | 18:22 | . | 9 | . | . | . | . | . | . | . | . | . | . | . | |
| 97 | 1295 | Hummel, Thomas | VATTENFALL | 1950 | 18:24 | . | . | . | . | . | . | . | 11 | . | . | . | . | . | |
| 98 | 1006 | Matthies, Hans-Joachim | Raffay | 1930 | 18:26 | . | . | . | . | . | . | . | . | . | . | . | 1 | . | |
| 99 | 236 | Schnabel, Harald | HapagLloyd | 1953 | 18:36 | . | . | . | . | . | . | . | 12 | . | . | . | . | . | |
| 100 | 606 | Schneider, Rolf | Haspa | 1939 | 18:37 | . | . | . | . | . | . | . | . | . | . | 3 | . | . | |
| 101 | 508 | Papendorf, Knut | Fa.Blanke. | 1946 | 18:42 | . | . | . | . | . | . | . | . | 8 | . | . | . | . | |
| 102 | 63 | Schreiber, Siegfried | Airbus | 1936 | 18:48 | . | . | . | . | . | . | . | . | . | . | 4 | . | . | |
| 103 | 505 | Matthiessen, Uwe | Fa.Blanke. | 1949 | 19:02 | . | . | . | . | . | . | . | . | 9 | . | . | . | . | |
| 104 | 395 | Fahnhold, Herbert | ERGOsports | 1935 | 19:10 | . | . | . | . | . | . | . | . | . | . | 5 | . | . | |
| 105 | 837 | Beckmann, Jörg | NDR | 1934 | 19:15 | . | . | . | . | . | . | . | . | . | . | . | 2 | . | |
| 106 | 1588 | Stahl, Peter | Lufthansa | 1946 | 19:19 | . | . | . | . | . | . | . | . | 10 | . | . | . | . | |
| 107 | 1015 | Kluger, Günter | Rapid | 1933 | 19:31 | . | . | . | . | . | . | . | . | . | . | 3 | . | . | |
| 108 | 249 | Behrens, Michael | DESY | 1947 | 19:34 | . | . | . | . | . | . | . | . | 11 | . | . | . | . | |
| 109 | 1089 | Müller, Jürgen | Stern | 1948 | 19:47 | . | . | . | . | . | . | . | . | 12 | . | . | . | . | |
| 110 | 1212 | Rahn, Peter | Sig. Iduna | 1942 | 19:52 | . | . | . | . | . | . | . | . | . | 8 | . | . | . | |
| 111 | 997 | Dobrick, Mario | Raffay | 1950 | 20:08 | . | . | . | . | . | . | . | 13 | . | . | . | . | . | |
| 112 | 1093 | Scheibe, Paul | Stern | 1963 | 20:09 | . | . | . | 11 | . | . | . | . | . | . | . | . | . | |
| 113 | 630 | Reimer, Peter | HEK | 1939 | 20:11 | . | . | . | . | . | . | . | . | . | . | 6 | . | . | |
| 114 | 957 | Wilke, Manfred | PHILIPS | 1948 | 20:21 | . | . | . | . | . | . | . | . | 13 | . | . | . | . | |
| 115 | 256 | Jaekel, Claus | DESY | 1945 | 20:25 | . | . | . | . | . | . | . | . | 14 | . | . | . | . | |
| 116 | 999 | Gallaun, Andreas | Raffay | 1963 | 20:27 | . | . | . | 12 | . | . | . | . | . | . | . | . | . | |
| 117 | 1202 | Kamlage, Jens | Sig. Iduna | 1943 | 20:30 | . | . | . | . | . | . | . | . | . | 9 | . | . | . | |
| 118 | 1189 | Dally, Peter | Sig. Iduna | 1935 | 20:50 | . | . | . | . | . | . | . | . | . | . | 7 | . | . | |
| 119 | 1432 | Pepperrell, Stephen | BACARDI | 1958 | 21:05 | . | . | . | . | . | . | 13 | . | . | . | . | . | . | |
| 120 | 1067 | Hein, Eckhard | Stern | 1938 | 21:15 | . | . | . | . | . | . | . | . | . | . | 8 | . | . | |
| 121 | 1038 | Hoppe, Holger | Rot-Gelb | 1971 | 21:34 | . | . | . | 9 | . | . | . | . | . | . | . | . | . | |
| 122 | 1050 | Toborg, Sven | Rot-Gelb | 1970 | 21:34 | . | . | . | 10 | . | . | . | . | . | . | . | . | . | |
| 123 | 849 | Kardels, Axel | NDR | 1954 | 21:35 | . | . | . | . | . | . | . | 14 | . | . | . | . | . | |
| 124 | 419 | Reichardt, Wolfgang | ERGOsports | 1938 | 21:54 | . | . | . | . | . | . | . | . | . | . | 9 | . | . | |
| 125 | 1477 | Noll, Stefan | HSH-NORDB. | 1974 | 21:58 | . | . | . | 11 | . | . | . | . | . | . | . | . | . | |
| 126 | 1571 | Wenthe, Adolf | Haspa | 1940 | 22:25 | . | . | . | . | . | . | . | . | 10 | . | . | . | . | |
| 127 | 462 | Andag, Jens | Feuerwehr | 1938 | 22:38 | . | . | . | . | . | . | . | . | . | . | 10 | . | . | |
| 128 | 662 | Kumst, Anja | HOFI HH | 1969 | 22:59 | . | . | . | 16 | . | . | . | . | . | . | . | . | . | |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|-------------------|------------|------|-------|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 129 | 258 | Loppenthien, Jan | DESY | 1958 | 23:38 | . | . | . | . | . | . | 14 | . | . | . | . | . | . |
| 130 | 1638 | Schnoor, Michael | TÜV-Nord | 1957 | 23:42 | . | . | . | . | . | . | 15 | . | . | . | . | . | . |
| 131 | 1267 | Kohl, Andreas | TÜV-Nord | 1961 | 23:44 | . | . | . | . | . | 13 | . | . | . | . | . | . | . |
| 132 | 1251 | Gohde, Fritz | TK | 1959 | 23:44 | . | . | . | . | . | . | 16 | . | . | . | . | . | . |
| 133 | 1255 | Leichtweiß, Heino | TK | 1944 | 23:46 | . | . | . | . | . | . | . | . | . | 11 | . | . | . |
| 134 | 490 | Bartels, Fritz | Fa.Blanke. | 1938 | 24:28 | . | . | . | . | . | . | . | . | . | . | . | 11 | . |
| 135 | 1593 | Prehn, Fritz | Stern | 1929 | 24:34 | . | . | . | . | . | . | . | . | . | . | . | . | 1 |
| 136 | 1023 | Schumacher, Rolf | Rapid | 1940 | 24:46 | . | . | . | . | . | . | . | . | . | 12 | . | . | . |
| 137 | 403 | Ihme, Kurt | ERGOsports | 1934 | 24:57 | . | . | . | . | . | . | . | . | . | . | . | . | 4 |
| 138 | 1232 | Müller, Gerhard | Allianz | 1936 | 26:13 | . | . | . | . | . | . | . | . | . | . | 12 | . | . |
| 139 | 578 | Andersen, Olaf | Haspa | 1926 | 26:57 | . | . | . | . | . | . | . | . | . | . | . | . | 2 |

Ergebnisse der Herren auf der Mittelstrecke (6960 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 6 | 14 | 13 | 27 | 19 | 16 | 20 | 14 | 13 | 6 | 2 | 0 |
|-------|------|------------------------|------------|------|-------|----|---|----|----|----|----|----|----|----|----|----|----|----|---|
| | | | | | | | | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
| 1 | 1042 | Norte da Silva, Adao | Rot-Gelb | 1968 | 25:47 | . | . | . | . | 1 | . | . | . | . | . | . | . | . | . |
| 2 | 962 | Dankers, Heinz | Polizei HH | 1960 | 26:01 | . | . | . | . | . | 1 | . | . | . | . | . | . | . | . |
| 3 | 959 | Abler, Frederik | Polizei HH | 1968 | 26:04 | . | . | . | . | 2 | . | . | . | . | . | . | . | . | . |
| 4 | 903 | Cuny, Emmanuel | PHILIPS | 1962 | 26:42 | . | . | . | . | . | 2 | . | . | . | . | . | . | . | . |
| 5 | 466 | Heemcke, Alexander | Feuerwehr | 1976 | 27:20 | . | . | 1 | . | . | . | . | . | . | . | . | . | . | . |
| 6 | 133 | Janßen, Harald | Beiersdorf | 1968 | 27:22 | . | . | . | . | 3 | . | . | . | . | . | . | . | . | . |
| 7 | 968 | Laude, Niels | Polizei HH | 1975 | 27:34 | . | . | 2 | . | . | . | . | . | . | . | . | . | . | . |
| 8 | 913 | Haacker, Kai | PHILIPS | 1963 | 27:48 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 9 | 103 | Bahr, Gebhard | BA-Nord | 1955 | 27:52 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . |
| 10 | 1240 | Müller, Reinhard | Tchibo | 1967 | 27:58 | . | . | . | . | 4 | . | . | . | . | . | . | . | . | . |
| 11 | 1244 | Seliger, Niels-Michael | Tchibo | 1971 | 28:06 | . | . | . | 1 | . | . | . | . | . | . | . | . | . | . |
| 12 | 88 | Zühlke, Jürgen | AXA-Hbg | 1955 | 28:12 | . | . | . | . | . | . | 2 | . | . | . | . | . | . | . |
| 13 | 901 | Bozyakali, Can | PHILIPS | 1974 | 28:19 | . | . | . | 2 | . | . | . | . | . | . | . | . | . | . |
| 14 | 802 | Drexhage, Rolf | Lufthansa | 1961 | 28:27 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 15 | 1126 | Blan, Andreas | Siemens | 1966 | 28:43 | . | . | . | . | 5 | . | . | . | . | . | . | . | . | . |
| 16 | 73 | Trümper, Michael | Airbus | 1966 | 28:46 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | . |
| 17 | 1481 | Hauschildt, Maik | Laufwerk | 1974 | 28:54 | . | . | . | 3 | . | . | . | . | . | . | . | . | . | . |
| 18 | 563 | Ziethen, Karl-Heinz | Hochbahn | 1952 | 28:56 | . | . | . | . | . | . | 1 | . | . | . | . | . | . | . |
| 19 | 1492 | Faix, Stefan | Polizei HH | 1968 | 28:57 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | . |
| 20 | 1297 | Kayser, Oliver | VATTENFALL | 1975 | 28:58 | . | . | 3 | . | . | . | . | . | . | . | . | . | . | . |
| 21 | 955 | Timm, Thomas | PHILIPS | 1958 | 29:04 | . | . | . | . | . | . | 3 | . | . | . | . | . | . | . |
| 22 | 383 | Peuckert, Christian | EDEKA | 1977 | 29:07 | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . |
| 23 | 1111 | Boerner, Andreas | Zoll | 1965 | 29:12 | . | . | . | . | 8 | . | . | . | . | . | . | . | . | . |
| 24 | 838 | Beckmann, Thorsten | NDR | 1967 | 29:29 | . | . | . | . | 9 | . | . | . | . | . | . | . | . | . |
| 25 | 975 | Priebe, Markus | Polizei HH | 1965 | 29:31 | . | . | . | . | 10 | . | . | . | . | . | . | . | . | . |
| 26 | 854 | Kohlmann, Carsten | NDR | 1965 | 29:33 | . | . | . | . | 11 | . | . | . | . | . | . | . | . | . |
| 27 | 384 | Rohlfs, Dirk | EDEKA | 1967 | 29:35 | . | . | . | . | 12 | . | . | . | . | . | . | . | . | . |
| 28 | 562 | Westphal, Wolfgang | Hochbahn | 1954 | 29:37 | . | . | . | . | . | . | 2 | . | . | . | . | . | . | . |
| 29 | 6 | Bartels, Ronald | Airbus | 1962 | 29:49 | . | . | . | . | . | 5 | . | . | . | . | . | . | . | . |
| 30 | 1085 | Miedeck, Georg | Stern | 1942 | 29:52 | . | . | . | . | . | . | . | . | 1 | . | . | . | . | . |
| 31 | 121 | Krastev, Ulli | BACARDI | 1969 | 29:56 | . | . | . | 13 | . | . | . | . | . | . | . | . | . | . |
| 32 | 79 | Hendricks, Torben | AXA-Hbg | 1978 | 29:58 | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . |
| 33 | 1136 | Hahn, Sebastian | Siemens | 1989 | 30:01 | . | 1 | . | . | . | . | . | . | . | . | . | . | . | . |
| 34 | 939 | Rittmeister, Lutz | PHILIPS | 1959 | 30:06 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 35 | 85 | Schweder, Klaus | AXA-Hbg | 1962 | 30:13 | . | . | . | . | 6 | . | . | . | . | . | . | . | . | . |
| 36 | 828 | Bruhnke, Eric | Medeco | 1983 | 30:19 | . | 2 | . | . | . | . | . | . | . | . | . | . | . | . |
| 37 | 512 | Theile, Hartwich | Fa.Blanke. | 1955 | 30:23 | . | . | . | . | . | 5 | . | . | . | . | . | . | . | . |
| 38 | 1221 | Sürsal, Attila | Sig. Iduna | 1978 | 30:37 | . | . | 6 | . | . | . | . | . | . | . | . | . | . | . |
| 39 | 1110 | Balzer, Klaus | Zoll | 1969 | 30:41 | . | . | . | 14 | . | . | . | . | . | . | . | . | . | . |
| 40 | 1195 | Hänsel, Steffen | Sig. Iduna | 1951 | 30:48 | . | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 41 | 1170 | Johannsen, Sönke | SPK-Süd | 1970 | 30:58 | . | . | . | 4 | . | . | . | . | . | . | . | . | . | . |
| 42 | 1192 | Frahm, Patrick | Sig. Iduna | 1978 | 31:21 | . | . | 7 | . | . | . | . | . | . | . | . | . | . | . |
| 43 | 277 | Levezow, Thomas | BBK | 1969 | 31:27 | . | . | . | 15 | . | . | . | . | . | . | . | . | . | . |
| 44 | 566 | Deutz, Mathias | HH-Hochsch | 1978 | 31:29 | . | . | 8 | . | . | . | . | . | . | . | . | . | . | . |
| 45 | 1314 | Stüfen, Sönke | VATTENFALL | 1965 | 31:36 | . | . | . | 16 | . | . | . | . | . | . | . | . | . | . |
| 46 | 1228 | Kleinert, Herbert | Allianz | 1940 | 31:42 | . | . | . | . | . | . | . | 2 | . | . | . | . | . | . |
| 47 | 1238 | Gliewe, Volker | Tchibo | 1952 | 31:52 | . | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 48 | 1114 | Pape, Thomas | Zoll | 1972 | 31:54 | . | . | . | 5 | . | . | . | . | . | . | . | . | . | . |
| 49 | 425 | Spijker, Rüdiger | ERGOsports | 1960 | 31:55 | . | . | . | . | 7 | . | . | . | . | . | . | . | . | . |
| 50 | 86 | Soetebeer, Michael | AXA-Hbg | 1955 | 31:56 | . | . | . | . | . | 6 | . | . | . | . | . | . | . | . |
| 51 | 136 | Lüders, Christopher | Beiersdorf | 1994 | 31:58 | 1 | . | . | . | . | . | . | . | . | . | . | . | . | . |
| 52 | 1247 | Tesch, Thomas | Tchibo | 1958 | 32:12 | . | . | . | . | . | 7 | . | . | . | . | . | . | . | . |
| 53 | 1280 | Kutschka, Gregor | D. Telekom | 1970 | 32:28 | . | . | . | 6 | . | . | . | . | . | . | . | . | . | . |
| 54 | 33 | Holst, Friedrich | Airbus | 1938 | 32:30 | . | . | . | . | . | . | . | . | 1 | . | . | . | . | . |
| 55 | 1062 | Danker, Hans-Jürgen | Stern | 1952 | 32:33 | . | . | . | . | . | . | 5 | . | . | . | . | . | . | . |
| 56 | 1325 | Fiedler, Thomas | Volksfürs. | 1971 | 32:48 | . | . | . | 7 | . | . | . | . | . | . | . | . | . | . |
| 57 | 389 | Banck, Sönke | ERGOsports | 1967 | 32:56 | . | . | . | 17 | . | . | . | . | . | . | . | . | . | . |
| 58 | 628 | Münster, Reinhold | HEK | 1942 | 33:01 | . | . | . | . | . | . | 3 | . | . | . | . | . | . | . |
| 59 | 323 | Appel, Thomas | Deut.Ring | 1959 | 33:07 | . | . | . | . | . | 8 | . | . | . | . | . | . | . | . |
| 60 | 242 | Meyer, Klaus | OrthoNord | 1952 | 33:17 | . | . | . | . | . | 6 | . | . | . | . | . | . | . | . |
| 61 | 1551 | Schramm, Torsten | Fa.Blanke. | 1990 | 33:21 | . | 3 | . | . | . | . | . | . | . | . | . | . | . | . |
| 62 | 356 | Neumann, Uwe | D. Telekom | 1973 | 33:29 | . | . | . | 8 | . | . | . | . | . | . | . | . | . | . |
| 63 | 724 | Zollbeck, Marco | HSH-NORDB. | 1966 | 33:34 | . | . | . | 18 | . | . | . | . | . | . | . | . | . | . |
| 64 | 1065 | Guder, Jens | Stern | 1968 | 33:38 | . | . | . | 19 | . | . | . | . | . | . | . | . | . | . |
| 65 | 809 | Kern, Helmut | Lufthansa | 1949 | 33:56 | . | . | . | . | . | . | . | 1 | . | . | . | . | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
|-------|------|------------------------|------------|------|-------|----|---|----|----|----|----|----|----|----|----|----|----|----|---|
| 66 | 796 | Endelmann, Rolf | LINCAS-BT | 1940 | 34:01 | . | . | . | . | . | . | . | . | . | . | . | 4 | . | . |
| 67 | 387 | Schulze, Stephan | EDEKA | 1964 | 34:05 | . | . | . | . | . | . | 8 | . | . | . | . | . | . | . |
| 68 | 46 | Michels, Rolf | Airbus | 1961 | 34:06 | . | . | . | . | . | . | 9 | . | . | . | . | . | . | . |
| 69 | 1262 | Halweg, Wolfgang | TÜV-Nord | 1948 | 34:09 | . | . | . | . | . | . | . | . | . | 2 | . | . | . | . |
| 70 | 1177 | Thiele, Gerhard | Still | 1939 | 34:15 | . | . | . | . | . | . | . | . | . | . | . | 2 | . | . |
| 71 | 47 | Möller, Thomas | Airbus | 1963 | 34:23 | . | . | . | . | . | . | 10 | . | . | . | . | . | . | . |
| 72 | 142 | Röming, Wilfried | Beiersdorf | 1940 | 34:38 | . | . | . | . | . | . | . | . | . | . | 5 | . | . | . |
| 73 | 915 | Hahn, Ronald | PHILIPS | 1967 | 34:42 | . | . | . | . | . | 20 | . | . | . | . | . | . | . | . |
| 74 | 1495 | Kurtz, Udo | Rapid | 1968 | 34:44 | . | . | . | . | . | 21 | . | . | . | . | . | . | . | . |
| 75 | 1274 | Schumacher, Peter | TÜV-Nord | 1952 | 34:48 | . | . | . | . | . | . | . | . | 7 | . | . | . | . | . |
| 76 | 703 | Konitzer, Martin | HSH-NORDB. | 1958 | 34:54 | . | . | . | . | . | . | . | 9 | . | . | . | . | . | . |
| 77 | 1068 | Heisinger, Hartmut | Stern | 1949 | 34:59 | . | . | . | . | . | . | . | . | . | 3 | . | . | . | . |
| 78 | 1219 | Schmidt, Volker | Sig. Iduna | 1961 | 35:01 | . | . | . | . | . | . | 11 | . | . | . | . | . | . | . |
| 79 | 402 | Hübener, Matthias | ERGOsports | 1962 | 35:04 | . | . | . | . | . | . | 12 | . | . | . | . | . | . | . |
| 80 | 896 | Ulrich, Rainer | OTTO | 1960 | 35:07 | . | . | . | . | . | . | 13 | . | . | . | . | . | . | . |
| 81 | 1138 | Hahn, Uwe | Siemens | 1946 | 35:09 | . | . | . | . | . | . | . | . | . | 4 | . | . | . | . |
| 82 | 1550 | Schramm, Hans-Peter | Fa.Blanke. | 1959 | 35:17 | . | . | . | . | . | . | 10 | . | . | . | . | . | . | . |
| 83 | 1695 | Schmitz, Uli | ERGOsports | 1976 | 35:17 | . | . | 9 | . | . | . | . | . | . | . | . | . | . | . |
| 84 | 87 | Staub, Matthias | AXA-Hbg | 1963 | 35:19 | . | . | . | . | . | . | 14 | . | . | . | . | . | . | . |
| 85 | 243 | Mohwinkel, Jörg | OrthoNord | 1959 | 35:28 | . | . | . | . | . | . | 11 | . | . | . | . | . | . | . |
| 86 | 551 | Burghard, Werner | Hochbahn | 1950 | 35:35 | . | . | . | . | . | . | . | . | 8 | . | . | . | . | . |
| 87 | 343 | Fiedler, Thomas | Dresdner-B | 1953 | 35:36 | . | . | . | . | . | . | . | . | 9 | . | . | . | . | . |
| 88 | 137 | Lüders, Gerhard | Beiersdorf | 1957 | 35:44 | . | . | . | . | . | . | . | 12 | . | . | . | . | . | . |
| 89 | 412 | Meinke, Frank | ERGOsports | 1978 | 35:46 | . | . | 10 | . | . | . | . | . | . | . | . | . | . | . |
| 90 | 1088 | Müller, Hans-Werner | Stern | 1951 | 35:51 | . | . | . | . | . | . | . | 10 | . | . | . | . | . | . |
| 91 | 1131 | Diedrich, Ralph | Siemens | 1962 | 35:57 | . | . | . | . | . | . | 15 | . | . | . | . | . | . | . |
| 92 | 126 | Mertelsmann, Detlef | Baubehörde | 1940 | 36:13 | . | . | . | . | . | . | . | . | . | . | 6 | . | . | . |
| 93 | 385 | Schmidt, Gerd | EDEKA | 1947 | 36:15 | . | . | . | . | . | . | . | . | . | 5 | . | . | . | . |
| 94 | 593 | Knoefel, Gerhard | Haspa | 1959 | 36:17 | . | . | . | . | . | . | . | 13 | . | . | . | . | . | . |
| 95 | 1118 | Semke, Jürgen | Zoll | 1953 | 36:32 | . | . | . | . | . | . | . | 11 | . | . | . | . | . | . |
| 96 | 934 | Meier, Manfred | PHILIPS | 1940 | 36:34 | . | . | . | . | . | . | . | . | . | . | 7 | . | . | . |
| 97 | 714 | Schmidt, Reinhard | HSH-NORDB. | 1950 | 36:40 | . | . | . | . | . | . | . | 12 | . | . | . | . | . | . |
| 98 | 530 | Meyer, Andreas | Germ.Lloyd | 1960 | 36:40 | . | . | . | . | . | . | 16 | . | . | . | . | . | . | . |
| 99 | 922 | Jeschke, Sebastian | PHILIPS | 1987 | 36:44 | . | . | 4 | . | . | . | . | . | . | . | . | . | . | . |
| 100 | 1461 | Knaack, Tobias | HH-Hochsch | 1975 | 36:46 | . | . | 11 | . | . | . | . | . | . | . | . | . | . | . |
| 101 | 1132 | Dierking, Peter | Siemens | 1943 | 36:54 | . | . | . | . | . | . | . | . | . | . | 8 | . | . | . |
| 102 | 848 | von Hetling, Claus | NDR | 1946 | 37:03 | . | . | . | . | . | . | . | . | . | 6 | . | . | . | . |
| 103 | 1356 | Petersson, Jörg | Beiersdorf | 1966 | 37:07 | . | . | . | . | . | 22 | . | . | . | . | . | . | . | . |
| 104 | 1038 | Hoppe, Holger | Rot-Gelb | 1971 | 37:19 | . | . | . | 9 | . | . | . | . | . | . | . | . | . | . |
| 105 | 1151 | Petersen, Christian | Siemens | 1949 | 37:26 | . | . | . | . | . | . | . | . | . | 7 | . | . | . | . |
| 106 | 106 | zum Brook, Reinhold | BA-Nord | 1958 | 37:27 | . | . | . | . | . | . | . | 14 | . | . | . | . | . | . |
| 107 | 1205 | Lenfers, Wolfgang | Sig. Iduna | 1962 | 37:32 | . | . | . | . | . | . | 17 | . | . | . | . | . | . | . |
| 108 | 1108 | Zdebel, Rene | Stern | 1974 | 37:42 | . | . | . | 10 | . | . | . | . | . | . | . | . | . | . |
| 109 | 1360 | Wangemann, Eicke | BP-Oil | 1940 | 37:44 | . | . | . | . | . | . | . | . | . | . | 9 | . | . | . |
| 110 | 1166 | Wienand, Udo | Siemens | 1948 | 37:58 | . | . | . | . | . | . | . | . | . | 8 | . | . | . | . |
| 111 | 960 | Baier, Tino | Polizei HH | 1975 | 37:59 | . | . | 12 | . | . | . | . | . | . | . | . | . | . | . |
| 112 | 553 | Händler, Gunnar | Hochbahn | 1967 | 38:15 | . | . | . | . | 23 | . | . | . | . | . | . | . | . | . |
| 113 | 82 | Klamp, Stephan D | AXA-Hbg | 1985 | 38:19 | . | . | 5 | . | . | . | . | . | . | . | . | . | . | . |
| 114 | 1000 | Hänjes, Hans-Martin | Raffay | 1964 | 38:24 | . | . | . | . | . | 18 | . | . | . | . | . | . | . | . |
| 115 | 616 | Geffert, Heiko | HEK | 1971 | 38:28 | . | . | . | 11 | . | . | . | . | . | . | . | . | . | . |
| 116 | 1334 | Pschorr, Rüdiger | Volksfürs. | 1949 | 38:34 | . | . | . | . | . | . | . | . | 9 | . | . | . | . | . |
| 117 | 366 | Probst, Helmut | E.ON Hanse | 1939 | 38:37 | . | . | . | . | . | . | . | . | . | . | 3 | . | . | . |
| 118 | 704 | Konitzer, Tim | HSH-NORDB. | 1991 | 38:39 | . | . | 6 | . | . | . | . | . | . | . | . | . | . | . |
| 119 | 1006 | Matthies, Hans-Joachim | Raffay | 1930 | 38:40 | . | . | . | . | . | . | . | . | . | . | . | 1 | . | . |
| 120 | 1450 | Shala, Nol | ERGOsports | 1971 | 38:46 | . | . | . | 12 | . | . | . | . | . | . | . | . | . | . |
| 121 | 1266 | Kathenbach, Martin | TÜV-Nord | 1979 | 38:51 | . | . | 13 | . | . | . | . | . | . | . | . | . | . | . |
| 122 | 1218 | Schlegel, Karl-Heinz | Sig. Iduna | 1946 | 39:12 | . | . | . | . | . | . | . | . | . | 10 | . | . | . | . |
| 123 | 1239 | Marben, Norbert | Tchibo | 1952 | 39:18 | . | . | . | . | . | . | . | 13 | . | . | . | . | . | . |
| 124 | 201 | Knigge, Hubert | BP-Oil | 1951 | 39:23 | . | . | . | . | . | . | . | 14 | . | . | . | . | . | . |
| 125 | 1079 | Köhlitz, Uwe | Stern | 1952 | 39:28 | . | . | . | . | . | . | . | 15 | . | . | . | . | . | . |
| 126 | 605 | Schmidt, Andre | Haspa | 1964 | 39:49 | . | . | . | . | . | 19 | . | . | . | . | . | . | . | . |
| 127 | 745 | Gebert, Claus | Innovas | 1975 | 39:59 | . | . | 14 | . | . | . | . | . | . | . | . | . | . | . |
| 128 | 747 | von Laar, Heinz-Josef | Innovas | 1968 | 39:59 | . | . | . | 24 | . | . | . | . | . | . | . | . | . | . |
| 129 | 682 | Ahrens, Helmuth | HSH-NORDB. | 1951 | 40:18 | . | . | . | . | . | . | . | 16 | . | . | . | . | . | . |
| 130 | 111 | Wirth, Bernhard | BA-Nord | 1938 | 40:24 | . | . | . | . | . | . | . | . | . | . | 4 | . | . | . |
| 131 | 883 | Hildebrecht, Theodor | OTTO | 1949 | 40:28 | . | . | . | . | . | . | . | 11 | . | . | . | . | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|---------------------|------------|------|-------|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 132 | 601 | Otte, Michael | Haspa | 1951 | 40:34 | . | . | . | . | . | . | . | 17 | . | . | . | . | . |
| 133 | 1207 | Manthei, Jan | Sig. Iduna | 1967 | 40:46 | . | . | . | . | 25 | . | . | . | . | . | . | . | . |
| 134 | 1357 | Seimer, Holger | Beiersdorf | 1944 | 41:05 | . | . | . | . | . | . | . | . | . | 10 | . | . | . |
| 135 | 1048 | Schmidt-D., Detlev | Rot-Gelb | 1945 | 41:15 | . | . | . | . | . | . | . | . | 12 | . | . | . | . |
| 136 | 1152 | Püttjer, Horst | Siemens | 1953 | 41:43 | . | . | . | . | . | . | . | 18 | . | . | . | . | . |
| 137 | 1432 | Pepperrell, Stephen | BACARDI | 1958 | 41:49 | . | . | . | . | . | . | 15 | . | . | . | . | . | . |
| 138 | 1089 | Müller, Jürgen | Stern | 1948 | 41:57 | . | . | . | . | . | . | . | . | 13 | . | . | . | . |
| 139 | 1226 | Dietrich, Günter | Allianz | 1932 | 42:05 | . | . | . | . | . | . | . | . | . | . | . | 2 | . |
| 140 | 1202 | Kamlage, Jens | Sig. Iduna | 1943 | 42:09 | . | . | . | . | . | . | . | . | . | 11 | . | . | . |
| 141 | 50 | Nigmann, Michael | Airbus | 1953 | 42:10 | . | . | . | . | . | . | . | 19 | . | . | . | . | . |
| 142 | 560 | Schwarz, Manfred | Hochbahn | 1953 | 42:26 | . | . | . | . | . | . | . | 20 | . | . | . | . | . |
| 143 | 583 | Fick, Horst | Haspa | 1942 | 42:55 | . | . | . | . | . | . | . | . | . | 12 | . | . | . |
| 144 | 1066 | Hass, Jochen | Stern | 1966 | 43:22 | . | . | . | . | 26 | . | . | . | . | . | . | . | . |
| 145 | 1050 | Toborg, Sven | Rot-Gelb | 1970 | 44:04 | . | . | . | 13 | . | . | . | . | . | . | . | . | . |
| 146 | 1615 | Heinsohn, Bernd | Berenberg | 1966 | 44:31 | . | . | . | . | 27 | . | . | . | . | . | . | . | . |
| 147 | 81 | Klamp, Gerd | AXA-Hbg | 1956 | 44:47 | . | . | . | . | . | . | 16 | . | . | . | . | . | . |
| 148 | 130 | Deubel, Rolf | Beiersdorf | 1949 | 45:10 | . | . | . | . | . | . | . | . | 14 | . | . | . | . |
| 149 | 472 | Neumann, Wilhelm | Feuerwehr | 1938 | 45:47 | . | . | . | . | . | . | . | . | . | . | 5 | . | . |
| 150 | 281 | Predel, Gerhard | BBK | 1944 | 46:14 | . | . | . | . | . | . | . | . | 13 | . | . | . | . |
| 151 | 284 | Engel, Manfred | CPAG | 1937 | 46:16 | . | . | . | . | . | . | . | . | . | . | 6 | . | . |

Ergebnisse der Herren auf der Langstrecke (10350 Meter)

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|---------------------------|------------|------|-------|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 653 | Papenfuß, Ulf | HSU HH | 1979 | 36:44 | . | . | 1 | . | . | . | . | . | . | . | . | . | . |
| 2 | 649 | Mehlberg, Marcus | HSU HH | 1981 | 36:48 | . | 1 | . | . | . | . | . | . | . | . | . | . | . |
| 3 | 634 | Wenck, Thomas | HEK | 1961 | 36:58 | . | . | . | . | . | 1 | . | . | . | . | . | . | . |
| 4 | 1464 | Gauger, Jens | Laufladen | 1965 | 37:12 | . | . | . | . | 1 | . | . | . | . | . | . | . | . |
| 5 | 1344 | Haas, Michael | Upsolut | 1977 | 38:00 | . | . | 2 | . | . | . | . | . | . | . | . | . | . |
| 6 | 1658 | Gehse, Frank | Siemens | 1967 | 38:06 | . | . | . | . | 2 | . | . | . | . | . | . | . | . |
| 7 | 865 | Rohlfing, Jörg | NDR | 1967 | 38:59 | . | . | . | . | 3 | . | . | . | . | . | . | . | . |
| 8 | 69 | Stübs, Andre | Airbus | 1975 | 39:06 | . | . | 3 | . | . | . | . | . | . | . | . | . | . |
| 9 | 798 | Bach, Rene | Lufthansa | 1981 | 39:15 | . | 2 | . | . | . | . | . | . | . | . | . | . | . |
| 10 | 1625 | Ebel, Thomas | NDR | 1965 | 40:14 | . | . | . | . | 4 | . | . | . | . | . | . | . | . |
| 11 | 254 | Jaekel, Carsten | DESY | 1970 | 40:21 | . | . | . | 1 | . | . | . | . | . | . | . | . | . |
| 12 | 216 | Martin, Dieter | A.Springer | 1961 | 40:26 | . | . | . | . | . | 2 | . | . | . | . | . | . | . |
| 13 | 778 | Behn, Nils | Laufwerk | 1965 | 40:28 | . | . | . | . | 5 | . | . | . | . | . | . | . | . |
| 14 | 32 | Hoffmeister, Marc | Airbus | 1972 | 41:08 | . | . | 2 | . | . | . | . | . | . | . | . | . | . |
| 15 | 639 | Christmann, Daniel | HSU HH | 1976 | 41:15 | . | . | 4 | . | . | . | . | . | . | . | . | . | . |
| 16 | 1278 | Klöver, Ingo | ESW&STN | 1965 | 41:27 | . | . | . | . | 6 | . | . | . | . | . | . | . | . |
| 17 | 1609 | Bajric, Mersudin | Germ.Lloyd | 1974 | 41:34 | . | . | . | 3 | . | . | . | . | . | . | . | . | . |
| 18 | 219 | Ruckelshausen, Olaf | A.Springer | 1968 | 41:39 | . | . | . | . | 7 | . | . | . | . | . | . | . | . |
| 19 | 893 | Spliethoff, Hans Georg | OTTO | 1966 | 41:46 | . | . | . | . | 8 | . | . | . | . | . | . | . | . |
| 20 | 1652 | Lubeseder, Andre | Laufladen | 1968 | 41:51 | . | . | . | . | 9 | . | . | . | . | . | . | . | . |
| 21 | 372 | Danger, Frank | EDEKA | 1964 | 41:54 | . | . | . | . | . | 3 | . | . | . | . | . | . | . |
| 22 | 782 | Hartwig, Wolfgang | Laufwerk | 1970 | 41:55 | . | . | . | 4 | . | . | . | . | . | . | . | . | . |
| 23 | 337 | Meyer-Sach, Jan-M. | DG-HYP | 1966 | 41:57 | . | . | . | . | 10 | . | . | . | . | . | . | . | . |
| 24 | 336 | Meyer-Reim, Utz | DG-HYP | 1961 | 41:57 | . | . | . | . | . | 4 | . | . | . | . | . | . | . |
| 25 | 1180 | Witthöft, Holger | Still | 1957 | 41:59 | . | . | . | . | . | . | 1 | . | . | . | . | . | . |
| 26 | 121 | Krastev, Ulli | BACARDI | 1969 | 42:05 | . | . | . | . | 11 | . | . | . | . | . | . | . | . |
| 27 | 354 | Scheffler, Marco | Dresdner-B | 1974 | 42:17 | . | . | . | 5 | . | . | . | . | . | . | . | . | . |
| 28 | 830 | Jaacks, Ulrich | Medeco | 1962 | 42:19 | . | . | . | . | . | 5 | . | . | . | . | . | . | . |
| 29 | 255 | Jaekel, Christoph | DESY | 1973 | 42:27 | . | . | . | 6 | . | . | . | . | . | . | . | . | . |
| 30 | 691 | Fennert, Michael | HSH-NORDB. | 1962 | 42:30 | . | . | . | . | . | 6 | . | . | . | . | . | . | . |
| 31 | 955 | Timm, Thomas | PHILIPS | 1958 | 42:34 | . | . | . | . | . | . | 2 | . | . | . | . | . | . |
| 32 | 1150 | Peschel Sielmann, Manfred | Siemens | 1960 | 42:38 | . | . | . | . | . | 7 | . | . | . | . | . | . | . |
| 33 | 1003 | Hornung, Jürgen | Raffay | 1954 | 42:38 | . | . | . | . | . | . | . | 1 | . | . | . | . | . |
| 34 | 978 | Schenk, Lutz | Polizei HH | 1978 | 42:52 | . | . | 5 | . | . | . | . | . | . | . | . | . | . |
| 35 | 873 | Becker, Jens-Gerrit | OTTO | 1962 | 42:54 | . | . | . | . | . | 8 | . | . | . | . | . | . | . |
| 36 | 1647 | Krempf, Bernd | DESY | 1971 | 42:56 | . | . | . | 7 | . | . | . | . | . | . | . | . | . |
| 37 | 289 | Ansen, Hans-Jürgen | DAK | 1950 | 42:59 | . | . | . | . | . | . | . | 2 | . | . | . | . | . |
| 38 | 826 | Urbatsch, Markus | Lufthansa | 1968 | 43:05 | . | . | . | . | 12 | . | . | . | . | . | . | . | . |
| 39 | 1162 | Tokarek, Thomas | Siemens | 1959 | 43:17 | . | . | . | . | . | . | 3 | . | . | . | . | . | . |
| 40 | 828 | Bruhnke, Eric | Medeco | 1983 | 43:18 | . | 3 | . | . | . | . | . | . | . | . | . | . | . |
| 41 | 712 | Sanders, Lars | HSH-NORDB. | 1970 | 43:20 | . | . | . | 8 | . | . | . | . | . | . | . | . | . |
| 42 | 573 | Kiehl, Thorsten | HH-Hochsch | 1984 | 43:21 | . | 4 | . | . | . | . | . | . | . | . | . | . | . |
| 43 | 1301 | Metzner, Bernd | VATTENFALL | 1965 | 43:24 | . | . | . | . | 13 | . | . | . | . | . | . | . | . |
| 44 | 668 | Lindner, Patric | Holsten | 1966 | 43:26 | . | . | . | . | 14 | . | . | . | . | . | . | . | . |
| 45 | 939 | Rittmeister, Lutz | PHILIPS | 1959 | 43:28 | . | . | . | . | . | 4 | . | . | . | . | . | . | . |
| 46 | 34 | Horn, Christian | Airbus | 1978 | 43:34 | . | . | 6 | . | . | . | . | . | . | . | . | . | . |
| 47 | 921 | Jeschke, Heinz | PHILIPS | 1955 | 43:51 | . | . | . | . | . | . | 5 | . | . | . | . | . | . |
| 48 | 56 | Reifschläger, Norbert | Airbus | 1954 | 44:01 | . | . | . | . | . | . | . | 3 | . | . | . | . | . |
| 49 | 783 | Henjes, Carsten | Laufladen | 1963 | 44:03 | . | . | . | . | . | 9 | . | . | . | . | . | . | . |
| 50 | 466 | Heemcke, Alexander | Feuerwehr | 1976 | 44:03 | . | . | 7 | . | . | . | . | . | . | . | . | . | . |
| 51 | 889 | Patzer, Ralf | OTTO | 1967 | 44:08 | . | . | . | . | 15 | . | . | . | . | . | . | . | . |
| 52 | 645 | Hundertmark, Michael | HSU HH | 1971 | 44:11 | . | . | . | 9 | . | . | . | . | . | . | . | . | . |
| 53 | 1128 | Brumm, Norbert | Siemens | 1959 | 44:13 | . | . | . | . | . | . | 6 | . | . | . | . | . | . |
| 54 | 758 | Brandt, Andreas | Gaden | 1958 | 44:22 | . | . | . | . | . | . | 7 | . | . | . | . | . | . |
| 55 | 772 | Schottenhaml, Andreas | Gaden | 1975 | 44:28 | . | . | 8 | . | . | . | . | . | . | . | . | . | . |
| 56 | 528 | Hamann, Rainer | Germ.Lloyd | 1962 | 44:38 | . | . | . | . | . | 10 | . | . | . | . | . | . | . |
| 57 | 602 | Peters, Detlef | Haspa | 1963 | 44:40 | . | . | . | . | . | 11 | . | . | . | . | . | . | . |
| 58 | 1686 | Riedel, Stephan | Laufwerk | 1978 | 44:44 | . | . | 9 | . | . | . | . | . | . | . | . | . | . |
| 59 | 312 | Keim, Olaf | Deut.Bank | 1964 | 44:48 | . | . | . | . | . | 12 | . | . | . | . | . | . | . |
| 60 | 1467 | Ostermann, Olaf | Laufladen | 1966 | 44:48 | . | . | . | . | 16 | . | . | . | . | . | . | . | . |
| 61 | 494 | Elze, Stefan | Fa.Blanke. | 1965 | 44:53 | . | . | . | . | 17 | . | . | . | . | . | . | . | . |
| 62 | 1668 | Hillebrecht, Frank | Sig. Iduna | 1970 | 44:57 | . | . | . | 10 | . | . | . | . | . | . | . | . | . |
| 63 | 956 | Weinrich, Konrad | PHILIPS | 1959 | 45:01 | . | . | . | . | . | . | 8 | . | . | . | . | . | . |
| 64 | 455 | Sauerberg, Achim | ESW&STN | 1980 | 45:06 | . | 5 | . | . | . | . | . | . | . | . | . | . | . |
| 65 | 223 | von Woedtke, Christoph | A.Springer | 1945 | 45:09 | . | . | . | . | . | . | . | . | 1 | . | . | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|------------------------|------------|------|-------|---------------------|---|----|----|----|----|----|----|----|----|----|----|----|
| 66 | 310 | Herrmann, Michael | Deut.Bank | 1961 | 45:15 | . | . | . | . | . | 13 | . | . | . | . | . | . | . |
| 67 | 1125 | Berka, Thomas | Siemens | 1962 | 45:18 | . | . | . | . | . | 14 | . | . | . | . | . | . | . |
| 68 | 763 | Heel, Thomas | Gaden | 1964 | 45:19 | . | . | . | . | . | 15 | . | . | . | . | . | . | . |
| 69 | 656 | Schmidthäusler, Daniel | HSU HH | 1976 | 45:20 | . | . | 10 | . | . | . | . | . | . | . | . | . | . |
| 70 | 705 | Laake, Christian | HSH-NORDB. | 1970 | 45:30 | . | . | . | 11 | . | . | . | . | . | . | . | . | . |
| 71 | 1275 | Wehowsky, Frank | TÜV-Nord | 1962 | 45:32 | . | . | . | . | . | 16 | . | . | . | . | . | . | . |
| 72 | 1069 | Jux, Michael | Stern | 1966 | 45:33 | . | . | . | . | 18 | . | . | . | . | . | . | . | . |
| 73 | 613 | Wilde, Klaus | Haspa | 1958 | 45:34 | . | . | . | . | . | . | 9 | . | . | . | . | . | . |
| 74 | 733 | Benz, Markus | IBM Klub | 1969 | 45:46 | . | . | . | . | 19 | . | . | . | . | . | . | . | . |
| 75 | 510 | Sturm, Volker | Fa.Blanke. | 1965 | 45:49 | . | . | . | . | 20 | . | . | . | . | . | . | . | . |
| 76 | 899 | Baß, Michael | PHILIPS | 1968 | 45:51 | . | . | . | . | 21 | . | . | . | . | . | . | . | . |
| 77 | 586 | Goth, Björn | Haspa | 1969 | 45:53 | . | . | . | . | 22 | . | . | . | . | . | . | . | . |
| 78 | 24 | Felger, Fritz | Airbus | 1959 | 45:57 | . | . | . | . | . | 10 | . | . | . | . | . | . | . |
| 79 | 878 | Broscheit, Jörn | OTTO | 1966 | 46:03 | . | . | . | . | 23 | . | . | . | . | . | . | . | . |
| 80 | 124 | Croissier, Rene | Baubehörde | 1950 | 46:05 | . | . | . | . | . | . | . | 4 | . | . | . | . | . |
| 81 | 406 | Kozieras, Norbert | ERGOsports | 1950 | 46:07 | . | . | . | . | . | . | . | 5 | . | . | . | . | . |
| 82 | 1087 | Milewski, Marek | Stern | 1967 | 46:09 | . | . | . | . | 24 | . | . | . | . | . | . | . | . |
| 83 | 374 | Friz, Stefan | EDEKA | 1966 | 46:11 | . | . | . | . | 25 | . | . | . | . | . | . | . | . |
| 84 | 1109 | Zeiser, Tobias | Stern | 1960 | 46:11 | . | . | . | . | . | 17 | . | . | . | . | . | . | . |
| 85 | 1338 | Wenrich, Alexander | Volksfürs. | 1966 | 46:13 | . | . | . | . | 26 | . | . | . | . | . | . | . | . |
| 86 | 75 | Wandschneider, Dirk | Airbus | 1963 | 46:17 | . | . | . | . | . | 18 | . | . | . | . | . | . | . |
| 87 | 409 | Löffler, Uwe | ERGOsports | 1941 | 46:24 | . | . | . | . | . | . | . | . | . | 1 | . | . | . |
| 88 | 1095 | Stangenberg, Andreas | Stern | 1960 | 46:24 | . | . | . | . | . | 19 | . | . | . | . | . | . | . |
| 89 | 1642 | Kulenkamp, Jens | Airbus | 1977 | 46:34 | . | . | 11 | . | . | . | . | . | . | . | . | . | . |
| 90 | 1158 | Sie Too, Petrus | Siemens | 1958 | 46:42 | . | . | . | . | . | . | 11 | . | . | . | . | . | . |
| 91 | 1462 | Freitag, Jens | Laufladen | 1963 | 46:46 | . | . | . | . | . | 20 | . | . | . | . | . | . | . |
| 92 | 812 | Meinicke, Knuth | Lufthansa | 1963 | 46:50 | . | . | . | . | . | 21 | . | . | . | . | . | . | . |
| 93 | 1140 | Kremers, Dieter | Siemens | 1956 | 46:53 | . | . | . | . | . | . | 12 | . | . | . | . | . | . |
| 94 | 1018 | Lorenz, Martin | Rapid | 1965 | 46:56 | . | . | . | . | 27 | . | . | . | . | . | . | . | . |
| 95 | 1469 | Siegmund, Karsten | Laufladen | 1978 | 46:57 | . | . | 12 | . | . | . | . | . | . | . | . | . | . |
| 96 | 774 | Schulz, Hans-Joachim | Gaden | 1946 | 46:59 | . | . | . | . | . | . | . | . | 2 | . | . | . | . |
| 97 | 222 | Unger, Olaf | A.Springer | 1967 | 47:01 | . | . | . | . | 28 | . | . | . | . | . | . | . | . |
| 98 | 345 | Küster, Siegfried | Dresdner-B | 1948 | 47:03 | . | . | . | . | . | . | . | . | 3 | . | . | . | . |
| 99 | 1160 | Sietz, Andreas | Siemens | 1968 | 47:09 | . | . | . | . | 29 | . | . | . | . | . | . | . | . |
| 100 | 1130 | Damm, Wolfgang | Siemens | 1946 | 47:12 | . | . | . | . | . | . | . | . | 4 | . | . | . | . |
| 101 | 307 | Ehrenberg, Frank | Deut.Bank | 1959 | 47:14 | . | . | . | . | . | . | 13 | . | . | . | . | . | . |
| 102 | 33 | Holst, Friedrich | Airbus | 1938 | 47:18 | . | . | . | . | . | . | . | . | . | 1 | . | . | . |
| 103 | 93 | Gehle, Friedhelm | BA-Eimsb. | 1956 | 47:20 | . | . | . | . | . | . | 14 | . | . | . | . | . | . |
| 104 | 1070 | Käsler, Thorsten | Stern | 1969 | 47:24 | . | . | . | . | 30 | . | . | . | . | . | . | . | . |
| 105 | 440 | Drahl, Bernd | ESW&STN | 1955 | 47:26 | . | . | . | . | . | . | 15 | . | . | . | . | . | . |
| 106 | 1359 | Zollenkopf, Michael | BVI | 1967 | 47:30 | . | . | . | . | 31 | . | . | . | . | . | . | . | . |
| 107 | 753 | Beckmann, Niels | Knossos.de | 1974 | 47:35 | . | . | . | 12 | . | . | . | . | . | . | . | . | . |
| 108 | 522 | Albrecht, Axel | Germ.Lloyd | 1966 | 47:38 | . | . | . | . | 32 | . | . | . | . | . | . | . | . |
| 109 | 1174 | Ollik, Sven | Still | 1972 | 47:40 | . | . | . | 13 | . | . | . | . | . | . | . | . | . |
| 110 | 842 | Chollet, Thomas | NDR | 1966 | 47:45 | . | . | . | . | 33 | . | . | . | . | . | . | . | . |
| 111 | 917 | Hensel, Jullian | PHILIPS | 1985 | 47:48 | . | 6 | . | . | . | . | . | . | . | . | . | . | . |
| 112 | 1459 | Siems, Holger | HW | 1965 | 47:51 | . | . | . | . | 34 | . | . | . | . | . | . | . | . |
| 113 | 1312 | Schumann, Thomas | VATTENFALL | 1958 | 48:00 | . | . | . | . | . | . | 16 | . | . | . | . | . | . |
| 114 | 612 | Wagner, Dr. Klaus Uwe | Haspa | 1964 | 48:03 | . | . | . | . | . | 22 | . | . | . | . | . | . | . |
| 115 | 1701 | Tietjen, Hans-Gerd | NDR | 1955 | 48:15 | . | . | . | . | . | 17 | . | . | . | . | . | . | . |
| 116 | 1634 | Treder, Jens | Zoll | 1984 | 48:19 | . | 7 | . | . | . | . | . | . | . | . | . | . | . |
| | 1706 | Pinnau, Jens | Raffay | 1964 | 48:28 | 1. Außer Konkurrenz | | | | | | | | | | | | |
| 117 | 885 | Kliem, Rüdiger | OTTO | 1961 | 48:32 | . | . | . | . | 23 | . | . | . | . | . | . | . | . |
| 118 | 348 | Niemann, Volker | Dresdner-B | 1959 | 48:32 | . | . | . | . | . | . | 18 | . | . | . | . | . | . |
| 119 | 961 | Bust, Rudolf | Polizei HH | 1962 | 48:38 | . | . | . | . | . | 24 | . | . | . | . | . | . | . |
| 120 | 629 | Plümer, Ralf | HEK | 1971 | 48:42 | . | . | . | 14 | . | . | . | . | . | . | . | . | . |
| 121 | 1443 | Lang, Dennis G. | CPAG | 1986 | 48:45 | . | 8 | . | . | . | . | . | . | . | . | . | . | . |
| 122 | 356 | Neumann, Uwe | D. Telekom | 1973 | 48:49 | . | . | . | 15 | . | . | . | . | . | . | . | . | . |
| 123 | 335 | Vollmers, Thomas | Deut.Ring | 1971 | 48:50 | . | . | . | 16 | . | . | . | . | . | . | . | . | . |
| 124 | 267 | Schulz, Torsten | DESY | 1962 | 48:53 | . | . | . | . | . | 25 | . | . | . | . | . | . | . |
| 125 | 405 | Kock, Reinhard | ERGOsports | 1952 | 48:58 | . | . | . | . | . | . | . | 6 | . | . | . | . | . |
| 126 | 677 | Unterspann, Klaus | Holsten | 1941 | 48:59 | . | . | . | . | . | . | . | . | 2 | . | . | . | . |
| 127 | 795 | Bödeker, Heinz | LINCAS-BT | 1947 | 49:01 | . | . | . | . | . | . | . | . | 5 | . | . | . | . |
| 128 | 743 | Winter, Jörg | IBM Klub | 1970 | 49:02 | . | . | . | 17 | . | . | . | . | . | . | . | . | . |
| 129 | 693 | Haberkost, Jens | HSH-NORDB. | 1964 | 49:04 | . | . | . | . | . | 26 | . | . | . | . | . | . | . |
| 130 | 484 | Stooß, Gerald | Feuerwehr | 1960 | 49:09 | . | . | . | . | . | 27 | . | . | . | . | . | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | |
|-------|------|----------------------------|------------|------|-------|---------------------|----|----|----|----|----|----|----|----|----|----|----|----|---|
| 131 | 98 | Kögler, Gebhard | BA-Eimsb. | 1941 | 49:14 | . | . | . | . | . | . | . | . | . | . | . | . | 3 | . |
| 132 | 389 | Banck, Sönke | ERGOsports | 1967 | 49:18 | . | . | . | . | 35 | . | . | . | . | . | . | . | . | . |
| 133 | 1284 | Bratsch, Jürgen | VATTENFALL | 1962 | 49:18 | . | . | . | . | . | 28 | . | . | . | . | . | . | . | . |
| 134 | 1173 | Erdmann, Holger | Still | 1965 | 49:19 | . | . | . | . | 36 | . | . | . | . | . | . | . | . | . |
| 135 | 724 | Zollbeck, Marco | HSH-NORDB. | 1966 | 49:23 | . | . | . | . | 37 | . | . | . | . | . | . | . | . | . |
| 136 | 1145 | Möller, Henry | Siemens | 1951 | 49:26 | . | . | . | . | . | . | . | . | 7 | . | . | . | . | . |
| 137 | 915 | Hahn, Ronald | PHILIPS | 1967 | 49:26 | . | . | . | . | 38 | . | . | . | . | . | . | . | . | . |
| 138 | 359 | Bulla, Bernhard | E.ON Hanse | 1960 | 49:28 | . | . | . | . | . | 29 | . | . | . | . | . | . | . | . |
| 139 | 1022 | Schaefer, Andreas | Rapid | 1962 | 49:31 | . | . | . | . | . | 30 | . | . | . | . | . | . | . | . |
| 140 | 550 | Streckwaldt, Kai | HHLA | 1966 | 49:37 | . | . | . | . | 39 | . | . | . | . | . | . | . | . | . |
| 141 | 184 | Machado de Lima, Agostinho | BG 36 | 1951 | 49:38 | . | . | . | . | . | . | . | 8 | . | . | . | . | . | . |
| 142 | 1702 | Schönefeld, Thies | Polizei HH | 1970 | 49:40 | . | . | . | 18 | . | . | . | . | . | . | . | . | . | . |
| 143 | 194 | Spardel, Holger | BVI | 1979 | 49:43 | . | . | 13 | . | . | . | . | . | . | . | . | . | . | . |
| 144 | 626 | Lemkau, Niels | HEK | 1965 | 49:47 | . | . | . | . | 40 | . | . | . | . | . | . | . | . | . |
| 145 | 1040 | Kerres, Bertram | Rot-Gelb | 1959 | 49:49 | . | . | . | . | . | . | 19 | . | . | . | . | . | . | . |
| 146 | 296 | Gruber, Markus | DAK | 1970 | 49:51 | . | . | . | 19 | . | . | . | . | . | . | . | . | . | . |
| 147 | 286 | Lang, Hans-Georg | CPAG | 1951 | 49:52 | . | . | . | . | . | . | . | 9 | . | . | . | . | . | . |
| 148 | 40 | König, Dietmar | Airbus | 1952 | 50:04 | . | . | . | . | . | . | . | 10 | . | . | . | . | . | . |
| 149 | 762 | Glowienka, Tobias | Gaden | 1979 | 50:08 | . | . | 14 | . | . | . | . | . | . | . | . | . | . | . |
| 150 | 1461 | Knaack, Tobias | HH-Hochsch | 1975 | 50:20 | . | . | 15 | . | . | . | . | . | . | . | . | . | . | . |
| 151 | 1388 | Wagener, Horst | Nestle | 1961 | 50:24 | . | . | . | . | . | 31 | . | . | . | . | . | . | . | . |
| 152 | 237 | Schröder, Martin | HapagLloyd | 1959 | 50:28 | . | . | . | . | . | . | 20 | . | . | . | . | . | . | . |
| 153 | 1448 | Rühter, Bernd | ERGOsports | 1959 | 50:32 | . | . | . | . | . | . | 21 | . | . | . | . | . | . | . |
| 154 | 685 | Burkhardt, Torsten | HSH-NORDB. | 1956 | 50:33 | . | . | . | . | . | . | 22 | . | . | . | . | . | . | . |
| 155 | 498 | Hinners, Udo | Fa.Blanke. | 1953 | 50:33 | . | . | . | . | . | . | . | 11 | . | . | . | . | . | . |
| 156 | 266 | Rudolph, Florian | DESY | 1980 | 50:34 | . | 9 | . | . | . | . | . | . | . | . | . | . | . | . |
| 157 | 295 | Götz, Peter | DAK | 1953 | 50:36 | . | . | . | . | . | . | . | 12 | . | . | . | . | . | . |
| 158 | 1426 | Bloens, Marcus | Volksfürs. | 1969 | 50:37 | . | . | . | . | . | 41 | . | . | . | . | . | . | . | . |
| | 891 | Reuer, Hans-Henning | OTTO | 1967 | 50:37 | 2. Außer Konkurrenz | | | | | | | | | | | | | |
| 159 | 1143 | von Mallinckrodt, Klaus | Siemens | 1946 | 50:43 | . | . | . | . | . | . | . | 6 | . | . | . | . | . | . |
| 160 | 1695 | Schmitz, Uli | ERGOsports | 1976 | 50:54 | . | . | 16 | . | . | . | . | . | . | . | . | . | . | . |
| 161 | 854 | Kohlmann, Carsten | NDR | 1965 | 50:55 | . | . | . | . | 42 | . | . | . | . | . | . | . | . | . |
| 162 | 1605 | Naumann, Hendrik | Polizei HH | 1981 | 50:55 | . | 10 | . | . | . | . | . | . | . | . | . | . | . | . |
| 163 | 524 | Albrecht, Henning | Germ.Lloyd | 1972 | 50:57 | . | . | . | 20 | . | . | . | . | . | . | . | . | . | . |
| 164 | 1148 | Naundorf, Jens | Siemens | 1964 | 50:59 | . | . | . | . | . | 32 | . | . | . | . | . | . | . | . |
| 165 | 1038 | Hoppe, Holger | Rot-Gelb | 1971 | 51:05 | . | . | . | 21 | . | . | . | . | . | . | . | . | . | . |
| 166 | 1118 | Semke, Jürgen | Zoll | 1953 | 51:11 | . | . | . | . | . | . | . | 13 | . | . | . | . | . | . |
| 167 | 413 | Melde, Christian | ERGOsports | 1969 | 51:21 | . | . | . | . | 43 | . | . | . | . | . | . | . | . | . |
| 168 | 315 | Rowedder, Frank | Deut.Bank | 1966 | 51:22 | . | . | . | . | 44 | . | . | . | . | . | . | . | . | . |
| 169 | 1207 | Manthei, Jan | Sig. Iduna | 1967 | 51:23 | . | . | . | . | 45 | . | . | . | . | . | . | . | . | . |
| 170 | 1144 | van Marwick, Andreas | Siemens | 1960 | 51:28 | . | . | . | . | . | 33 | . | . | . | . | . | . | . | . |
| 171 | 48 | Nalivkin, Alexander | Airbus | 1972 | 51:32 | . | . | . | 22 | . | . | . | . | . | . | . | . | . | . |
| 172 | 272 | Heinrich, Bernhard | BBK | 1957 | 51:35 | . | . | . | . | . | . | 23 | . | . | . | . | . | . | . |
| 173 | 1477 | Noll, Stefan | HSH-NORDB. | 1974 | 51:43 | . | . | . | 23 | . | . | . | . | . | . | . | . | . | . |
| 174 | 745 | Gebert, Claus | Innovas | 1975 | 51:59 | . | . | 17 | . | . | . | . | . | . | . | . | . | . | . |
| 175 | 827 | Willsch, Pascal | Lufthansa | 1978 | 52:03 | . | . | . | 18 | . | . | . | . | . | . | . | . | . | . |
| 176 | 412 | Meinke, Frank | ERGOsports | 1978 | 52:10 | . | . | . | 19 | . | . | . | . | . | . | . | . | . | . |
| 177 | 1696 | Steinbach, Martin | ERGOsports | 1970 | 52:14 | . | . | . | 24 | . | . | . | . | . | . | . | . | . | . |
| 178 | 45 | Meyer-Johne, Ludolf | Airbus | 1948 | 52:16 | . | . | . | . | . | . | . | 7 | . | . | . | . | . | . |
| 179 | 191 | Krauß, Alexander | BVI | 1976 | 52:22 | . | . | 20 | . | . | . | . | . | . | . | . | . | . | . |
| 180 | 364 | Mollenhauer, Eric | E.ON Hanse | 1965 | 52:22 | . | . | . | . | 46 | . | . | . | . | . | . | . | . | . |
| 181 | 1614 | Rohde, Jürgen | Airbus | 1959 | 52:25 | . | . | . | . | . | 24 | . | . | . | . | . | . | . | . |
| 182 | 1450 | Shala, Nol | ERGOsports | 1971 | 52:26 | . | . | . | 25 | . | . | . | . | . | . | . | . | . | . |
| 183 | 765 | Janßen, Uwe | Gaden | 1960 | 52:30 | . | . | . | . | . | 34 | . | . | . | . | . | . | . | . |
| 184 | 1066 | Hass, Jochen | Stern | 1966 | 52:30 | . | . | . | . | 47 | . | . | . | . | . | . | . | . | . |
| 185 | 388 | Thomsen, Dirk | EDEKA | 1963 | 52:33 | . | . | . | . | . | 35 | . | . | . | . | . | . | . | . |
| 186 | 77 | Wiepking, Heiko | Airbus | 1969 | 52:34 | . | . | . | . | 48 | . | . | . | . | . | . | . | . | . |
| 187 | 687 | Diezel, Günther | HSH-NORDB. | 1954 | 52:36 | . | . | . | . | . | . | 14 | . | . | . | . | . | . | . |
| 188 | 672 | Reschka, Edmund | Holsten | 1954 | 52:38 | . | . | . | . | . | . | 15 | . | . | . | . | . | . | . |
| 189 | 431 | Sypniewski, Mathias | ERGOsports | 1968 | 52:39 | . | . | . | . | 49 | . | . | . | . | . | . | . | . | . |
| 190 | 1179 | Vollmer, Stefan | Still | 1982 | 52:42 | . | 11 | . | . | . | . | . | . | . | . | . | . | . | . |
| 191 | 1402 | Pahl, Nickolai | Stern | 1973 | 52:51 | . | . | . | 26 | . | . | . | . | . | . | . | . | . | . |
| 192 | 195 | Steinhagen, Michael | BVI | 1958 | 52:55 | . | . | . | . | . | . | 25 | . | . | . | . | . | . | . |
| 193 | 92 | Freude, Holger | BA-Eimsb. | 1960 | 52:57 | . | . | . | . | 36 | . | . | . | . | . | . | . | . | . |
| 194 | 981 | Spijker, Andreas | Polizei HH | 1961 | 53:00 | . | . | . | . | . | 37 | . | . | . | . | . | . | . | . |
| 195 | 1266 | Kathenbach, Martin | TÜV-Nord | 1979 | 53:05 | . | . | 21 | . | . | . | . | . | . | . | . | . | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|------------------------|------------|------|-------|----|------------------|----|----|----|----|----|----|----|----|----|----|----|
| 196 | 940 | Rönnebeck, Jens | PHILIPS | 1960 | 53:06 | . | . | . | . | . | 38 | . | . | . | . | . | . | . |
| 197 | 761 | Fitschen, Nils | Gaden | 1981 | 53:08 | . | 12 | . | . | . | . | . | . | . | . | . | . | . |
| 198 | 1002 | Haubrich, Gerhard | Raffay | 1943 | 53:14 | . | . | . | . | . | . | . | . | . | 4 | . | . | . |
| 199 | 776 | Wittke, Mitja | Gaden | 1981 | 53:18 | . | 13 | . | . | . | . | . | . | . | . | . | . | . |
| 200 | 1700 | Knoop, Sascha | HSH-NORDB. | 1973 | 53:22 | . | . | . | 27 | . | . | . | . | . | . | . | . | . |
| 201 | 1704 | Korff, Ralf | VATTENFALL | 1957 | 53:24 | . | . | . | . | . | . | 26 | . | . | . | . | . | . |
| 202 | 177 | Schreiner, Andreas | Berenberg | 1963 | 53:27 | . | . | . | . | . | 39 | . | . | . | . | . | . | . |
| 203 | 282 | Stein, Thomas | BBK | 1956 | 53:35 | . | . | . | . | . | 27 | . | . | . | . | . | . | . |
| 204 | 1326 | Fischer, Christian | Volksfürs. | 1965 | 53:37 | . | . | . | 50 | . | . | . | . | . | . | . | . | . |
| 205 | 741 | Spies, Michael | IBM Klub | 1938 | 53:42 | . | . | . | . | . | . | . | . | . | . | 2 | . | . |
| 206 | 1120 | Treder, Peter | Zoll | 1955 | 53:43 | . | . | . | . | . | 28 | . | . | . | . | . | . | . |
| 207 | 1000 | Hänjes, Hans-Martin | Raffay | 1964 | 53:43 | . | . | . | 40 | . | . | . | . | . | . | . | . | . |
| 208 | 1186 | Kiontke, Werner | Kravag | 1949 | 53:49 | . | . | . | . | . | . | . | . | 8 | . | . | . | . |
| 209 | 108 | Meier-Rößler, Jochen | BA-Nord | 1944 | 53:51 | . | . | . | . | . | . | . | . | . | 5 | . | . | . |
| 210 | 751 | Krieger, Andreas | Jungheinr. | 1962 | 53:54 | . | . | . | 41 | . | . | . | . | . | . | . | . | . |
| 211 | 808 | Kahlbohm, Olav | Lufthansa | 1968 | 54:06 | . | . | . | 51 | . | . | . | . | . | . | . | . | . |
| 212 | 443 | Gläser, Heinz | ESW&STN | 1945 | 54:08 | . | . | . | . | . | . | . | . | 9 | . | . | . | . |
| 213 | 1153 | Raasch, Karsten | Siemens | 1962 | 54:24 | . | . | . | 42 | . | . | . | . | . | . | . | . | . |
| 214 | 1060 | da Silva, Fernando | Stern | 1960 | 54:28 | . | . | . | 43 | . | . | . | . | . | . | . | . | . |
| 215 | 100 | Scheibner, Andreas | BA-Eimsb. | 1956 | 54:29 | . | . | . | 29 | . | . | . | . | . | . | . | . | . |
| 216 | 400 | Green, Sven | ERGOsports | 1964 | 54:36 | . | . | . | 44 | . | . | . | . | . | . | . | . | . |
| 217 | 1072 | Kamrad, Hubert | Stern | 1955 | 54:42 | . | . | . | 30 | . | . | . | . | . | . | . | . | . |
| 218 | 105 | Blaszowski, Hans-G. | BA-Nord | 1955 | 54:51 | . | . | . | 31 | . | . | . | . | . | . | . | . | . |
| 219 | 694 | Hagemann, Uwe | HSH-NORDB. | 1950 | 55:06 | . | . | . | . | . | 16 | . | . | . | . | . | . | . |
| 220 | 1280 | Kutschka, Gregor | D. Telekom | 1970 | 55:08 | . | . | 28 | . | . | . | . | . | . | . | . | . | . |
| 221 | 747 | von Laar, Heinz-Josef | Innovas | 1968 | 55:08 | . | . | . | 52 | . | . | . | . | . | . | . | . | . |
| 222 | 168 | Lügering, Dieter | Berenberg | 1957 | 55:11 | . | . | . | . | . | 32 | . | . | . | . | . | . | . |
| 223 | 362 | Hinz, Manfred | E.ON Hanse | 1959 | 55:13 | . | . | . | . | . | 33 | . | . | . | . | . | . | . |
| 224 | 541 | Kollenkarn, Thies-Uwe | HW | 1955 | 55:14 | . | . | . | . | . | 34 | . | . | . | . | . | . | . |
| 225 | 682 | Ahrens, Helmuth | HSH-NORDB. | 1951 | 55:16 | . | . | . | . | . | 17 | . | . | . | . | . | . | . |
| 226 | 1553 | Rechter, Stefan | HPA | 1961 | 55:25 | . | . | . | 45 | . | . | . | . | . | . | . | . | . |
| 227 | 1562 | Lüders-Bahlmann, Peter | Laufaden | 1963 | 55:31 | . | . | . | 46 | . | . | . | . | . | . | . | . | . |
| 228 | 1597 | Späth, Eberhard | VATTENFALL | 1946 | 55:37 | . | . | . | . | . | . | . | . | 10 | . | . | . | . |
| 229 | 814 | Parpart, Christian | Lufthansa | 1961 | 55:39 | . | . | . | 47 | . | . | . | . | . | . | . | . | . |
| 230 | 509 | Sommer, Heinz | Fa.Blanke. | 1939 | 55:43 | . | . | . | . | . | . | . | . | . | . | 3 | . | . |
| 231 | 1030 | Bruhns, Michael | Rot-Gelb | 1951 | 56:00 | . | . | . | . | . | 18 | . | . | . | . | . | . | . |
| 232 | 358 | Backhaus, Carsten | E.ON Hanse | 1950 | 56:06 | . | . | . | . | . | 19 | . | . | . | . | . | . | . |
| 233 | 844 | Gedanke, Frank-York | NDR | 1960 | 56:14 | . | . | . | 48 | . | . | . | . | . | . | . | . | . |
| 234 | 1310 | Schulze, Frank | VATTENFALL | 1959 | 56:15 | . | . | . | . | . | 35 | . | . | . | . | . | . | . |
| 235 | 4 | Bäse, Wolfgang | Airbus | 1954 | 56:20 | . | . | . | . | . | 20 | . | . | . | . | . | . | . |
| 236 | 990 | Meyer, Peter | Postbank-H | 1947 | 56:21 | . | . | . | . | . | . | . | . | 11 | . | . | . | . |
| 237 | 1545 | Alpers, Werner | ERGOsports | 1950 | 56:27 | . | . | . | . | . | 21 | . | . | . | . | . | . | . |
| 238 | 1519 | Wagner, Ralf | HSU HH | 1979 | 56:29 | . | 22 | . | . | . | . | . | . | . | . | . | . | . |
| 239 | 1309 | Schulz, Ronald | VATTENFALL | 1959 | 56:35 | . | . | . | . | . | 36 | . | . | . | . | . | . | . |
| 240 | 1149 | Oldag, Thomas | Siemens | 1957 | 56:40 | . | . | . | . | . | 37 | . | . | . | . | . | . | . |
| 241 | 298 | Heitmann, Jörg | DAK | 1959 | 56:53 | . | . | . | . | . | 38 | . | . | . | . | . | . | . |
| 242 | 64 | Schwartau, Frank | Airbus | 1958 | 56:55 | . | . | . | . | . | 39 | . | . | . | . | . | . | . |
| 243 | 321 | Ahrens, Claus-Werner | Deut.Ring | 1944 | 56:58 | . | . | . | . | . | . | . | . | 6 | . | . | . | . |
| 244 | 994 | Adolf, Hans-Willy | Raffay | 1936 | 57:04 | . | . | . | . | . | . | . | . | . | 4 | . | . | . |
| 245 | 1349 | Oestmann, Jan | Airbus | 1976 | 57:12 | . | 23 | . | . | . | . | . | . | . | . | . | . | . |
| 246 | 442 | Frey, Matthias | ESW&STN | 1951 | 57:16 | . | . | . | . | . | 22 | . | . | . | . | . | . | . |
| 247 | 1197 | Hanke, Dieter | Sig. Iduna | 1958 | 57:23 | . | . | . | . | . | 40 | . | . | . | . | . | . | . |
| 248 | 1548 | Sonnleitner, Robert | Feuerwehr | 1940 | 57:33 | . | . | . | . | . | . | . | . | 7 | . | . | . | . |
| 249 | 907 | Gaebert, Hans-Joachim | PHILIPS | 1947 | 57:35 | . | . | . | . | . | . | . | . | 12 | . | . | . | . |
| 250 | 817 | Runke, Uwe | Lufthansa | 1959 | 57:39 | . | . | . | . | . | 41 | . | . | . | . | . | . | . |
| 251 | 229 | Klindtberg, Benno | HapagLloyd | 1949 | 57:40 | . | . | . | . | . | . | . | . | 13 | . | . | . | . |
| 252 | 592 | Kluth, Peter | Haspa | 1944 | 57:49 | . | . | . | . | . | . | . | . | 8 | . | . | . | . |
| 253 | 1050 | Toborg, Sven | Rot-Gelb | 1970 | 58:06 | . | . | 29 | . | . | . | . | . | . | . | . | . | . |
| 254 | 491 | Böthern, Rolf | Fa.Blanke. | 1943 | 58:08 | . | . | . | . | . | . | . | . | . | 9 | . | . | . |
| | 1705 | Bohnsack, Jan | Laufwerk | 1964 | 58:12 | 3. | Außer Konkurrenz | . | . | . | . | . | . | . | . | . | . | . |
| 255 | 1432 | Pepperrell, Stephen | BACARDI | 1958 | 58:23 | . | . | . | . | . | 42 | . | . | . | . | . | . | . |
| 256 | 1319 | Ahrens, Reiner | Volksfürs. | 1960 | 58:27 | . | . | . | . | . | 49 | . | . | . | . | . | . | . |
| 257 | 1255 | Leichtweiß, Heino | TK | 1944 | 58:30 | . | . | . | . | . | . | . | . | 10 | . | . | . | . |
| 258 | 1637 | Liedtke, Matthias | TK | 1973 | 58:31 | . | . | 30 | . | . | . | . | . | . | . | . | . | . |
| 259 | 695 | Heins, Knut | HSH-NORDB. | 1957 | 58:35 | . | . | . | . | . | 43 | . | . | . | . | . | . | . |
| 260 | 349 | Radlof, Walter | Dresdner-B | 1935 | 58:37 | . | . | . | . | . | . | . | . | . | . | 5 | . | . |

| Platz | StNr | Name | BSG | GJ | Zeit | MJ | M | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 |
|-------|------|---------------------|------------|------|---------|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 261 | 927 | Lohmann, Heiner | PHILIPS | 1950 | 58:38 | . | . | . | . | . | . | . | 23 | . | . | . | . | . |
| 262 | 1496 | Allonge, Andreas | Rot-Gelb | 1968 | 58:39 | . | . | . | . | 53 | . | . | . | . | . | . | . | . |
| 263 | 1707 | Fryder, Markus | Airbus | 1967 | 58:40 | . | . | . | . | 54 | . | . | . | . | . | . | . | . |
| 264 | 837 | Beckmann, Jörg | NDR | 1934 | 58:41 | . | . | . | . | . | . | . | . | . | . | . | 1 | . |
| 265 | 1386 | Kolbe, Jens | Lufthansa | 1960 | 58:48 | . | . | . | . | . | 50 | . | . | . | . | . | . | . |
| 266 | 265 | Rakutt, Manfred | DESY | 1947 | 58:52 | . | . | . | . | . | . | . | . | 14 | . | . | . | . |
| 267 | 249 | Behrens, Michael | DESY | 1947 | 58:56 | . | . | . | . | . | . | . | . | 15 | . | . | . | . |
| 268 | 992 | Vogt, Karl-Heinz | Postbank-H | 1946 | 59:02 | . | . | . | . | . | . | . | . | 16 | . | . | . | . |
| 269 | 1630 | Mertens, Ralf | Saga | 1957 | 59:20 | . | . | . | . | . | . | 44 | . | . | . | . | . | . |
| 270 | 207 | Schrader, Rudi | BP-Oil | 1949 | 59:29 | . | . | . | . | . | . | . | . | 17 | . | . | . | . |
| 271 | 1688 | Jerol, Peter | Stern | 1958 | 59:40 | . | . | . | . | . | . | 45 | . | . | . | . | . | . |
| 272 | 1522 | Matthießen, Thomas | Still | 1960 | 59:46 | . | . | . | . | 51 | . | . | . | . | . | . | . | . |
| 273 | 608 | Sube, Wolfgang | Haspa | 1952 | 59:54 | . | . | . | . | . | . | . | 24 | . | . | . | . | . |
| 274 | 37 | Janik, Hans-Joachim | Airbus | 1952 | 59:56 | . | . | . | . | . | . | . | 25 | . | . | . | . | . |
| 275 | 206 | Schneider, Peter | BP-Oil | 1951 | 1:00:10 | . | . | . | . | . | . | . | 26 | . | . | . | . | . |
| 276 | 363 | Kolb, Carsten | E.ON Hanse | 1965 | 1:00:32 | . | . | . | . | 55 | . | . | . | . | . | . | . | . |
| 277 | 1267 | Kohl, Andreas | TÜV-Nord | 1961 | 1:00:34 | . | . | . | . | 52 | . | . | . | . | . | . | . | . |
| 278 | 825 | Uhl, Manfred | Lufthansa | 1939 | 1:00:49 | . | . | . | . | . | . | . | . | . | . | . | 6 | . |
| 279 | 1596 | Robers, Josef | TÜV-Nord | 1943 | 1:00:54 | . | . | . | . | . | . | . | . | 11 | . | . | . | . |
| 280 | 444 | Glienke, Hartmut | ESW&STN | 1948 | 1:01:00 | . | . | . | . | . | . | . | 18 | . | . | . | . | . |
| 281 | 95 | Hormann, Klaus | BA-Eimsb. | 1952 | 1:01:13 | . | . | . | . | . | . | . | 27 | . | . | . | . | . |
| 282 | 579 | Becker, Wolfgang | Haspa | 1951 | 1:01:21 | . | . | . | . | . | . | . | 28 | . | . | . | . | . |
| 283 | 734 | Dreyer, Klaus | IBM Klub | 1937 | 1:02:03 | . | . | . | . | . | . | . | . | . | . | . | 7 | . |
| 284 | 1348 | Niemann, Uwe | Airbus | 1953 | 1:02:07 | . | . | . | . | . | . | . | 29 | . | . | . | . | . |
| 285 | 1291 | Hecht, Ingo | VATTENFALL | 1969 | 1:02:08 | . | . | . | 56 | . | . | . | . | . | . | . | . | . |
| 286 | 1202 | Kamlage, Jens | Sig. Iduna | 1943 | 1:02:42 | . | . | . | . | . | . | . | . | 12 | . | . | . | . |
| 287 | 361 | Freund, Udo | E.ON Hanse | 1938 | 1:02:55 | . | . | . | . | . | . | . | . | . | . | . | 8 | . |
| 288 | 187 | Antkowiak, Rene | BVI | 1967 | 1:02:57 | . | . | . | 57 | . | . | . | . | . | . | . | . | . |
| 289 | 324 | Feick, Joachim | Deut.Ring | 1961 | 1:03:19 | . | . | . | . | 53 | . | . | . | . | . | . | . | . |
| 290 | 1098 | Todzy, Jens | Stern | 1959 | 1:03:43 | . | . | . | . | . | . | 46 | . | . | . | . | . | . |
| 291 | 1178 | Tubenthal, Jörg | Still | 1962 | 1:04:10 | . | . | . | . | 54 | . | . | . | . | . | . | . | . |
| 292 | 662 | Kumst, Anja | HOFI HH | 1969 | 1:04:38 | . | . | . | 58 | . | . | . | . | . | . | . | . | . |
| 293 | 989 | Jendrysik, Dieter | Postbank-H | 1965 | 1:05:06 | . | . | . | 59 | . | . | . | . | . | . | . | . | . |
| 294 | 264 | Radzinski, Gerd | DESY | 1951 | 1:06:40 | . | . | . | . | . | . | . | 30 | . | . | . | . | . |
| 295 | 688 | Drywa, Thomas | HSH-NORDB. | 1955 | 1:07:54 | . | . | . | . | . | . | 47 | . | . | . | . | . | . |
| 296 | 627 | Lühmann, Frank | HEK | 1953 | 1:08:24 | . | . | . | . | . | . | . | 31 | . | . | . | . | . |
| 297 | 1235 | Walter, Herbert | Allianz | 1940 | 1:12:47 | . | . | . | . | . | . | . | . | 13 | . | . | . | . |

Ergebnisse der Damenmannschaften auf der Kurzstrecke (3400 Meter)

| | | | | |
|----|------------|---|--|-----|
| 1 | ERGOsports | 1 | Suckstorff, Anja; Ewers, Dorit; Lupke, Anne | 28 |
| 2 | PHILIPS | 1 | Yücel, Sema; Mansfeld-Stiegert, Ulrike; Krause, Svenja | 28 |
| 3 | Stern | 1 | Klindworth, Alica; Weber, Jamie; Klindworth, Gunda | 70 |
| 4 | Lufthansa | 1 | Glöde, Jutta; Rehders, Inge; Meinicke, Heike | 70 |
| 5 | Rot-Gelb | 1 | Becker, Barbara; Röper, Christiana; Oestreich, Daniela | 70 |
| 6 | ERGOsports | 2 | Schmidt, Hilke; Stahlbock, Astrid; Sievers, Susanne | 78 |
| 7 | NDR | 1 | Kersten, Ines; Grotherr, Marion; Gedanke, Heike | 99 |
| 8 | DESY | 1 | Eis, Mareike; Jaekel, Hannelore; Loppenthien, Stella | 112 |
| 9 | PHILIPS | 2 | Nieswandt, Tanja; Jeschke, Annegret; Steinbrunn, Katja | 141 |
| 10 | Sig. Iduna | 1 | Kamlage, Frauke; Teke, Susanne; Dally, Renate | 147 |

Ergebnisse der Damenmannschaften auf der Mittelstrecke (6960 Meter)

| | | | | |
|---|------------|---|--|----|
| 1 | Tchibo | 1 | Ehlers, Annette; Spielvogel, Jutta; Tesch, Katharina | 48 |
| 2 | ERGOsports | 1 | Suckstorff, Anja; Lupke, Anne; Clausen, Sylvia | 48 |
| 3 | Airbus | 1 | König, Irmtraut; Genzel, Katrin; Struck, Ulrike | 76 |
| 4 | Sig. Iduna | 1 | Rieckhoff, Daniela; Hanke, Sabrina; Kamlage, Frauke | 79 |
| 5 | Hochbahn | 1 | Kaussler, Claudia; Händler, Angela; Westphal, Brigitte | 92 |

Ergebnisse der Damenmannschaften auf der Langstrecke (10350 Meter)

| | | | | |
|----|------------|---|--|-----|
| 1 | Laufwerk | 1 | Trukenmüller, Rebekka; Freiburg, Nadja; Krispin, Marion | 9 |
| 2 | Lufthansa | 1 | Glöde, Jutta; Schönfeldt, Dagmar; Berels, Marika | 62 |
| 3 | ESW&STN | 1 | Josenhans, Katharina; Westerfeld, Sabine; van der Pluijm, Michaela | 64 |
| 4 | Stern | 1 | Neudörffer, Cordula; Warnecke-Jerol, Margret; da Silva, Georgeta | 75 |
| 5 | Laufladen | 1 | Krumbholz, Gertje; Steffen, Ann-Kristin; Stroetmann, Miriam | 87 |
| 6 | ERGOsports | 1 | Suckstorff, Anja; Lupke, Anne; Sievers, Susanne | 88 |
| 7 | Siemens | 1 | Griem, Bärbel; Langfeld, Sofie; Goebel, Petra | 92 |
| 8 | HSU HH | 1 | Arndt, Yvonne; Annighöfer, Dörthe; Meißner, Ulrike | 102 |
| 9 | Laufwerk | 2 | Slomski, Birgit; Last, Bettina; Stork, Martina | 108 |
| 10 | Siemens | 2 | Hahn, Marion; Möller, Tanja; Donn, Simone | 164 |
| 11 | ESW&STN | 2 | Piepenburg, Anne Kathrin; Krüger, Karin; Frey, Birgit | 165 |
| 12 | Volksfürs. | 1 | Ahrens, Sabine; Wenrich, Anja; Breitenstein, Kerstin | 178 |

Ergebnisse der Herrenmannschaften auf der Kurzstrecke (3400 Meter)

| | | | | |
|----|------------|---|--|-----|
| 1 | NDR | 1 | Beckmann, Thorsten; Schröder, Birger; Kohlmann, Carsten | 15 |
| 2 | PHILIPS | 1 | Bozyakali, Can; Timm, Thomas; Hahn, Ronald | 29 |
| 3 | VATTENFALL | 1 | Hose, Hubert; Krohn, Jens; Gessert, Felix | 32 |
| 4 | Feuerwehr | 1 | Popovic, Dragan; Heemcke, Alexander; Zylau, Kai | 35 |
| 5 | Stern | 1 | Lohmann, Rolf-Michael; Vanselow, Niklas; Neudörffer, Henry | 70 |
| 6 | ERGOsports | 1 | Rühter, Pascal; Krause, Reinhard; Spijker, Rüdiger | 86 |
| 7 | Zoll | 1 | Boerner, Andreas; Pape, Thomas; Semke, Jürgen | 90 |
| 8 | PHILIPS | 2 | Rittmeister, Lutz; Glöse, Ulf; Meier, Manfred | 98 |
| 9 | ESW&STN | 1 | Westerfeld, Philipp; Kühl, Bernd; Wien, Wolfgang | 106 |
| 10 | Stern | 2 | Neudörffer, Robin; Vanselow, Oliver; Stangenberg, Daniel | 120 |
| 11 | ERGOsports | 2 | Kozieras, Norbert; Marquardt, Volker; Banck, Sönke | 121 |
| 12 | NDR | 2 | Schröder, Julius Maximilian; Kellermann, Patrick; Konrad, Fabian | 143 |
| 13 | Gaden | 1 | Janßen, Hendrik; Brandt, Andreas; Glowienka, Tobias | 154 |
| 14 | VATTENFALL | 2 | Klinke, Michael; Gessert, Frank; Wolter, Friedrich | 170 |
| 15 | Stern | 3 | Stangenberg, Marco; Hass, Jochen; Heisinger, Hartmut | 172 |
| 16 | Stern | 4 | Zeiser, Tobias; Stangenberg, Andreas; Milewski, Marek | 184 |
| 17 | HSH-NORDB. | 1 | Zollbeck, Marco; Diezel, Günther; Schmidt, Reinhard | 185 |
| 18 | ERGOsports | 3 | Schmitz, Uli; Meinke, Frank; Winter, Rainer | 193 |
| 19 | PHILIPS | 3 | Niemann, Reiner; Sommer, Christian; Rönnebeck, Jens | 222 |
| 20 | Stern | 5 | Zebel, Rene; Eggert, Andreas; Vieregge, Jens | 223 |
| 21 | Airbus | 1 | Holst, Friedrich; Nigmann, Michael; Schreiber, Siegfried | 229 |
| 22 | TÜV-Nord | 1 | Schumacher, Peter; Kathenbach, Martin; Schnoor, Michael | 238 |
| 23 | Lufthansa | 1 | Kern, Helmut; Hintz, Martin; Stahl, Peter | 242 |
| 24 | DESY | 1 | Eis, Walter; Behrens, Michael; Jaekel, Claus | 243 |
| 25 | HSH-NORDB. | 2 | Burkhardt, Torsten; Hagemann, Uwe; Ahrens, Helmuth | 246 |
| 26 | Raffay | 1 | Hänjes, Hans-Martin; Braun, Friedrich; Matthies, Hans-Joachim | 272 |
| 27 | ERGOsports | 4 | Braun, Manfred; Oellrich, Günter; Fahnhold, Herbert | 283 |
| 28 | VATTENFALL | 3 | Lutosch, Dietmar; Hummel, Alexander; Hummel, Thomas | 284 |
| 29 | NDR | 3 | Konrad, Thomas; Beckmann, Jörg; Kardels, Axel | 297 |
| 30 | Haspa | 1 | Steck, Siegfried; Schneider, Rolf; Wenthe, Adolf | 307 |
| 31 | Stern | 6 | Kamrad, Hubert; Müller, Jürgen; Scheibe, Paul | 308 |
| 32 | Sig. Iduna | 1 | Manthei, Jan; Rahn, Peter; Kamlage, Jens | 315 |
| 33 | Fa.Blanke. | 1 | Papendorf, Knut; Matthiessen, Uwe; Bartels, Fritz | 338 |

Ergebnisse der Herrenmannschaften auf der Mittelstrecke (6960 Meter)

| | | | | |
|----|------------|---|---|-----|
| 1 | Polizei HH | 1 | Dankers, Heinz; Abler, Frederik; Laude, Niels | 12 |
| 2 | PHILIPS | 1 | Cuny, Emmanuel; Haacker, Kai; Bozyakali, Can | 25 |
| 3 | Tchibo | 1 | Müller, Reinhard; Seliger, Niels-Michael; Gliewe, Volker | 68 |
| 4 | AXA-Hbg | 1 | Zühlke, Jürgen; Hendricks, Torben; Schweder, Klaus | 79 |
| 5 | Airbus | 1 | Trümper, Michael; Bartels, Ronald; Holst, Friedrich | 99 |
| 6 | Zoll | 1 | Boerner, Andreas; Balzer, Klaus; Pape, Thomas | 110 |
| 7 | EDEKA | 1 | Peuckert, Christian; Rohlf, Dirk; Schulze, Stephan | 116 |
| 8 | Sig. Iduna | 1 | Sürsal, Attila; Hänsel, Steffen; Frahm, Patrick | 120 |
| 9 | PHILIPS | 2 | Timm, Thomas; Rittmeister, Lutz; Hahn, Ronald | 128 |
| 10 | Beiersdorf | 1 | Janßen, Harald; Lüders, Christopher; Röming, Wilfried | 129 |
| 11 | Siemens | 1 | Blan, Andreas; Hahn, Sebastian; Hahn, Uwe | 129 |
| 12 | Hochbahn | 1 | Ziethen, Karl-Heinz; Westphal, Wolfgang; Burghard, Werner | 132 |
| 13 | Stern | 1 | Miedeck, Georg; Danker, Hans-Jürgen; Guder, Jens | 149 |
| 14 | NDR | 1 | Beckmann, Thorsten; Kohlmann, Carsten; von Hetling, Claus | 152 |
| 15 | Polizei HH | 2 | Faix, Stefan; Priebe, Markus; Baier, Tino | 155 |
| 16 | Fa.Blanke. | 1 | Theile, Hartwich; Schramm, Torsten; Schramm, Hans-Peter | 180 |
| 17 | ERGOsports | 1 | Spijker, Rüdiger; Banck, Sönke; Hübener, Matthias | 185 |
| 18 | HSH-NORDB. | 1 | Zollbeck, Marco; Konitzer, Martin; Schmidt, Reinhard | 236 |
| 19 | Rot-Gelb | 1 | Norte da Silva, Adao; Hoppe, Holger; Schmidt-D., Detlev | 240 |
| 20 | BA-Nord | 1 | Bahr, Gebhard; zum Brook, Reinhold; Wirth, Bernhard | 245 |
| 21 | AXA-Hbg | 2 | Soetebeer, Michael; Staub, Matthias; Klamp, Stephan D | 247 |
| 22 | TÜV-Nord | 1 | Halweg, Wolfgang; Schumacher, Peter; Kathenbach, Martin | 265 |
| 23 | Stern | 2 | Heisinger, Hartmut; Müller, Hans-Werner; Zebel, Rene | 275 |
| 24 | Airbus | 2 | Michels, Rolf; Möller, Thomas; Nigmann, Michael | 280 |
| 25 | ERGOsports | 2 | Schmitz, Uli; Meinke, Frank; Shala, Nol | 292 |
| 26 | Siemens | 2 | Diedrich, Ralph; Dierking, Peter; Petersen, Christian | 297 |
| 27 | Sig. Iduna | 2 | Schmidt, Volker; Lenfers, Wolfgang; Schlegel, Karl-Heinz | 307 |
| 28 | Beiersdorf | 2 | Lüders, Gerhard; Petersson, Jörg; Seimer, Holger | 325 |
| 29 | Haspa | 1 | Knoefel, Gerhard; Schmidt, Andre; Otte, Michael | 352 |
| 30 | Stern | 3 | Köhlitz, Uwe; Müller, Jürgen; Hass, Jochen | 407 |

Ergebnisse der Herrenmannschaften auf der Langstrecke (10350 Meter)

| | | | | |
|----|------------|---|---|-----|
| 1 | HSU HH | 1 | Papenfuß, Ulf; Mehlberg, Marcus; Christmann, Daniel | 18 |
| 2 | Airbus | 1 | Stübs, Andre; Hoffmeister, Marc; Horn, Christian | 68 |
| 3 | Laufladen | 1 | Gauger, Jens; Lubeseder, Andre; Henjes, Carsten | 73 |
| 4 | DESY | 1 | Jaekel, Carsten; Jaekel, Christoph; Krempl, Bernd | 76 |
| 5 | Siemens | 1 | Gehse, Frank; Peschel Sielmann, Manfred; Tokarek, Thomas | 77 |
| 6 | Laufwerk | 1 | Behn, Nils; Hartwig, Wolfgang; Riedel, Stephan | 93 |
| 7 | A.Springer | 1 | Martin, Dieter; Ruckelshausen, Olaf; von Woedtke, Christoph | 95 |
| 8 | OTTO | 1 | Spliethoff, Hans Georg; Becker, Jens-Gerrit; Patzer, Ralf | 105 |
| 9 | PHILIPS | 1 | Timm, Thomas; Rittmeister, Lutz; Jeschke, Heinz | 123 |
| 10 | NDR | 1 | Rohlfing, Jörg; Ebel, Thomas; Chollet, Thomas | 127 |
| 11 | Lufthansa | 1 | Bach, Rene; Urbatsch, Markus; Meinicke, Knuth | 139 |
| 12 | HSH-NORDB. | 1 | Fennert, Michael; Sanders, Lars; Laake, Christian | 141 |
| 13 | Gaden | 1 | Brandt, Andreas; Schottenhaml, Andreas; Heel, Thomas | 177 |
| 14 | Germ.Lloyd | 1 | Bajric, Mersudin; Hamann, Rainer; Albrecht, Axel | 181 |
| 15 | ESW&STN | 1 | Klöver, Ingo; Sauerberg, Achim; Drahl, Bernd | 185 |
| 16 | Haspa | 1 | Peters, Detlef; Wilde, Klaus; Goth, Björn | 207 |
| 17 | Siemens | 2 | Brumm, Norbert; Berka, Thomas; Sie Too, Petrus | 210 |
| 18 | Airbus | 2 | Reifschläger, Norbert; Felger, Fritz; Wandschneider, Dirk | 212 |
| 19 | Deut.Bank | 1 | Keim, Olaf; Herrmann, Michael; Ehrenberg, Frank | 226 |
| 20 | Stern | 1 | Jux, Michael; Milewski, Marek; Zeiser, Tobias | 238 |
| 21 | Dresdner-B | 1 | Scheffler, Marco; Küster, Siegfried; Niemann, Volker | 243 |
| 22 | Laufladen | 2 | Ostermann, Olaf; Freitag, Jens; Siegmund, Karsten | 246 |
| 23 | PHILIPS | 2 | Weinrich, Konrad; Baß, Michael; Hensel, Jullian | 250 |
| 24 | HEK | 1 | Wenck, Thomas; Plümer, Ralf; Lemkau, Niels | 267 |
| 25 | Still | 1 | Witthöft, Holger; Ollik, Sven; Erdmann, Holger | 268 |
| 26 | VATTENFALL | 1 | Metzner, Bernd; Schumann, Thomas; Bratsch, Jürgen | 289 |
| 27 | EDEKA | 1 | Danger, Frank; Friz, Stefan; Thomsen, Dirk | 289 |
| 28 | Fa.Blanke. | 1 | Elze, Stefan; Sturm, Volker; Hinnens, Udo | 291 |
| 29 | Siemens | 3 | Kremers, Dieter; Sietz, Andreas; Damm, Wolfgang | 292 |
| 30 | ERGOsports | 1 | Kozieras, Norbert; Löffler, Uwe; Kock, Reinhard | 293 |
| 31 | Polizei HH | 1 | Schenk, Lutz; Bust, Rudolf; Schönefeld, Thies | 295 |
| 32 | Airbus | 3 | Kulenkamp, Jens; Holst, Friedrich; König, Dietmar | 339 |
| 33 | DAK | 1 | Ansen, Hans-Jürgen; Gruber, Markus; Götz, Peter | 340 |
| 34 | Holsten | 1 | Lindner, Patric; Unterspann, Klaus; Reschka, Edmund | 358 |
| 35 | HSU HH | 2 | Hundertmark, Michael; Schmidhäusler, Daniel; Wagner, Ralf | 359 |
| 36 | Stern | 2 | Stangenberg, Andreas; Käsler, Thorsten; Hass, Jochen | 376 |
| 37 | IBM Klub | 1 | Benz, Markus; Winter, Jörg; Spies, Michael | 407 |
| 38 | HSH-NORDB. | 2 | Haberkost, Jens; Zollbeck, Marco; Burkhardt, Torsten | 418 |
| 39 | BA-Eimsb. | 1 | Gehle, Friedhelm; Kögler, Gebhard; Freude, Holger | 427 |
| 40 | BVI | 1 | Zollenkopf, Michael; Spardel, Holger; Krauß, Alexander | 428 |
| 41 | Gaden | 2 | Schulz, Hans-Joachim; Glowienka, Tobias; Janßen, Uwe | 428 |
| 42 | Feuerwehr | 1 | Heemcke, Alexander; Stooß, Gerald; Sonnleitner, Robert | 428 |
| 43 | Raffay | 1 | Hornung, Jürgen; Haubrich, Gerhard; Hänjes, Hans-Martin | 438 |
| 44 | ERGOsports | 2 | Banck, Sönke; Rüter, Bernd; Schmitz, Uli | 445 |
| 45 | Volksfürs. | 1 | Wenrich, Alexander; Bloens, Marcus; Fischer, Christian | 447 |
| 46 | Siemens | 4 | Möller, Henry; von Mallinckrodt, Klaus; Naundorf, Jens | 459 |
| 47 | Sig. Iduna | 1 | Hillebrecht, Frank; Manthei, Jan; Hanke, Dieter | 478 |
| 48 | Zoll | 1 | Treder, Jens; Semke, Jürgen; Treder, Peter | 488 |
| 49 | NDR | 2 | Tietjen, Hans-Gerd; Kohlmann, Carsten; Gedanke, Frank-York | 509 |
| 50 | ERGOsports | 3 | Melde, Christian; Meinke, Frank; Steinbach, Martin | 520 |
| 51 | Airbus | 4 | Nalivkin, Alexander; Meyer-Johne, Ludolf; Rohde, Jürgen | 530 |
| 52 | E.ON Hanse | 1 | Bulla, Bernhard; Mollenhauer, Eric; Hinz, Manfred | 541 |
| 53 | Rot-Gelb | 1 | Kerres, Bertram; Hoppe, Holger; Bruhns, Michael | 541 |
| 54 | TÜV-Nord | 1 | Wehowsky, Frank; Kathenbach, Martin; Kohl, Andreas | 543 |
| 55 | DESY | 2 | Schulz, Torsten; Rudolph, Florian; Rakutt, Manfred | 546 |
| 56 | HSH-NORDB. | 3 | Noll, Stefan; Diezel, Günther; Knoop, Sascha | 560 |
| 57 | PHILIPS | 3 | Hahn, Ronald; Rönnebeck, Jens; Gaebert, Hans-Joachim | 582 |
| 58 | ERGOsports | 4 | Shala, Nol; Sypniewski, Mathias; Green, Sven | 587 |
| 59 | Lufthansa | 2 | Willsch, Pascal; Kahlbohm, Olav; Parpart, Christian | 615 |
| 60 | Stern | 3 | Pahl, Nickolai; da Silva, Fernando; Kamrad, Hubert | 622 |
| 61 | Siemens | 5 | van Marwick, Andreas; Raasch, Karsten; Oldag, Thomas | 623 |
| 62 | Haspa | 2 | Wagner, Dr. Klaus Uwe; Kluth, Peter; Sube, Wolfgang | 639 |
| 63 | Deut.Ring | 1 | Vollmers, Thomas; Ahrens, Claus-Werner; Feick, Joachim | 655 |
| 64 | VATTENFALL | 2 | Korff, Ralf; Späth, Eberhard; Schulze, Frank | 663 |
| 65 | Airbus | 5 | Wiepking, Heiko; Bäse, Wolfgang; Schwartzau, Frank | 663 |
| 66 | HSH-NORDB. | 4 | Hagemann, Uwe; Ahrens, Helmuth; Heins, Knut | 703 |

| | | | | |
|----|------------|---|--|-----|
| 67 | ESW&STN | 2 | Gläser, Heinz; Frey, Matthias; Glienke, Hartmut | 738 |
| 68 | Still | 2 | Vollmer, Stefan; Matthießen, Thomas; Tubenthal, Jörg | 753 |
| 69 | Airbus | 6 | Oestmann, Jan; Fryder, Markus; Janik, Hans-Joachim | 782 |
| 70 | Lufthansa | 3 | Runke, Uwe; Kolbe, Jens; Uhl, Manfred | 793 |
| 71 | E.ON Hanse | 2 | Backhaus, Carsten; Kolb, Carsten; Freund, Udo | 795 |
| 72 | Postbank-H | 1 | Meyer, Peter; Vogt, Karl-Heinz; Jendrysik, Dieter | 797 |