

Sommerlaufcup 2017

Kurzstrecke Damen

Altersklasse WK

| | | | | | | | |
|--------------------------------|-----------|---|---|---|---|---|---|
| 1 Liebendörfer, Marlene | Laufladen | 1 | - | - | - | - | 3 |
| 2 Ahlers-Stylianou, Anna-Sofia | Allianz | 2 | - | - | - | - | 6 |

Altersklasse D

| | | | | | | | |
|-----------------|------------|---|---|---|---|---|---|
| 1 Eis, Mareike | DESY | 1 | 1 | - | - | - | 3 |
| 2 Wigbers, Anna | HPA | 2 | - | - | - | - | 6 |
| 3 Stamm, Meike | Polizei HH | 3 | 2 | - | - | - | 8 |

Altersklasse WJ

| | | | | | | | |
|---------------------|-----|---|---|---|---|---|---|
| 1 Stadelmann, Anouk | HPA | 1 | - | - | - | - | 3 |
|---------------------|-----|---|---|---|---|---|---|

Altersklasse W30

| | | | | | | | |
|--------------------|--------------|---|---|---|---|---|---|
| 1 Schumann, Sandra | Energie SV H | - | 1 | - | - | - | 3 |
| Wittmar, Anna | OTTO | 1 | - | - | - | - | 3 |

Altersklasse W35

| | | | | | | | |
|---------------------|----------|---|---|---|---|---|---|
| 1 Steinfeld, Ivonne | Dataport | - | 1 | - | - | - | 3 |
| Bangert, Meike | NDR | 1 | - | - | - | - | 3 |
| 3 Wandersee, Nicole | Hochbahn | - | 2 | - | - | - | 6 |

Altersklasse W40

| | | | | | | | |
|-------------------|------------|---|---|---|---|---|---|
| 1 Klar, Sonja | AlbeDiakon | 1 | 1 | - | - | - | 3 |
| 2 Engel, Nicole | Siemens | - | 2 | - | - | - | 6 |
| 3 Koch, Christina | PHILIPS | - | 3 | - | - | - | 9 |

Altersklasse W45

| | | | | | | | |
|-----------------------|--------------|---|---|---|---|---|----|
| 1 Becker, Barbara | Rot Gelb | 1 | 1 | - | - | - | 3 |
| 2 Buchmann, Sigrid | AK Altona | 2 | - | - | - | - | 6 |
| 3 Gloris, Sonja | TUV-Nord | 3 | 2 | - | - | - | 8 |
| 4 Schneider, Maren | Signal Iduna | - | 3 | - | - | - | 9 |
| 5 Engelmann, Heike | Zoll | 4 | - | - | - | - | 12 |
| 6 Maiwald, Sonja | Polizei HH | 6 | 4 | - | - | - | 15 |
| Wagner, Ratchaneekorn | ERGOsports | - | 5 | - | - | - | 15 |
| Schitnik, Claudia | HPA | 5 | - | - | - | - | 15 |
| 9 Krause, Meike | LOTTO | 7 | - | - | - | - | 21 |
| 10 Hinst, Roswitha | ERGOsports | 8 | - | - | - | - | 24 |
| 11 Hebenstreit, Sonia | Allianz | 9 | - | - | - | - | 27 |

Altersklasse W50

| | | | | | | | |
|-----------------------------|--------------|---|---|---|---|---|----|
| 1 Mansfeld-Stiegert, Ulrike | PHILIPS | - | 1 | - | - | - | 3 |
| 2 Buß, Dirka | AK Altona | 2 | 2 | - | - | - | 6 |
| 3 König, Johanna | Dataport | - | 3 | - | - | - | 9 |
| von Bergen, Jessica | Energie SV H | 3 | - | - | - | - | 9 |
| 5 Kirchner, Viviane | Signal Iduna | 4 | 4 | - | - | - | 12 |
| 6 Dreller, Hilke | ERGOsports | 1 | 8 | - | - | - | 14 |
| 7 Drews, Ulrike | Berenberg | - | 5 | - | - | - | 15 |
| 8 Weniger, Karen | PHILIPS | - | 6 | - | - | - | 18 |
| 9 Mashreghi, Faranak | AlbeDiakon | - | 7 | - | - | - | 21 |
| 10 Klaus, Gudrun | ERGOsports | - | 9 | - | - | - | 27 |

Altersklasse W55

| | | | | | | | |
|---------------------|------------|---|---|---|---|---|---|
| 1 Gercke, Katharina | Laufwerk | - | 1 | - | - | - | 3 |
| 2 Ahsbahs, Anja | Hochbahn | - | 2 | - | - | - | 6 |
| Stahlbock, Astrid | ERGOsports | 1 | 3 | - | - | - | 6 |
| 4 Dahl, Katrin | ERGOsports | 2 | 3 | - | - | - | 8 |

Altersklasse W60

| | | | | | | | |
|-------------------------|----------|---|---|---|---|---|---|
| 1 Vanthuyne, Anna-Maria | IBM Klub | - | 1 | - | - | - | 3 |
| 2 Jeschke, Annegret | PHILIPS | - | 2 | - | - | - | 6 |

Serienwertung

| | | | | | | | |
|---|------------|---|---|---|---|---|---|
| Altersklasse W65 1 Schiemann, Sabine | Zoll | 1 | 1 | - | - | - | 3 |
| Altersklasse W75 1 Clausen, Sylvia | ERGOsports | 1 | 1 | - | - | - | 3 |
| Altersklasse W80 1 Körber, Greta | Haspa | - | 1 | - | - | - | 3 |

VORLÄUFIG

Langstrecke Damen

Altersklasse D

| | | | | | | | | |
|----|----------------------|------------|---|---|---|---|---|----|
| 1 | Neundörfer, Rebecca | Gaden | 1 | - | - | - | - | 3 |
| 2 | Vogt, Michelle | HSU HH | - | 2 | - | - | - | 6 |
| | Heuer, Annika | Gaden | 2 | - | - | - | - | 6 |
| 4 | Kuhne, Janike | SAGA | 5 | 1 | - | - | - | 9 |
| | Gerber, Dominique | HSU HH | - | 3 | - | - | - | 9 |
| | Wolf, Simone | HapagLloyd | 3 | - | - | - | - | 9 |
| 7 | Wolf, Corinna | HapagLloyd | 4 | - | - | - | - | 12 |
| 8 | de Groot, lisa Marie | HW | 6 | - | - | - | - | 18 |
| 9 | Grandsitzki, Janine | Beiersdorf | 9 | 4 | - | - | - | 20 |
| 10 | Renz, Meike | Polizei HH | 7 | - | - | - | - | 21 |
| 11 | Peitz, Ann-Christin | Polizei HH | 8 | - | - | - | - | 24 |

Altersklasse W30

| | | | | | | | | |
|----|---------------------|------------|---|---|---|---|---|----|
| 1 | Ansen, Maïke | DAK | - | 1 | - | - | - | 3 |
| | Sprenger, Christin | Laufladen | 1 | - | - | - | - | 3 |
| 3 | Hatje, Nina | Laufladen | 2 | - | - | - | - | 6 |
| 4 | Matznick, Katrin | HEK | - | 3 | - | - | - | 9 |
| | Niemann, Tessa | Laufladen | 3 | - | - | - | - | 9 |
| 6 | Mabikounou, Monique | Hochbahn | 5 | 2 | - | - | - | 11 |
| 7 | Conradt, Carolin | Laufladen | 4 | - | - | - | - | 12 |
| 8 | Unterlaufft, Ariane | Beiersdorf | 6 | 4 | - | - | - | 15 |
| | Baumann, Vera | HW | - | 5 | - | - | - | 15 |
| 10 | Rehder, Svenja | Beiersdorf | - | 6 | - | - | - | 18 |
| 11 | Schmidt, Karen | ERGOsports | - | 7 | - | - | - | 21 |

Altersklasse W35

| | | | | | | | | |
|----|-------------------------|-------------|----|----|---|---|---|----|
| 1 | Reuschlein, Katja | Beiersdorf | - | 1 | - | - | - | 3 |
| | Liebendörfer, Christine | Laufladen | 1 | - | - | - | - | 3 |
| 3 | Klinkhardt, Gaby | Laufladen | 2 | - | - | - | - | 6 |
| 4 | Isenberg, Verena Cécile | Tchibo | 3 | - | - | - | - | 9 |
| 5 | Recht, Janette | HSH-NORDB. | 5 | 2 | - | - | - | 11 |
| | Fahnenbruck, Nele | Polizei HH | 4 | 3 | - | - | - | 11 |
| 7 | Matzke, Svenja | PHILIPS | - | 4 | - | - | - | 12 |
| 8 | Felchner, Carola | wellnuss.de | 6 | 5 | - | - | - | 17 |
| 9 | Lippe, Caroline | PHILIPS | - | 6 | - | - | - | 18 |
| 10 | Aschbermer, Jana | TÜV-Nord | - | 7 | - | - | - | 21 |
| | Malmén, Maren | Laufladen | 7 | - | - | - | - | 21 |
| 12 | Herrmann, Sandra | Krüss-OSH | - | 8 | - | - | - | 24 |
| | Ehlert, Katharina | BBVerkehr | 8 | - | - | - | - | 24 |
| 14 | Wilken, Maren | Beiersdorf | 9 | - | - | - | - | 27 |
| 15 | Heinrich, Nina | Krüss-OSH | 10 | 9 | - | - | - | 29 |
| 16 | Kaufmann, Stefanie | AlbeDiakon | 11 | 10 | - | - | - | 32 |

Altersklasse W40

| | | | | | | | | |
|----|-----------------------|-------------|---|---|---|---|---|----|
| 1 | Hennecke, Anke | Deut.Bank | - | 1 | - | - | - | 3 |
| | Foltin, Ulrike | Laufladen | 1 | - | - | - | - | 3 |
| 3 | Lappe, Kathrin | Kühne+Nagel | - | 2 | - | - | - | 6 |
| | Schlack, Carolin | Laufladen | 2 | - | - | - | - | 6 |
| 5 | Krahn, Sylvia | Commerz-B. | - | 3 | - | - | - | 9 |
| | Altmüller, Sandra | Airbus | 3 | - | - | - | - | 9 |
| 7 | Beu, Sylvie | OTTO | 4 | 4 | - | - | - | 12 |
| 8 | Daehn, Birgit | Airbus | - | 5 | - | - | - | 15 |
| 9 | Müller-Reinert, Ilona | ERGOsports | 5 | 6 | - | - | - | 17 |
| 10 | Nna Menque, Mayolie | AlbeDiakon | - | 7 | - | - | - | 21 |

Altersklasse W45

| | | | | | | | | |
|---|--------------------|-----------|---|---|---|---|---|----|
| 1 | Giesen, Britta | Laufwerk | 1 | 1 | - | - | - | 3 |
| 2 | Venjakob, Isabel | Laufladen | 2 | - | - | - | - | 6 |
| 3 | Heinsohn, Christin | Berenberg | 4 | 2 | - | - | - | 9 |
| | Gilb, Heike | Zoll | 3 | 3 | - | - | - | 9 |
| 5 | Glaser, Steffi | OTTO | 6 | 4 | - | - | - | 15 |
| | Otto, Berrin | Laufladen | 5 | - | - | - | - | 15 |

Serienwertung

| | | | | | | | | |
|----|------------------------|--------------|----|----|---|---|---|----|
| 7 | Meißner, Ulrike | H&U HH | 7 | 5 | - | - | - | 18 |
| | Dreier, Dagmar | TUV-Nord | - | 6 | - | - | - | 18 |
| 9 | Vollmers, Anja | Signal Iduna | - | 7 | - | - | - | 21 |
| 10 | Koring, Dagmar | Energie SV H | 8 | - | - | - | - | 24 |
| 11 | Heß, Verena | HSH-NORDB. | 9 | 9 | - | - | - | 27 |
| 12 | Geisweid, Silke | Basler | 11 | 8 | - | - | - | 29 |
| 13 | Stegemann, Bettina | OTTO | - | 10 | - | - | - | 30 |
| | Holz, Monika | Basler | 10 | - | - | - | - | 30 |
| 15 | Santos, Paula | HapagLloyd | - | 11 | - | - | - | 33 |
| 16 | Scheile-Bängsson, Barb | HPA | 12 | - | - | - | - | 36 |
| 17 | Pantelmann, Susann | Signal Iduna | 13 | - | - | - | - | 39 |

Altersklasse W50

| | | | | | | | | |
|----|----------------------|------------|----|----|---|---|---|----|
| 1 | Westerfeld, Sabine | ELBE-Sport | - | 1 | - | - | - | 3 |
| | Kolleman, Sabine | Laufwerk | 1 | - | - | - | - | 3 |
| 3 | Hohenschild, Britta | Lufthansa | 2 | 2 | - | - | - | 6 |
| 4 | Berels, Marika | Lufthansa | 4 | 3 | - | - | - | 11 |
| | Sauer, Antje | HypoVerein | 3 | 4 | - | - | - | 11 |
| 6 | Courtault, Britta | HSH-NORDB. | 5 | 5 | - | - | - | 15 |
| 7 | Horn, Carola | Deut.Bank | - | 6 | - | - | - | 18 |
| 8 | Keim, Gesche | Deut.Bank | 6 | 7 | - | - | - | 20 |
| 9 | Pohl, Marion | Jungheinr. | - | 8 | - | - | - | 24 |
| | Eis, Marianne | DESY | 7 | 9 | - | - | - | 24 |
| | Johanning, Katharina | LOTTO | 8 | - | - | - | - | 24 |
| 12 | Engelmann, Katrin | Laufwerk | 9 | 10 | - | - | - | 29 |
| 13 | Fähnemann, Martina | HapagLloyd | 10 | - | - | - | - | 30 |
| 14 | Schlizio, Petra | AlbeDiakon | - | 11 | - | - | - | 33 |
| 15 | Sievers, Susanne | ERGOsports | - | 12 | - | - | - | 36 |

Altersklasse W55

| | | | | | | | | |
|---|-------------------------|------------|---|---|---|---|---|----|
| 1 | Nentwig, Karin | Airbus | - | 1 | - | - | - | 3 |
| 2 | Warnecke-Jerol, Margret | Stern | 2 | 2 | - | - | - | 6 |
| | Brose, Silke | ELBE-Sport | 1 | 3 | - | - | - | 6 |
| 4 | Bühler-Becker, Heidi | G+J | 3 | 4 | - | - | - | 11 |
| 5 | Ewers, Dorit | ERGOsports | 4 | - | - | - | - | 12 |
| 6 | Rohde, Sabine | Berenberg | - | 5 | - | - | - | 15 |
| | Kersten, Ines | Laufwerk | 5 | - | - | - | - | 15 |
| 8 | Schumacher, Andrea | SKF | 6 | - | - | - | - | 18 |

Altersklasse W60

| | | | | | | | | |
|---|-----------------|----------|---|---|---|---|---|---|
| 1 | Togler, Monika | NDR | 1 | 1 | - | - | - | 3 |
| 2 | Machate, Sabine | Laufwerk | 2 | - | - | - | - | 6 |

Altersklasse W70

| | | | | | | | | |
|---|----------------|----------|---|---|---|---|---|---|
| 1 | Hagemann, Anna | Rot Gelb | 1 | 1 | - | - | - | 3 |
| 2 | Müller, Ursel | PHILIPS | 2 | - | - | - | - | 6 |

Kurzstrecke Herren

| | | | | | | | |
|------------------|---------------------|--------------|----|---|---|---|----|
| Altersklasse MK | | | | | | | |
| 1 | Sievert, Jannis | Allianz | 1 | - | - | - | 3 |
| Altersklasse MJ | | | | | | | |
| 1 | Schwenck, Jonatan | HSH-NORDB. | - | 1 | - | - | 3 |
| Altersklasse M30 | | | | | | | |
| 1 | Schmidt, Birger | Polizei HH | 1 | 1 | - | - | 3 |
| 2 | Wald, Stefan | NDR | 2 | - | - | - | 6 |
| Altersklasse M35 | | | | | | | |
| 1 | Winter, Christian | ERGOsports | 1 | 1 | - | - | 3 |
| Altersklasse M40 | | | | | | | |
| 1 | Törber, Martin | Dachser | 1 | - | - | - | 3 |
| Altersklasse M45 | | | | | | | |
| 1 | Matzke, Herwig | PHILIPS | 1 | 1 | - | - | 3 |
| 2 | Glasenapp, Jan | PHILIPS | - | 2 | - | - | 6 |
| | Hegemann, Bernd | G+J | 2 | - | - | - | 6 |
| 4 | Möller, Andre | Energie SV H | - | 3 | - | - | 9 |
| | Krause, Jan | G+J | 3 | - | - | - | 9 |
| 6 | Szillat, Volker | Zoll | 4 | - | - | - | 12 |
| 7 | Otto, Christian | Laufwerk | 5 | 4 | - | - | 14 |
| 8 | Kreismer, Sven | Energie SV H | - | 5 | - | - | 15 |
| 9 | Wagner, Dirk | ERGOsports | - | 6 | - | - | 18 |
| Altersklasse M50 | | | | | | | |
| 1 | Wams, Martin | Gaden | - | 1 | - | - | 3 |
| 2 | Kupper, Frank | TUV-Nord | 1 | 3 | - | - | 6 |
| | Herzberg, Andreas | Airbus | 2 | - | - | - | 6 |
| 4 | Skwirbliess, Martin | Laufwerk | 3 | - | - | - | 9 |
| 5 | Gaebert, Günter | HSH-NORDB. | 4 | - | - | - | 12 |
| 6 | Lauenroth, Frank | HELM | 5 | - | - | - | 15 |
| 7 | Liebers, Ralf | Zoll | 7 | 4 | - | - | 17 |
| 8 | Rowedder, Frank | Deut.Bank | - | 6 | - | - | 18 |
| | Stypmann, Michael | Polizei HH | 6 | - | - | - | 18 |
| 10 | Ahlfeld, Carsten | TUV-Nord | 12 | 2 | - | - | 21 |
| | van der Meeren, Ulf | HH Airport | 9 | 5 | - | - | 21 |
| | Wessling, Rüdiger | Dataport | - | 7 | - | - | 21 |
| 13 | Vermehren, Ingo | Polizei HH | 8 | - | - | - | 24 |
| 14 | Möller, Thomas | Airbus | 10 | - | - | - | 30 |
| 15 | Scholz, Guido | ERGOsports | 11 | - | - | - | 33 |
| Altersklasse M55 | | | | | | | |
| 1 | Jeschke, Ottmar | Laufwerk | - | 1 | - | - | 3 |
| | Meyer-Reim, Utz | DG-HYP | 1 | - | - | - | 3 |
| 3 | Janssen, Gregor | AlbeDiakon | 2 | 2 | - | - | 6 |
| 4 | Friedrich, Wolfram | Jungheinr. | 3 | - | - | - | 9 |
| 5 | Bernzen, Johannes | Hochbahn | 5 | 3 | - | - | 12 |
| 6 | Hinsen, Dr. Guido | ERGOsports | 4 | 5 | - | - | 14 |
| 7 | Munstermann, Olaf | ERGOsports | 6 | 4 | - | - | 15 |
| Altersklasse M60 | | | | | | | |
| 1 | Wolff, Mario | Deut.Bank | 1 | 1 | - | - | 3 |
| 2 | Semke, Jürgen | Zoll | 2 | 2 | - | - | 6 |
| 3 | Kaminke, Andres | Kravag | 3 | - | - | - | 9 |
| 4 | Thöne, Burkhard | HSH-NORDB. | 5 | 3 | - | - | 12 |
| | Harms, Michael | Hochbahn | 4 | - | - | - | 12 |
| Altersklasse M65 | | | | | | | |
| 1 | Winter, Rainer | ERGOsports | 1 | - | - | - | 3 |
| 2 | Schrader, Rudi | PHILIPS | 2 | 1 | - | - | 5 |

Serienwertung

| | | | | | | | |
|--------------------------|------------|---|---|---|---|---|----|
| 3 Becker, Wolfgang | Haspa | 3 | 2 | - | - | - | 8 |
| Altersklasse M70 | | | | | | | |
| 1 Kaiser, Peter | Lufthansa | 1 | 1 | - | - | - | 3 |
| 2 Kühl, Bernd | ELBE-Sport | 2 | - | - | - | - | 6 |
| 3 Lübbecke, Dr. Hans | Beiersdorf | 3 | 2 | - | - | - | 8 |
| 4 Meier-Rößler, Jochen | BA-Nord | 4 | 3 | - | - | - | 11 |
| 5 Ahrens, Claus-Werner | Basler | 5 | 4 | - | - | - | 14 |
| 6 Kusch, Günter | IBM Klub | - | 5 | - | - | - | 15 |
| 7 Gläser, Heinz | ELBE-Sport | 6 | - | - | - | - | 18 |
| 8 Böthern, Rolf | Fa.Blanke. | 7 | 6 | - | - | - | 20 |
| Altersklasse M75 | | | | | | | |
| 1 Wolff, Helmuth | Fa.Blanke. | 2 | 1 | - | - | - | 5 |
| Meier, Manfred | PHILIPS | 1 | 2 | - | - | - | 5 |
| 3 Radetzki, Manfred | ERGOsports | 3 | 4 | - | - | - | 11 |
| 4 Bartels, Fritz | Fa.Blanke. | 5 | 3 | - | - | - | 12 |
| Orlowski, Rolf | PHILIPS | 4 | - | - | - | - | 12 |
| Altersklasse M80 | | | | | | | |
| 1 Hintz, Martin | Lufthansa | 1 | - | - | - | - | 3 |
| Altersklasse M85 | | | | | | | |
| 1 Matthies, Hans-Joachim | PHILIPS | - | 1 | - | - | - | 3 |

VORLÄUFIG

Langstrecke Herren

Altersklasse MJ

| | | | | | | | |
|--------------------|--------------|---|---|---|---|---|---|
| 1 Vollmers, Laurin | Signal Iduna | - | 1 | - | - | - | 3 |
| 2 Ahrens, Justus | HEK | - | 2 | - | - | - | 6 |

Altersklasse M

| | | | | | | | |
|----------------------|--------------|----|----|---|---|---|----|
| 1 Schaffeld, Timo | HSU HH | - | 1 | - | - | - | 3 |
| 2 Baumann, Martin | HHLA | 1 | 2 | - | - | - | 5 |
| 3 Behrmann, Benedict | Laufladen | 3 | - | - | - | - | 9 |
| 4 Schmitz, Christian | HapagLloyd | 4 | 3 | - | - | - | 11 |
| Mrnka, Philipp | HSU HH | 2 | 5 | - | - | - | 11 |
| 6 Dallest, Stanislas | Berenberg | 5 | 4 | - | - | - | 14 |
| 7 Speel, Lukas | HHLA | - | 6 | - | - | - | 18 |
| 8 Ruff, Kevin | Signal Iduna | 7 | 7 | - | - | - | 21 |
| Jacobsen, Henrik | Hochbahn | 6 | 8 | - | - | - | 21 |
| 10 Rinio, Luca-Felix | PHILIPS | 9 | - | - | - | - | 27 |
| 11 Hill, Michael | Still | 10 | 9 | - | - | - | 29 |
| Reinhard, Lucas | HSU HH | 8 | 11 | - | - | - | 29 |
| 13 Wietbrauk, Malte | wellnuss.de | - | 10 | - | - | - | 30 |
| 14 Schitnik, Fin | HPA | 11 | - | - | - | - | 33 |
| 15 Ahrens, Julian | HEK | - | 12 | - | - | - | 36 |

Altersklasse M30

| | | | | | | | |
|----------------------|-------------|----|----|---|---|---|----|
| 1 Kiehl, Thorsten | Airbus | 1 | 1 | - | - | - | 3 |
| 2 Landgraf, Stefan | Beiersdorf | 2 | 2 | - | - | - | 6 |
| 3 Hages, Marc-André | HW | - | 3 | - | - | - | 9 |
| Ruhe, Kai | EDEKA | 3 | - | - | - | - | 9 |
| 5 Köhme, Philipp | Krüss-OSH | 4 | - | - | - | - | 12 |
| 6 Wilde, Tim | HapagLloyd | 5 | 4 | - | - | - | 14 |
| 7 Tawussi, Frank | TUV-Nord | - | 6 | - | - | - | 18 |
| Rudnick, Lewke-Björn | Polizei HH | 6 | - | - | - | - | 18 |
| 9 Ruf, Martin | EDEKA | 8 | 5 | - | - | - | 20 |
| 10 Warther, Sophie | Laufladen | 7 | - | - | - | - | 21 |
| 11 Wessel, Frederik | EDEKA | - | 8 | - | - | - | 24 |
| 12 Wald, Stefan | NDR | 11 | 7 | - | - | - | 27 |
| Schmidt, Dennis Kim | Dataport | - | 9 | - | - | - | 27 |
| Barnau, Carsten | Still | 9 | - | - | - | - | 27 |
| 15 Feldhaus, Holger | HH Airport | - | 10 | - | - | - | 30 |
| Obermeit, Dennis | Kühne+Nagel | 10 | - | - | - | - | 30 |
| 17 Holt, Johannes | ERGOsports | - | 11 | - | - | - | 33 |
| 18 Koss, Alexander | Airbus | 12 | - | - | - | - | 36 |
| 19 Hanisch, Nico | Jungheinr. | 13 | - | - | - | - | 39 |

Altersklasse M35

| | | | | | | | |
|-------------------------|------------|----|----|---|---|---|----|
| 1 Wittmar, Johannes | OTTO | - | 1 | - | - | - | 3 |
| 2 Warneck, Marco | NDR | - | 2 | - | - | - | 6 |
| Koudougou, Halidou | PHILIPS | 1 | 3 | - | - | - | 6 |
| 4 Keiner, Jens | Berenberg | 2 | 4 | - | - | - | 9 |
| Kurch, Sebastian | EDEKA | 3 | - | - | - | - | 9 |
| 6 Rewel, Thomas | Deut.Bank | 4 | - | - | - | - | 12 |
| 7 Brum, Sergej | PHILIPS | - | 5 | - | - | - | 15 |
| 8 Gäbler, Vinzent | HH Airport | - | 6 | - | - | - | 18 |
| Busse, Hagen | DG-HYP | 6 | - | - | - | - | 18 |
| 10 Niermann, Marco | HH Airport | 7 | - | - | - | - | 21 |
| 11 Scholz, Christian | Haspa | 9 | 7 | - | - | - | 24 |
| Sass, Fabian | Still | - | 8 | - | - | - | 24 |
| Zander, Sven | TUV-Nord | 5 | 11 | - | - | - | 24 |
| Mill, Dennis | HapagLloyd | 8 | - | - | - | - | 24 |
| 15 Weber, Frank | OTTO | - | 9 | - | - | - | 27 |
| 16 Jovanovich, Marco | HSU HH | - | 10 | - | - | - | 30 |
| 17 Brandt, Boris | Polizei HH | 10 | 13 | - | - | - | 35 |
| 18 Behrens, Cornelius | NDR | - | 12 | - | - | - | 36 |
| 19 Willsch, Pascal | Lufthansa | 11 | 15 | - | - | - | 39 |
| 20 Steckmann, Sebastian | HW | - | 14 | - | - | - | 42 |

Serienwertung

| | | | | | | | | |
|----|--------------------|-------------|----|----|---|---|---|----|
| | Sprenger, Mathias | K&M Sport | 12 | 16 | - | - | - | 42 |
| | Rudolph, Florian | DESY | 14 | - | - | - | - | 42 |
| 23 | Mahrendorf, Lars | TK | 13 | 18 | - | - | - | 47 |
| 24 | Schiemann, Karsten | AlbeDiakon | 16 | - | - | - | - | 48 |
| 25 | Haupt, Mario | Still | - | 17 | - | - | - | 51 |
| | Wildgen, Ivo | Laufwerk | 15 | 19 | - | - | - | 51 |
| 27 | Morales, Michael | Jungheinr. | 19 | 20 | - | - | - | 59 |
| | Kuhr, Jan-Oliver | Basler | 17 | 22 | - | - | - | 59 |
| 29 | Grimm, Florian | Beiersdorf | 20 | - | - | - | - | 60 |
| 30 | Buhmann, Arne | Kühne+Nagel | - | 21 | - | - | - | 63 |
| | Borkowski, Gregor | TUV-Nord | 18 | 24 | - | - | - | 63 |
| 32 | Lade, Alexander | HapagLloyd | - | 23 | - | - | - | 69 |
| | Grote, Georg | Kühne+Nagel | 21 | 25 | - | - | - | 69 |

Altersklasse M40

| | | | | | | | | |
|----|----------------------|-------------|----|----|---|---|---|----|
| 1 | Harwardt, Thorsten | Laufladen | 1 | - | - | - | - | 3 |
| 2 | Rohlf, Torben | Laufwerk | 2 | 1 | - | - | - | 5 |
| 3 | Reckwerth, Alexander | NDR | - | 2 | - | - | - | 6 |
| 4 | Vidic, Darko | NDR | - | 3 | - | - | - | 9 |
| | Bozyakali, Can | PHILIPS | 3 | - | - | - | - | 9 |
| 6 | Ariskin, Alexander | PHILIPS | - | 4 | - | - | - | 12 |
| 7 | Neumann, Uwe | Fa.Blanke. | - | 5 | - | - | - | 15 |
| | Lück, Ronald | EDEKA | 4 | 6 | - | - | - | 15 |
| | Hansen, Jan | wellnuss.de | 5 | - | - | - | - | 15 |
| 10 | Schubert, Ralph | HapagLloyd | 6 | - | - | - | - | 18 |
| 11 | Maiwald, Hardy | Polizei HH | 7 | 7 | - | - | - | 21 |
| 12 | Steinfeld, Marco | Dataport | - | 8 | - | - | - | 24 |
| | Marner, Oliver | Laufladen | 8 | - | - | - | - | 24 |
| 14 | Barckhahn, Sven | HHLA | 10 | 9 | - | - | - | 29 |
| | Leißling, Fabian | HHLA | 9 | 10 | - | - | - | 29 |
| 16 | Dolderer, Christoph | HH Airport | - | 11 | - | - | - | 33 |
| | Jongschlager, Ingo | TUV-Nord | 11 | - | - | - | - | 33 |

Altersklasse M45

| | | | | | | | | |
|----|------------------------|--------------|----|----|---|---|---|----|
| 1 | Zielinski, Dieter | HapagLloyd | 1 | - | - | - | - | 3 |
| 2 | Conrad, Bernd | Laufladen | 2 | - | - | - | - | 6 |
| 3 | Giesen, Frank | Laufwerk | 4 | 1 | - | - | - | 8 |
| | Bietke, Dirk | TUV-Nord | 3 | 2 | - | - | - | 8 |
| 5 | Albert, Stefan | Laufwerk | 7 | 3 | - | - | - | 15 |
| | Ollik, Sven | Still | - | 5 | - | - | - | 15 |
| | Levezow, Thomas | BBK | 5 | - | - | - | - | 15 |
| 8 | Bruhnke, Olaf | Laufladen | 6 | - | - | - | - | 18 |
| 9 | Müller, Karsten | Laufwerk | 10 | 4 | - | - | - | 21 |
| | Stuhr, Lars | Kravag | - | 7 | - | - | - | 21 |
| 11 | Seliger, Niels-Michael | Tchibo | 9 | 6 | - | - | - | 23 |
| 12 | Manke, Dirk | PHILIPS | 8 | - | - | - | - | 24 |
| 13 | Vollmers, Thomas | Signal Iduna | - | 9 | - | - | - | 27 |
| 14 | Hrouda, Peter | Höchbahn | 11 | - | - | - | - | 33 |
| 15 | Bley, Stefan | Airbus | - | 12 | - | - | - | 36 |
| | Dircks, Carsten | ERGOsports | 12 | - | - | - | - | 36 |
| 17 | Sietz, Andreas | DAK | 17 | 8 | - | - | - | 38 |
| 18 | Marquardt, Bernd | HapagLloyd | 13 | - | - | - | - | 39 |
| 19 | Cordes, Sven | EDEKA | 16 | 11 | - | - | - | 41 |
| 20 | Krause, Jan | G+J | 14 | - | - | - | - | 42 |
| 21 | Meyhöfer, Christian | HHLA | 19 | 10 | - | - | - | 44 |
| 22 | Ahrens, Ingo | HEK | - | 15 | - | - | - | 45 |
| | Hegemann, Bernd | G+J | 15 | - | - | - | - | 45 |
| 24 | Plate, Levent | HH Airport | 20 | 14 | - | - | - | 51 |
| | Schmidt, Bjoern | EDEKA | 17 | - | - | - | - | 51 |
| 26 | Dreise, Gösta | PHILIPS | 22 | 13 | - | - | - | 53 |
| 27 | Sanne, Dirk | ERGOsports | - | 19 | - | - | - | 57 |
| 28 | Scharf, Dietmar | Signal Iduna | 21 | 18 | - | - | - | 59 |
| 29 | Stamer, Bjoern | EDEKA | 24 | 16 | - | - | - | 60 |
| | Hofsommer, Steffen | Siemens | 23 | 17 | - | - | - | 60 |
| 31 | Melde, Christian | ERGOsports | - | 21 | - | - | - | 63 |

Serienwertung

| | | | | | | | | |
|------------------|------------------------|--------------|----|----|---|---|---|----|
| 32 | Harder, Torsten | ERGOsports | 26 | 20 | - | - | - | 69 |
| 33 | Bosenick, Tim | Laufwerk | 25 | - | - | - | - | 75 |
| Altersklasse M50 | | | | | | | | |
| 1 | Ebel, Thomas | NDR | - | 1 | - | - | - | 3 |
| | Kasch, Winald | Laufladen | 1 | - | - | - | - | 3 |
| 3 | Tiedemann, Maik | IBM Klub | - | 2 | - | - | - | 6 |
| | Kohlmann, Carsten | NDR | 2 | - | - | - | - | 6 |
| 5 | Spliethoff, Hans Georg | OTTO | - | 3 | - | - | - | 9 |
| 6 | Patzer, Ralf | OTTO | 3 | 4 | - | - | - | 11 |
| 7 | Voß, Thomas | Deut.Bank | 5 | 5 | - | - | - | 15 |
| | Keim, Olaf | Deut.Bank | 4 | 6 | - | - | - | 15 |
| 9 | Bastian, Jens | G+J | 6 | - | - | - | - | 18 |
| 10 | Meise, Helge | Laufwerk | - | 7 | - | - | - | 21 |
| | Breitenstein, Andre | HypoVerein | 7 | - | - | - | - | 21 |
| 12 | Schirduan, Stefan | Postbank-H | - | 8 | - | - | - | 24 |
| | Hausendorf, Jörg | Laufladen | 8 | - | - | - | - | 24 |
| 14 | Zollenkopf, Michael | SKF | 9 | - | - | - | - | 27 |
| 15 | Lemkau, Niels | HEK | 10 | 9 | - | - | - | 29 |
| 16 | Kück, Oliver | Energie SV H | 11 | 11 | - | - | - | 33 |
| 17 | Haacker, Kai | PHILIPS | 13 | 10 | - | - | - | 35 |
| 18 | Wegmann, Dr. Gerhard | Airbus | 12 | - | - | - | - | 36 |
| 19 | Papenberg, Matthias | Laufwerk | 14 | 12 | - | - | - | 39 |
| | Trümper, Michael | Airbus | - | 13 | - | - | - | 39 |
| 21 | Swoboda, Peter | Nordmark | 15 | - | - | - | - | 45 |
| 22 | Reuer, Hans-Henning | OTTO | 17 | 15 | - | - | - | 48 |
| | Persiel, Arne | Commerz-B. | - | 16 | - | - | - | 48 |
| | Gauger, Jens | Laufladen | 16 | - | - | - | - | 48 |
| 25 | Walendy, Gerd | OTTO | 20 | 14 | - | - | - | 51 |
| 26 | Altrock, Andreas | Haspa | 19 | 17 | - | - | - | 54 |
| | Rooseboom, Markus | DG-HYP | 18 | - | - | - | - | 54 |
| 28 | Lucke, Marcus | Airbus | 21 | 18 | - | - | - | 59 |
| 29 | Henge, Johannes Jürgen | Airbus | - | 20 | - | - | - | 60 |
| 30 | Manthei, Jan | Signal Iduna | 22 | 19 | - | - | - | 62 |
| 31 | Rönnfeldt, Guido | PHILIPS | - | 21 | - | - | - | 63 |
| 32 | Danckers, Joachim | Energie SV H | - | 23 | - | - | - | 69 |
| | Stäcker, Frank | PHILIPS | 23 | - | - | - | - | 69 |
| 34 | Sombrutzki, Frank | HH Airport | 25 | 22 | - | - | - | 71 |
| 35 | Dreier, Gerhard | TÜV-Nord | - | 24 | - | - | - | 72 |
| | Behrend, Till | Laufladen | 24 | - | - | - | - | 72 |
| 37 | Thomsen, Dirk | EDEKA | 26 | - | - | - | - | 78 |
| 38 | Rausch, Steffen | NDR | 27 | 26 | - | - | - | 80 |
| 39 | Vermehren, Ingo | Polizei HH | - | 27 | - | - | - | 81 |
| 40 | Jakobsen, Frank | Airbus | 30 | 25 | - | - | - | 83 |
| 41 | Röhrig, Jörg | Signal Iduna | - | 28 | - | - | - | 84 |
| | Fußler, Norbert | EDEKA | 28 | - | - | - | - | 84 |
| 43 | Waldtmann, Andreas | HPA | 29 | - | - | - | - | 87 |
| 44 | Förschner, Michael | HPA | - | 30 | - | - | - | 90 |
| 45 | Acharya, Arjun Prasad | Signal Iduna | 33 | 29 | - | - | - | 93 |
| | Schuster, Roman | ERGOsports | - | 31 | - | - | - | 93 |
| | Schrum, Nils | ERGOsports | 31 | - | - | - | - | 93 |
| 48 | Banck, Sönke | ERGOsports | - | 32 | - | - | - | 96 |
| | Jones, Jesse-George | G+J | 32 | - | - | - | - | 96 |
| Altersklasse M55 | | | | | | | | |
| 1 | Lovon, Emmanuel | PHILIPS | 1 | - | - | - | - | 3 |
| 2 | Becker, Jens-Gerrit | OTTO | 3 | 1 | - | - | - | 6 |
| | Wehowsky, Frank | TÜV-Nord | - | 2 | - | - | - | 6 |
| | Styn, Mathias | DG-HYP | 2 | - | - | - | - | 6 |
| 5 | Herrmann, Thomas | HEK | 4 | 3 | - | - | - | 11 |
| 6 | Meyer-Reim, Utz | DG-HYP | 5 | - | - | - | - | 15 |
| 7 | Krüger, Wilfried | Polizei HH | 8 | 4 | - | - | - | 18 |
| | Rittmeister, Lutz | PHILIPS | 7 | 5 | - | - | - | 18 |
| | Weinrich, Konrad | PHILIPS | - | 6 | - | - | - | 18 |
| 10 | Schumann, Thomas | Energie SV H | - | 7 | - | - | - | 21 |

Serienwertung

| | | | | | | | | |
|----|---------------------|--------------|----|----|---|---|---|----|
| 11 | Klein, Martin | Polizei HH | - | 8 | - | - | - | 24 |
| 12 | Senkpiel, Thorsten | OTTO | - | 9 | - | - | - | 27 |
| | Felger, Fritz | Airbus | 9 | - | - | - | - | 27 |
| 14 | Heinzinger, Manfred | Basler | 11 | 10 | - | - | - | 32 |
| 15 | Geerke, Jörg | HHLA | - | 11 | - | - | - | 33 |
| 16 | Weber, Karsten | HH Airport | 12 | - | - | - | - | 36 |
| 17 | Faust, Thomas | ERGOsports | 6 | 19 | - | - | - | 38 |
| 18 | Drengwitz, Andreas | Eppendorf | 13 | - | - | - | - | 39 |
| 19 | Paschold, Rüdiger | Airbus | 15 | 12 | - | - | - | 41 |
| 20 | Schulz, Torsten | DESY | 14 | - | - | - | - | 42 |
| 21 | Petsch, Wolfgang | Signal Iduna | 18 | 14 | - | - | - | 48 |
| | Schöning, Michael | HSH-NORDB. | 17 | 15 | - | - | - | 48 |
| | Manke, Michael | HH Airport | - | 16 | - | - | - | 48 |
| 24 | Wagener, Horst | Gaden | 20 | 13 | - | - | - | 50 |
| 25 | Jerol, Peter | Stern | - | 17 | - | - | - | 51 |
| 26 | Spijker, Rüdiger | ERGOsports | 10 | 25 | - | - | - | 53 |
| 27 | Schlott, Rüdiger | HH Airport | 19 | 18 | - | - | - | 56 |
| 28 | Janssen, Stefan | HSH-NORDB. | - | 20 | - | - | - | 60 |
| 29 | Käming, Michael | Energie SV H | - | 21 | - | - | - | 63 |
| | Hübener, Matthias | ERGOsports | 16 | 26 | - | - | - | 63 |
| | Nisch, Ralf | AlbeDiakon | 21 | - | - | - | - | 63 |
| 32 | Knoefel, Gerhard | Haspa | 22 | 22 | - | - | - | 66 |
| 33 | Steinhagen, Michael | SKF | 24 | 23 | - | - | - | 71 |
| | Stadter, Gerd | Laufwerk | 23 | 24 | - | - | - | 71 |

Altersklasse M60

| | | | | | | | | |
|----|---------------------|------------|----|---|---|---|---|----|
| 1 | Schmidt, Jürgen | DG-HYP | - | 1 | - | - | - | 3 |
| | Westphal, Wolfgang | Hochbahn | 1 | - | - | - | - | 3 |
| 3 | Tilch, Peter | HPA | 2 | 2 | - | - | - | 6 |
| 4 | Lüders, Gerhard | Beiersdorf | 3 | - | - | - | - | 9 |
| 5 | Diezel, Günter | HSH-NORDB. | 4 | 3 | - | - | - | 11 |
| 6 | Wahne, Karl-Heinz | SAGA | 5 | 4 | - | - | - | 14 |
| 7 | Becker, Uwe | HHLA | 6 | 5 | - | - | - | 17 |
| 8 | Steuernagel, Curt | Laufwerk | 7 | 7 | - | - | - | 21 |
| 9 | Hildebrandt, Edgard | ELBE-Sport | 10 | 6 | - | - | - | 24 |
| | Steinhorst, Jürgen | Hochbahn | 8 | - | - | - | - | 24 |
| 11 | Rohde, Lothar | PHILIPS | 9 | 8 | - | - | - | 26 |
| 12 | Loges, Horst-Dieter | HH Airport | - | 9 | - | - | - | 27 |
| 13 | Schnabel, Harald | HapagLloyd | 11 | - | - | - | - | 33 |

Altersklasse M65

| | | | | | | | | |
|----|-----------------------------|------------|---|---|---|---|---|----|
| 1 | Ansen, Hans-Jürgen | DAK | - | 1 | - | - | - | 3 |
| | Wessel, Hans-Joachim | Airbus | 1 | - | - | - | - | 3 |
| 3 | Kozieras, Norbert | ERGOsports | 2 | - | - | - | - | 6 |
| 4 | Kock, Reinhard | ERGOsports | 3 | - | - | - | - | 9 |
| 5 | Togler, Klaus | NDR | 6 | 2 | - | - | - | 12 |
| | Thimm, Erich | NDR | 4 | - | - | - | - | 12 |
| 7 | Holz kamp-Heise, Karl-Heinz | Lufthansa | 5 | 4 | - | - | - | 14 |
| 8 | Klindtberg, Benno | HapagLloyd | 7 | 3 | - | - | - | 15 |
| | Körper, Klaus | Haspa | - | 5 | - | - | - | 15 |
| 10 | Kieselbach, Wolfgang | HypoVerein | - | 6 | - | - | - | 18 |
| 11 | Hagemann, Uwe | HSH-NORDB. | 8 | - | - | - | - | 24 |

Altersklasse M70

| | | | | | | | | |
|---|-----------------------|------------|---|---|---|---|---|----|
| 1 | Meyer, Peter | Postbank-H | - | 1 | - | - | - | 3 |
| | Graudenz, Eckart | Airbus | 1 | - | - | - | - | 3 |
| 3 | Schulz, Hans-Joachim | Gaden | 2 | 2 | - | - | - | 6 |
| 4 | Haubrich, Gerhard | PHILIPS | 3 | 3 | - | - | - | 9 |
| 5 | Kühl, Bernd | ELBE-Sport | 4 | - | - | - | - | 12 |
| 6 | Schwenck, Jörn | HSH-NORDB. | 5 | 4 | - | - | - | 14 |
| 7 | Gaebert, Hans-Joachim | PHILIPS | 6 | 5 | - | - | - | 17 |

Altersklasse M75

| | | | | | | | | |
|---|------------------------|---------|---|---|---|---|---|---|
| 1 | Bublitz, Manfred | PHILIPS | 1 | 1 | - | - | - | 3 |
| 2 | Rubiales Jimenez, Luis | Zoll | - | 2 | - | - | - | 6 |

Serienwertung

| | | | | | | | | |
|---|-------------------|------------|---|---|---|---|---|----|
| 3 | Unterspann, Klaus | HSH-NORDB. | 2 | 3 | - | - | - | 8 |
| 4 | Löffler, Uwe | ERGOsports | 3 | - | - | - | - | 9 |
| 5 | Uhl, Manfred | Lufthansa | - | 4 | - | - | - | 12 |

VORLÄUFIG

Kurzstrecke Damenmannschaften

| | | | | | | | |
|--------------|---|---|---|---|---|---|---|
| 1 PHILIPS | 1 | - | 1 | - | - | - | 3 |
| HPA | 1 | 1 | - | - | - | - | 3 |
| 3 ERGOsports | 1 | 2 | 2 | - | - | - | 6 |
| 4 ERGOsports | 2 | - | 3 | - | - | - | 9 |

VORLÄUFIG

Langstrecke Damenmannschaften

| | | | | | | | | |
|----|------------|---|---|---|---|---|---|----|
| 1 | Deut.Bank | 1 | - | 1 | - | - | - | 3 |
| | Laufladen | 1 | 1 | - | - | - | - | 3 |
| 3 | Laufladen | 2 | 2 | - | - | - | - | 6 |
| 4 | HSH-NORDB. | 1 | 4 | 2 | - | - | - | 9 |
| | Laufladen | 3 | 3 | - | - | - | - | 9 |
| 6 | HSU HH | 1 | - | 4 | - | - | - | 12 |
| 7 | OTTO | 1 | - | 5 | - | - | - | 15 |
| | Laufwerk | 1 | 5 | - | - | - | - | 15 |
| 9 | Beiersdorf | 1 | 9 | 3 | - | - | - | 18 |
| | ERGOsports | 1 | - | 6 | - | - | - | 18 |
| | HapagLloyd | 1 | 6 | - | - | - | - | 18 |
| 12 | AlbeDiakon | 1 | - | 7 | - | - | - | 21 |
| | Laufladen | 4 | 7 | - | - | - | - | 21 |
| 14 | Polizei HH | 1 | 8 | - | - | - | - | 24 |

VORLÄUFIG

Kurzstrecke Herrenmannschaften

| | | | | | | | | |
|---|------------|---|---|---|---|---|---|----|
| 1 | Polizei HH | 1 | 1 | - | - | - | - | 3 |
| 2 | Zoll | 1 | 2 | - | - | - | - | 6 |
| 3 | PHILIPS | 1 | 4 | 1 | - | - | - | 8 |
| 4 | ERGOsports | 1 | 3 | 3 | - | - | - | 9 |
| 5 | Fa.Blanke. | 1 | 6 | 2 | - | - | - | 12 |
| 6 | ERGOsports | 2 | 5 | - | - | - | - | 15 |

VORLÄUFIG

Langstrecke Herrenmannschaften

| | | | | | | | | |
|----|--------------|---|----|----|---|---|---|-----|
| 1 | Laufladen | 1 | 1 | - | - | - | - | 3 |
| 2 | Laufwerk | 1 | 2 | 2 | - | - | - | 6 |
| 3 | PHILIPS | 1 | 3 | 4 | - | - | - | 11 |
| 4 | HSU HH | 1 | - | 5 | - | - | - | 15 |
| 5 | Laufladen | 2 | 6 | - | - | - | - | 18 |
| 6 | OTTO | 1 | 10 | 3 | - | - | - | 20 |
| 7 | OTTO | 2 | - | 7 | - | - | - | 21 |
| | Deut.Bank | 1 | 7 | - | - | - | - | 21 |
| 9 | TUV-Nord | 1 | 11 | 6 | - | - | - | 26 |
| | HapagLloyd | 1 | 4 | 13 | - | - | - | 26 |
| 11 | NDR | 1 | - | 9 | - | - | - | 27 |
| | DG-HYP | 1 | 9 | - | - | - | - | 27 |
| 13 | NDR | 2 | 18 | 1 | - | - | - | 29 |
| | Airbus | 1 | 8 | 11 | - | - | - | 29 |
| 15 | Still | 1 | - | 10 | - | - | - | 30 |
| 16 | EDEKA | 1 | 5 | 16 | - | - | - | 32 |
| 17 | PHILIPS | 2 | 12 | 14 | - | - | - | 39 |
| | Hochbahn | 1 | 13 | - | - | - | - | 39 |
| 19 | Laufwerk | 2 | 20 | 8 | - | - | - | 42 |
| | HapagLloyd | 2 | 14 | - | - | - | - | 42 |
| 21 | G+J | 1 | 15 | - | - | - | - | 45 |
| 22 | Polizei HH | 1 | 16 | 15 | - | - | - | 47 |
| 23 | HHLA | 1 | 21 | 12 | - | - | - | 50 |
| 24 | HEK | 1 | - | 17 | - | - | - | 51 |
| 25 | Laufladen | 3 | 19 | - | - | - | - | 57 |
| 26 | HH Airport | 1 | 22 | 19 | - | - | - | 62 |
| 27 | Signal Iduna | 1 | 24 | 18 | - | - | - | 63 |
| | Energie SV H | 1 | - | 21 | - | - | - | 63 |
| 29 | Airbus | 2 | 23 | 22 | - | - | - | 68 |
| 30 | HHLA | 2 | - | 23 | - | - | - | 69 |
| 31 | Haspa | 1 | 29 | 20 | - | - | - | 74 |
| | ERGOsports | 1 | 17 | 32 | - | - | - | 74 |
| 33 | TUV-Nord | 2 | - | 25 | - | - | - | 75 |
| | Beiersdorf | 1 | 25 | - | - | - | - | 75 |
| 35 | PHILIPS | 3 | 27 | 24 | - | - | - | 77 |
| 36 | EDEKA | 2 | 26 | - | - | - | - | 78 |
| 37 | Signal Iduna | 2 | - | 27 | - | - | - | 81 |
| 38 | HSH-NORDB. | 1 | 30 | 26 | - | - | - | 84 |
| | HH Airport | 2 | - | 28 | - | - | - | 84 |
| 40 | Lufthansa | 1 | - | 30 | - | - | - | 90 |
| 41 | ERGOsports | 2 | 28 | 33 | - | - | - | 92 |
| 42 | HPA | 1 | 31 | - | - | - | - | 93 |
| 43 | EDEKA | 3 | 32 | - | - | - | - | 96 |
| 44 | Laufwerk | 3 | 36 | 29 | - | - | - | 98 |
| | PHILIPS | 4 | 34 | 31 | - | - | - | 98 |
| 46 | Airbus | 3 | 33 | - | - | - | - | 99 |
| 47 | ERGOsports | 3 | 35 | 34 | - | - | - | 104 |

VORLAUFIG

VORLÄUFIG

Kurzstrecke Championsrace Damen

| Platz | Name | BSG | Punkte |
|--------------|------------------------------|--------------|---------------|
| 1 | Eis, Mareike | DESY | 30 |
| 2 | Becker, Barbara | Rot Gelb | 22 |
| 3 | Wigbers, Anna | HPA | 12 |
| 4 | Schumann, Sandra | Energie SV H | 10 |
| 5 | Gloris, Sonja | TUV-Nord | 8 |
| | Stadelmann, Anouk | HPA | 8 |
| | Mansfeld-Stiegert, Ulrike | PHILIPS | 8 |
| 8 | Liebendörfer, Marlene | Laufladen | 6 |
| | Gercke, Katharina | Laufwerk | 6 |
| 10 | Stamm, Meike | Polizei HH | 5 |
| | Dreller, Hilke | ERGOsports | 5 |
| 12 | Buchmann, Sigrid | AK Altona | 4 |
| 13 | Klar, Sonja | AlbeDiakon | 3 |
| 14 | Ahlers-Stylianou, Anna-Sofia | Allianz | 2 |
| | Buß, Dirka | AK Altona | 2 |
| 16 | Engel, Nicole | Siemens | 1 |

VORLÄUFIG

Langstrecke Championsrace Damen

| Platz | Name | BSG | Punkte |
|-------|-------------------------|-------------|--------|
| 1 | Giesen, Britta | Laufwerk | 22 |
| 2 | Liebendörfer, Christine | Laufladen | 15 |
| | Hennecke, Anke | Deut.Bank | 15 |
| 4 | Neundörfer, Rebecca | Gaden | 12 |
| 5 | Reuschlein, Katja | Beiersdorf | 10 |
| 6 | Klinkhardt, Gaby | Laufladen | 8 |
| | Recht, Janette | HSH-NORDB. | 8 |
| 8 | Isenberg, Verena Cécile | Tchibo | 6 |
| | Heinsohn, Christin | Berenberg | 6 |
| 10 | Sprenger, Christin | Laufladen | 5 |
| | Fahnenbruck, Nele | Polizei HH | 5 |
| 12 | Foltin, Ulrike | Laufladen | 4 |
| | Westerfeld, Sabine | ELBE-Sport | 4 |
| 14 | Schlack, Carolin | Laufladen | 3 |
| | Nentwig, Karin | Airbus | 3 |
| 16 | Heuer, Annika | Gaden | 2 |
| | Lappe, Kathrin | Kühne+Nagel | 2 |
| 18 | Kolleman, Sabine | Laufladen | 1 |
| | Krahn, Sylvia | Commerz-B. | 1 |

VORLÄUFIG

Kurzstrecke Championsrace Herren

| Platz | Name | BSG | Punkte |
|--------------|--------------------|--------------|---------------|
| 1 | Matzke, Herwig | PHILIPS | 30 |
| 2 | Schmidt, Birger | Polizei HH | 20 |
| 3 | Kupper, Frank | TUV-Nord | 13 |
| 4 | Winter, Christian | ERGOsports | 12 |
| | Glasenapp, Jan | PHILIPS | 12 |
| 6 | Wams, Martin | Gaden | 8 |
| 7 | Meyer-Reim, Utz | DG-HYP | 6 |
| | Ahlfeld, Carsten | TUV-Nord | 6 |
| 9 | Herzberg, Andreas | Airbus | 5 |
| 10 | Hegemann, Bernd | G+J | 4 |
| | Möller, Andre | Energie SV H | 4 |
| 12 | Krause, Jan | G+J | 3 |
| | Jeschke, Ottmar | Laufwerk | 3 |
| 14 | Skwirblies, Martin | Laufwerk | 2 |
| | Schwenck, Jonatan | HSH-NORDB. | 2 |
| 16 | Gaebert, Günter | HSH-NORDB. | 1 |
| | Liebers, Ralf | Zoll | 1 |
| | Kaiser, Peter | Lufthansa | 1 |

VORLÄUFIG

Langstrecke Championsrace Herren

| Platz | Name | BSG | Punkte |
|--------------|-----------------------|------------|---------------|
| 1 | Rohlf, Torben | Laufwerk | 18 |
| 2 | Harwardt, Thorsten | Laufladen | 15 |
| | Schaffeld, Timo | HSU HH | 15 |
| 4 | Koudougou, Halidou | PHILIPS | 14 |
| 5 | Wittmar, Johannes | OTTO | 12 |
| 6 | Kiehl, Thorsten | Airbus | 11 |
| 7 | Ebel, Thomas | NDR | 10 |
| 8 | Zielinski, Dieter | HapagLloyd | 8 |
| 9 | Giesen, Frank | Laufwerk | 6 |
| | Reckewerth, Alexander | NDR | 6 |
| 11 | Kasch, Winald | Laufladen | 5 |
| 12 | Conrad, Bernd | Laufladen | 4 |
| 13 | Bietke, Dirk | TUV-Nord | 3 |
| | Warneck, Marco | NDR | 3 |
| 15 | Landgraf, Stefan | Beiersdorf | 1 |
| | Keiner, Jens | Berenberg | 1 |

VORLÄUFIG

FAQ

Was sind M/W50+ Mannschaften?

Hierbei handelt es sich um eine zusätzliche Auswertung für Mannschaften. In eine M/W50+ Mannschaft kommen Männer und Frauen (die Mannschaft kann also mixed sein), die zur Altersklasse M50 oder W50 oder höher gehören. Für die Wertung wird die Gesamteinlaufliste genommen (Männer und Frauen in einer Einlaufliste. Die addierten Platzziffern ergeben das Gesamtergebnis der Mannschaft. Läufer aus den jüngeren Altersklassen werden zuerst entfernt und die Platzziffern entsprechend korrigiert.

Was ist das Championsrace?

Unter dem Championsrace verstehen wir eine informative Auswertung der besten 10 Läufer in einem Lauf. Im Championsrace werden also nur die besten gewertet. Man erhält am Ende den den Gesamtsieger der Serie.

Die Punkteverteilung ergibt sich aus der jeweiligen Platzierung. Der Sieger erhält 15 Punkte, der Zweite 12, dann 10, 8, 6, 5, 4, 3, 2, 1 Punkte. Die Punkte aller Läufe werden zusammengezählt. Es gibt keine Streichergebnisse, jeder Lauf zählt. Es gewinnt am Ende der Serie derjenige, der die meisten Punkte gesammelt hat.

VORLÄUFIG