

## BSV Sommer-Cup 2026 (Serie)

## Kurzstrecke Damen

## Altersklasse D

|                   |              |   |   |   |   |   |   |   |
|-------------------|--------------|---|---|---|---|---|---|---|
| 1 Golombek, Elina | ERGOsports   | - | 1 | - | - | - | - | 3 |
| 2 Regolin, Lea    | Energie SV H | - | 2 | - | - | - | - | 6 |

## Altersklasse W30

|                   |            |   |   |   |   |   |   |   |
|-------------------|------------|---|---|---|---|---|---|---|
| 1 Scherff, Aileen | HH Airport | - | 1 | - | - | - | - | 3 |
|-------------------|------------|---|---|---|---|---|---|---|

## Altersklasse W35

|                      |            |   |   |   |   |   |   |   |
|----------------------|------------|---|---|---|---|---|---|---|
| 1 Wöstmann, Julia    | Laufladen  | - | 1 | - | - | - | - | 3 |
| 2 Köhler, Katharina  | TUV-Nord   | 1 | 2 | - | - | - | - | 5 |
| 3 Prestin, Kim       | TUV-Nord   | 2 | - | - | - | - | - | 6 |
| 4 Schlawinsky, Laura | Knossos.de | - | 3 | - | - | - | - | 9 |

## Altersklasse W40

|                  |           |   |   |   |   |   |   |   |
|------------------|-----------|---|---|---|---|---|---|---|
| 1 Porzberg, Dana | Laufladen | - | 1 | - | - | - | - | 3 |
| 2 Wittmar, Anna  | Laufladen | 1 | 2 | - | - | - | - | 5 |
| 3 Heinrich, Nina | Krüss-OSH | - | 3 | - | - | - | - | 9 |

## Altersklasse W45

|                      |              |   |   |   |   |   |   |    |
|----------------------|--------------|---|---|---|---|---|---|----|
| 1 Felchner, Carola   | wellnuss.de  | 1 | 1 | - | - | - | - | 3  |
| 2 Guenzi, Elena      | HapagLloyd   | 2 | 2 | - | - | - | - | 6  |
| 3 Baron, Franziska   | Polizei HH   | 3 | 3 | - | - | - | - | 9  |
| 4 Thiele, Sari       | Energie SV H | - | 4 | - | - | - | - | 12 |
| 5 Seise, Anja        | ERGOsports   | - | 5 | - | - | - | - | 15 |
| Strauchmann, Maraike | HEK          | 4 | 6 | - | - | - | - | 15 |

## Altersklasse W50

|                     |              |   |   |   |   |   |   |    |
|---------------------|--------------|---|---|---|---|---|---|----|
| 1 Pries, Daniela    | Tchibo       | - | 1 | - | - | - | - | 3  |
| 2 Scharf, Nicole    | Signal Iduna | - | 2 | - | - | - | - | 6  |
| 3 Hillmann, Iris    | EDEKA        | 1 | 4 | - | - | - | - | 8  |
| 4 Slomski, Birgit   | Laufladen    | - | 3 | - | - | - | - | 9  |
| 5 McGovern, Roberta | HapagLloyd   | 2 | 5 | - | - | - | - | 11 |

## Altersklasse W55

|                      |              |   |    |   |   |   |   |    |
|----------------------|--------------|---|----|---|---|---|---|----|
| 1 Becker, Barbara    | Polizei HH   | 1 | 1  | - | - | - | - | 3  |
| 2 Schierau, Marlen   | Laufladen    | - | 2  | - | - | - | - | 6  |
| 3 Knoop, Ines        | ERGOsports   | - | 3  | - | - | - | - | 9  |
| Dreier, Dagmar       | TUV-Nord     | 2 | 4  | - | - | - | - | 9  |
| 5 Engelmann, Heike   | Polizei HH   | 3 | 5  | - | - | - | - | 12 |
| Plötzky, Kirsten     | Signal Iduna | 4 | -  | - | - | - | - | 12 |
| 7 Gloris, Sonja      | TUV-Nord     | - | 6  | - | - | - | - | 18 |
| 8 Luderer, Britt     | ERGOsports   | - | 7  | - | - | - | - | 21 |
| Schliephake, Katrin  | Lufthansa    | 5 | 9  | - | - | - | - | 21 |
| 10 Sievers, Susanne  | ERGOsports   | - | 8  | - | - | - | - | 24 |
| 11 Steinbach, Sabine | Signal Iduna | - | 10 | - | - | - | - | 30 |

## Altersklasse W60

|                       |              |   |   |   |   |   |   |   |
|-----------------------|--------------|---|---|---|---|---|---|---|
| 1 Glöde, Jutta        | Lufthansa    | - | 1 | - | - | - | - | 3 |
| 2 Zuncke, Sonja       | Polizei HH   | 1 | 2 | - | - | - | - | 5 |
| 3 Buß, Dirka          | AK Nord      | - | 3 | - | - | - | - | 9 |
| Reese-Theege, Kirsten | Signal Iduna | 2 | 4 | - | - | - | - | 9 |

## Altersklasse W65

|                        |            |   |   |   |   |   |   |   |
|------------------------|------------|---|---|---|---|---|---|---|
| 1 Bühler-Becker, Heidi | G+J        | 1 | 1 | - | - | - | - | 3 |
| 2 Stahlbock, Astrid    | ERGOsports | 3 | 2 | - | - | - | - | 8 |
| Lohstroh, Ellen        | HPA        | 2 | 3 | - | - | - | - | 8 |

## Altersklasse W70

|                  |            |   |   |   |   |   |   |   |
|------------------|------------|---|---|---|---|---|---|---|
| 1 Marthiens, Ute | Polizei HH | 1 | 1 | - | - | - | - | 3 |
|------------------|------------|---|---|---|---|---|---|---|

Serienwertung

Altersklasse W85  
1 Clausen, Sylvia

ERGOsports 1 1 - - - - 3

VORLÄUFIG

## Langstrecke Damen

## Altersklasse D

|                     |        |   |   |   |   |   |   |   |
|---------------------|--------|---|---|---|---|---|---|---|
| 1 Löffler, Cläre    | WTM HH | 1 | 1 | - | - | - | - | 3 |
| 2 Rosner, Katharina | Zoll   | - | 2 | - | - | - | - | 6 |

## Altersklasse W30

|                  |              |   |   |   |   |   |   |   |
|------------------|--------------|---|---|---|---|---|---|---|
| 1 Clauss, Saskia | Signal Iduna | - | 1 | - | - | - | - | 3 |
| Stein, Theresa   | HEK          | 1 | - | - | - | - | - | 3 |

## Altersklasse W35

|                        |            |   |   |   |   |   |   |   |
|------------------------|------------|---|---|---|---|---|---|---|
| 1 Mezele, Pina         | Laufladen  | - | 1 | - | - | - | - | 3 |
| Tell, Johanna          | HapagLloyd | 1 | - | - | - | - | - | 3 |
| 3 Pietzsch, Corinna    | HapagLloyd | - | 2 | - | - | - | - | 6 |
| Albert, Nicole Antonia | HPA        | 2 | - | - | - | - | - | 6 |
| 5 Steinhoff, Anita     | WTM HH     | - | 3 | - | - | - | - | 9 |

## Altersklasse W40

|                         |            |   |   |   |   |   |   |    |
|-------------------------|------------|---|---|---|---|---|---|----|
| 1 Brockmann, Christina  | Airbus     | 1 | - | - | - | - | - | 3  |
| 2 Schultz, Eva          | Airbus     | 2 | 1 | - | - | - | - | 5  |
| 3 Benten Patury, Indira | Airbus     | 3 | 2 | - | - | - | - | 8  |
| 4 Peterburs, Jutta      | Laufladen  | - | 3 | - | - | - | - | 9  |
| 5 Werner, Kristina      | Krüss-OSH  | 4 | - | - | - | - | - | 12 |
| 6 Schmidt, Karen        | ERGOsports | 5 | 4 | - | - | - | - | 14 |

## Altersklasse W45

|                             |            |   |   |   |   |   |   |    |
|-----------------------------|------------|---|---|---|---|---|---|----|
| 1 Aschbermer, Jana          | TÜV-Nord   | - | 1 | - | - | - | - | 3  |
| 2 Schmidt-Berbatovci, Julia | Krüss-OSH  | - | 2 | - | - | - | - | 6  |
| Bessen, Hjordis             | Berenberg  | 1 | 3 | - | - | - | - | 6  |
| 4 Nachtigäller, Iris        | G+J        | 2 | 4 | - | - | - | - | 9  |
| 5 Wilken, Maren             | Beiersdorf | 3 | 5 | - | - | - | - | 12 |

## Altersklasse W50

|                   |           |   |   |   |   |   |   |   |
|-------------------|-----------|---|---|---|---|---|---|---|
| 1 Pries, Daniela  | Tchibo    | - | 1 | - | - | - | - | 3 |
| 2 Slomski, Birgit | Laufladen | - | 2 | - | - | - | - | 6 |
| 3 Kaßen, Dortje   | Laufladen | - | 3 | - | - | - | - | 9 |

## Altersklasse W55

|                      |              |   |   |   |   |   |   |    |
|----------------------|--------------|---|---|---|---|---|---|----|
| 1 Venjakob, Isabel   | Laufladen    | - | 1 | - | - | - | - | 3  |
| Schönwälder, Claudia | Laufladen    | 1 | - | - | - | - | - | 3  |
| 3 Kutschka, Anja     | ERGOsports   | - | 2 | - | - | - | - | 6  |
| 4 Buchmann, Sigrid   | Laufladen    | 2 | 3 | - | - | - | - | 8  |
| 5 Vollmers, Anja     | Signal Iduna | - | 4 | - | - | - | - | 12 |
| 6 Heinsohn, Christin | Berenberg    | - | 5 | - | - | - | - | 15 |

## Altersklasse W60

|                   |            |   |   |   |   |   |   |   |
|-------------------|------------|---|---|---|---|---|---|---|
| 1 Staas, Kirsten  | Krüss-OSH  | - | 1 | - | - | - | - | 3 |
| Glöde, Jutta      | Lufthansa  | 1 | - | - | - | - | - | 3 |
| 3 Pax, Katrin     | Laufladen  | 2 | - | - | - | - | - | 6 |
| 4 Fönschau, Silke | ERGOsports | 3 | 2 | - | - | - | - | 8 |

## Altersklasse W65

|                   |           |   |   |   |   |   |   |   |
|-------------------|-----------|---|---|---|---|---|---|---|
| 1 Nentwig, Karin  | Airbus    | - | 1 | - | - | - | - | 3 |
| 2 Macheit, Monika | Laufladen | - | 2 | - | - | - | - | 6 |

## Altersklasse W70

|                 |            |   |   |   |   |   |   |   |
|-----------------|------------|---|---|---|---|---|---|---|
| 1 Hoeft, Gesine | Laufladen  | - | 1 | - | - | - | - | 3 |
| 2 Sagert, Erika | HapagLloyd | - | 2 | - | - | - | - | 6 |

## Kurzstrecke Herren

## Altersklasse MJ

|                      |            |   |   |   |   |   |   |   |
|----------------------|------------|---|---|---|---|---|---|---|
| 1 Wittmar, Simon     | Laufladen  | 1 | 1 | - | - | - | - | 3 |
| 2 Schmidt, Alexander | Polizei HH | - | 2 | - | - | - | - | 6 |
| Wittmar, Jonas       | Laufladen  | 2 | - | - | - | - | - | 6 |
| 4 Wienberg, Tore     | Laufladen  | - | 3 | - | - | - | - | 9 |

## Altersklasse M

|                 |              |   |   |   |   |   |   |   |
|-----------------|--------------|---|---|---|---|---|---|---|
| 1 Reese, Johann | Energie SV H | - | 1 | - | - | - | - | 3 |
|-----------------|--------------|---|---|---|---|---|---|---|

## Altersklasse M30

|               |            |   |   |   |   |   |   |   |
|---------------|------------|---|---|---|---|---|---|---|
| 1 Sohl, Lukas | TÜV-Nord   | 1 | - | - | - | - | - | 3 |
| 2 Poppe, Lars | ERGOsports | 2 | 1 | - | - | - | - | 5 |

## Altersklasse M35

|                             |            |   |   |   |   |   |   |   |
|-----------------------------|------------|---|---|---|---|---|---|---|
| 1 Uliczka, Jörn             | HapagLloyd | - | 1 | - | - | - | - | 3 |
| 2 Thormann, Tobias          | Airbus     | 1 | 2 | - | - | - | - | 5 |
| 3 Ramamoorthy, Giri Prasath | ERGOsports | - | 3 | - | - | - | - | 9 |

## Altersklasse M40

|                     |          |   |   |   |   |   |   |   |
|---------------------|----------|---|---|---|---|---|---|---|
| 1 Scholz, Christian | Haspa    | - | 1 | - | - | - | - | 3 |
| 2 Bramer, Marco     | PHILIPS  | - | 2 | - | - | - | - | 6 |
| 3 Tawussi, Frank    | TÜV-Nord | - | 3 | - | - | - | - | 9 |

## Altersklasse M45

|                     |              |   |   |   |   |   |   |    |
|---------------------|--------------|---|---|---|---|---|---|----|
| 1 Winter, Christian | ERGOsports   | 1 | 1 | - | - | - | - | 3  |
| 2 Kutschera, Sven   | Tchibo       | - | 2 | - | - | - | - | 6  |
| 3 Zachos, Dimitrios | HEK          | 2 | 3 | - | - | - | - | 8  |
| 4 Juhl, Andreas     | Energie SV H | - | 4 | - | - | - | - | 12 |

## Altersklasse M50

|                   |             |   |   |   |   |   |   |   |
|-------------------|-------------|---|---|---|---|---|---|---|
| 1 Büchel, Thomas  | BSV Holborn | 1 | 1 | - | - | - | - | 3 |
| 2 Becker, Michael | G+J         | 2 | 2 | - | - | - | - | 6 |

## Altersklasse M55

|                       |              |   |   |   |   |   |   |    |
|-----------------------|--------------|---|---|---|---|---|---|----|
| 1 Krastev, Ulli       | BACARDI      | - | 1 | - | - | - | - | 3  |
| 2 Scholz, Stephan     | HPA          | - | 2 | - | - | - | - | 6  |
| Kück, Oliver          | Energie SV H | 1 | 3 | - | - | - | - | 6  |
| Philippi-Laur, Martin | Signal Iduna | 2 | - | - | - | - | - | 6  |
| 5 Denker, Karsten     | Energie SV H | - | 4 | - | - | - | - | 12 |
| Scharf, Dietmar       | Signal Iduna | 3 | 5 | - | - | - | - | 12 |
| 7 Jahrbeck, Joachim   | HPA          | 4 | 7 | - | - | - | - | 17 |
| 8 Hintz, Dr. Martin   | ERGOsports   | - | 6 | - | - | - | - | 18 |

## Altersklasse M60

|                       |           |   |   |   |   |   |   |    |
|-----------------------|-----------|---|---|---|---|---|---|----|
| 1 Kupper, Frank       | TÜV-Nord  | 1 | - | - | - | - | - | 3  |
| 2 Thorborg, Nils      | Deut.Bank | 3 | 1 | - | - | - | - | 6  |
| Schröder, Birger      | NDR       | 2 | - | - | - | - | - | 6  |
| 4 Waldtmann, Andreas  | HPA       | 4 | 2 | - | - | - | - | 9  |
| Ganschow, Sven Robert | SRHH      | - | 3 | - | - | - | - | 9  |
| 6 Möller, Thomas      | Airbus    | - | 4 | - | - | - | - | 12 |

## Altersklasse M65

|                       |              |   |   |   |   |   |   |    |
|-----------------------|--------------|---|---|---|---|---|---|----|
| 1 Petsch, Wolfgang    | Signal Iduna | - | 1 | - | - | - | - | 3  |
| 2 Wulff, Helmut       | HPA          | 1 | 2 | - | - | - | - | 5  |
| 3 Lange, Klaus-Peter  | HH Airport   | 2 | - | - | - | - | - | 6  |
| 4 Loges, Horst-Dieter | HH Airport   | - | 3 | - | - | - | - | 9  |
| 5 Paschold, Rüdiger   | PHILIPS      | - | 4 | - | - | - | - | 12 |

## Altersklasse M70

|                 |              |   |   |   |   |   |   |   |
|-----------------|--------------|---|---|---|---|---|---|---|
| 1 Stamm, Volker | Signal Iduna | 1 | 1 | - | - | - | - | 3 |
| 2 Eis, Walter   | DESY         | - | 2 | - | - | - | - | 6 |
| Wolff, Mario    | Deut.Bank    | 2 | - | - | - | - | - | 6 |

Serienwertung

Altersklasse M75

|   |                   |              |   |   |   |   |   |   |   |
|---|-------------------|--------------|---|---|---|---|---|---|---|
| 1 | Kozieras, Norbert | ERGOsports   | - | 1 | - | - | - | - | 3 |
|   | Hummel, Thomas    | Energie SV H | 1 | - | - | - | - | - | 3 |
| 3 | Rohde, Kurt       | Signal Iduna | 2 | 2 | - | - | - | - | 6 |

Altersklasse M80

|   |                |            |   |   |   |   |   |   |   |
|---|----------------|------------|---|---|---|---|---|---|---|
| 1 | Kühl, Bernd    | ELBE-Sport | - | 1 | - | - | - | - | 3 |
| 2 | Gläser, Heinz  | ELBE-Sport | 1 | 2 | - | - | - | - | 5 |
| 3 | Schwenck, Jörn | Haspa      | 2 | 3 | - | - | - | - | 8 |
| 4 | Orlowski, Rolf | PHILIPS    | 3 | - | - | - | - | - | 9 |

VORLÄUFIG

## Langstrecke Herren

## Altersklasse M

|                  |              |   |   |   |   |   |   |   |
|------------------|--------------|---|---|---|---|---|---|---|
| 1 Böttcher, Nick | Laufladen    | - | 1 | - | - | - | - | 3 |
| 2 Reese, Johann  | Energie SV H | 1 | 2 | - | - | - | - | 5 |

## Altersklasse M30

|                         |              |   |   |   |   |   |   |    |
|-------------------------|--------------|---|---|---|---|---|---|----|
| 1 Ingwersen, Jan        | Laufladen    | 1 | 1 | - | - | - | - | 3  |
| 2 Bulla, Benedikt       | Energie SV H | 2 | 2 | - | - | - | - | 6  |
| 3 Korschenko, Ilja      | Energie SV H | - | 3 | - | - | - | - | 9  |
| Timm, Philipp           | Polizei HH   | 3 | - | - | - | - | - | 9  |
| 5 Jerger, Felix         | WTM HH       | 4 | 4 | - | - | - | - | 12 |
| 6 Gebhard, Lukas        | WTM HH       | - | 5 | - | - | - | - | 15 |
| 7 Wilczynski, Sebastian | Nordmark     | 5 | 6 | - | - | - | - | 17 |

## Altersklasse M35

|                       |              |   |   |   |   |   |   |    |
|-----------------------|--------------|---|---|---|---|---|---|----|
| 1 Ranke, Philipp      | Laufwerk     | - | 1 | - | - | - | - | 3  |
| 2 Czoschke, Rene      | HPA          | 1 | 2 | - | - | - | - | 5  |
| 3 Winkeler, Tobias    | Nordmark     | 2 | - | - | - | - | - | 6  |
| 4 Huhn, Philipp       | Laufladen    | - | 3 | - | - | - | - | 9  |
| 5 Wöstmann, Sebastian | Zoll         | 3 | 4 | - | - | - | - | 11 |
| 6 Reinke, Steffen     | WTM HH       | - | 5 | - | - | - | - | 15 |
| Fennen, Dr. Michael   | ERGOsports   | 4 | 6 | - | - | - | - | 15 |
| Emendörfer, Yannic    | Laufladen    | 5 | - | - | - | - | - | 15 |
| 9 Kirsanov, Simon     | Signal Iduna | 6 | - | - | - | - | - | 18 |
| 10 Loss, Alexander    | WTM HH       | - | 7 | - | - | - | - | 21 |

## Altersklasse M40

|                          |              |   |    |   |   |   |   |    |
|--------------------------|--------------|---|----|---|---|---|---|----|
| 1 Lautenschläger, Pascal | Laufladen    | - | 1  | - | - | - | - | 3  |
| 2 Schmidt, Birger        | Polizei HH   | - | 2  | - | - | - | - | 6  |
| Kiehl, Thorsten          | Airbus       | 1 | 3  | - | - | - | - | 6  |
| 4 Klinge, Christian      | HapagLloyd   | 3 | -  | - | - | - | - | 9  |
| 5 Wilde, Tim             | HapagLloyd   | - | 4  | - | - | - | - | 12 |
| Deren, Slawomir          | Energie SV H | 4 | -  | - | - | - | - | 12 |
| 7 Höhne, David           | Energie SV H | - | 5  | - | - | - | - | 15 |
| Twesten, Dennis          | Stern        | 2 | 8  | - | - | - | - | 15 |
| 9 Holt, Johannes         | ERGOsports   | 6 | 6  | - | - | - | - | 18 |
| 10 Pusch, Christian      | EDEKA        | - | 7  | - | - | - | - | 21 |
| Ruf, Martin              | EDEKA        | 5 | 9  | - | - | - | - | 21 |
| 12 Uffmann, Sebastian    | HapagLloyd   | - | 10 | - | - | - | - | 30 |
| 13 Frank, Eike           | ERGOsports   | - | 11 | - | - | - | - | 33 |
| 14 Bramer, Marco         | PHILIPS      | - | 12 | - | - | - | - | 36 |

## Altersklasse M45

|                      |              |   |    |   |   |   |   |    |
|----------------------|--------------|---|----|---|---|---|---|----|
| 1 Bruckner, Falko    | Nordmark     | 1 | 1  | - | - | - | - | 3  |
| 2 Koudougou, Halidou | PHILIPS      | - | 2  | - | - | - | - | 6  |
| 3 Kutschera, Sven    | Tchibo       | - | 3  | - | - | - | - | 9  |
| 4 Sprenger, Mathias  | Energie SV H | 3 | 4  | - | - | - | - | 11 |
| 5 Kurch, Sebastian   | Airbus       | 2 | 6  | - | - | - | - | 12 |
| Sägert, Jan          | wellnuss.de  | 4 | -  | - | - | - | - | 12 |
| 7 Lahmann, Hauke     | Laufladen    | - | 5  | - | - | - | - | 15 |
| 8 Willsch, Pascal    | Lufthansa    | 5 | 7  | - | - | - | - | 18 |
| Wegert, Danny        | G+J          | 6 | -  | - | - | - | - | 18 |
| 10 Busse, Hagen      | DZ HYP       | - | 8  | - | - | - | - | 24 |
| 11 Kuhr, Jan-Oliver  | ERGOsports   | 7 | 10 | - | - | - | - | 26 |
| 12 Albers, Andrea    | Laufladen    | - | 9  | - | - | - | - | 27 |

## Altersklasse M50

|                    |              |   |   |   |   |   |   |    |
|--------------------|--------------|---|---|---|---|---|---|----|
| 1 Stephan, Achim   | wellnuss.de  | 1 | 1 | - | - | - | - | 3  |
| 2 Neumann, Uwe     | FA HH        | - | 2 | - | - | - | - | 6  |
| 3 Reschke, Mark    | HPA          | 2 | 3 | - | - | - | - | 8  |
| 4 Weitmann, Daniel | Signal Iduna | - | 4 | - | - | - | - | 12 |
| Schubert, Ralph    | HapagLloyd   | 3 | 5 | - | - | - | - | 12 |
| 6 Zerbe, Guido     | Signal Iduna | - | 6 | - | - | - | - | 18 |

Altersklasse M55

|    |                          |              |    |    |   |   |   |   |    |
|----|--------------------------|--------------|----|----|---|---|---|---|----|
| 1  | Banck, Sönke             | ERGOsports   | 1  | 1  | - | - | - | - | 3  |
| 2  | Krastev, Ulli            | BACARDI      | -  | 2  | - | - | - | - | 6  |
|    | Jansen, Thies            | Airbus       | 2  | -  | - | - | - | - | 6  |
| 4  | Ahlfeld, Carsten         | TÜV-Nord     | -  | 3  | - | - | - | - | 9  |
| 5  | Bietke, Dirk             | TÜV-Nord     | -  | 4  | - | - | - | - | 12 |
|    | Rohlf, Dirk              | Laufladen    | 4  | -  | - | - | - | - | 12 |
| 7  | Breitenstein, Andre      | Laufladen    | 3  | 6  | - | - | - | - | 14 |
| 8  | Schaake-Scholl, Ilja Che | EDEKA        | -  | 5  | - | - | - | - | 15 |
|    | Vollmers, Thomas         | Signal Iduna | 5  | -  | - | - | - | - | 15 |
| 10 | Dircks, Carsten          | ERGOsports   | 6  | -  | - | - | - | - | 18 |
| 11 | Scholz, Stephan          | HPA          | -  | 7  | - | - | - | - | 21 |
| 12 | Balzer, Klaus            | Zoll         | -  | 8  | - | - | - | - | 24 |
| 13 | Seliger, Niels-Michael   | Tchibo       | 8  | 9  | - | - | - | - | 26 |
| 14 | Dose, Jörg               | Knossos.de   | 9  | -  | - | - | - | - | 27 |
| 15 | Schröder, Folke          | ERGOsports   | -  | 10 | - | - | - | - | 30 |
|    | Voß, Thomas              | Deut.Bank    | 7  | 13 | - | - | - | - | 30 |
|    | Schuster, Axel           | G+J          | 10 | -  | - | - | - | - | 30 |
| 18 | Sperfeld, Dirk           | EDEKA        | -  | 11 | - | - | - | - | 33 |
| 19 | Manthei, Jan             | Signal Iduna | 11 | 12 | - | - | - | - | 35 |
| 20 | Plötzky, Lars            | Signal Iduna | 12 | -  | - | - | - | - | 36 |
| 21 | Vierling, Heiko          | Polizei HH   | -  | 14 | - | - | - | - | 42 |
| 22 | Dreise, Gösta            | PHILIPS      | -  | 15 | - | - | - | - | 45 |

Altersklasse M60

|    |                    |             |   |    |   |   |   |   |    |
|----|--------------------|-------------|---|----|---|---|---|---|----|
| 1  | Gauger, Jens       | Laufladen   | - | 1  | - | - | - | - | 3  |
|    | Schirduan, Stefan  | Postbank-H  | 1 | -  | - | - | - | - | 3  |
| 3  | Gniechwitz, Peter  | Nordmark    | - | 2  | - | - | - | - | 6  |
| 4  | Walter, Uwe        | Laufladen   | - | 3  | - | - | - | - | 9  |
|    | Geiß, Christian    | ERGOsports  | 2 | 4  | - | - | - | - | 9  |
| 6  | Happe, Jens        | Laufladen   | - | 5  | - | - | - | - | 15 |
|    | Hübener, Matthias  | ERGOsports  | 5 | -  | - | - | - | - | 15 |
| 8  | Trümper, Michael   | Airbus      | - | 6  | - | - | - | - | 18 |
| 9  | Swoboda, Peter     | Nordmark    | 4 | 9  | - | - | - | - | 20 |
| 10 | Freitag, Jens      | Laufladen   | - | 7  | - | - | - | - | 21 |
| 11 | Persiel, Arne      | Commerzbank | - | 8  | - | - | - | - | 24 |
|    | Rooseboom, Markus  | DZ HYP      | 3 | 13 | - | - | - | - | 24 |
| 13 | Drengwitz, Andreas | Laufladen   | - | 10 | - | - | - | - | 30 |
| 14 | Feldmann, Thomas   | Krüss-OSH   | - | 11 | - | - | - | - | 33 |
| 15 | Grove, Frank       | WTM HH      | - | 12 | - | - | - | - | 36 |

Altersklasse M65

|    |                   |              |   |   |   |   |   |   |    |
|----|-------------------|--------------|---|---|---|---|---|---|----|
| 1  | Krüger, Wilfried  | Polizei HH   | 1 | 1 | - | - | - | - | 3  |
| 2  | Babinsky, Dierk   | Laufladen    | - | 2 | - | - | - | - | 6  |
| 3  | Timm, Thomas      | PHILIPS      | - | 3 | - | - | - | - | 9  |
|    | Bulla, Bernhard   | Energie SV H | 2 | 4 | - | - | - | - | 9  |
|    | Geerke, Jörg      | HHLÄ         | 3 | - | - | - | - | - | 9  |
| 6  | Nisch, Ralf       | AlbeDiakon   | 4 | - | - | - | - | - | 12 |
| 7  | Ehrke, Michael    | ERGOsports   | - | 5 | - | - | - | - | 15 |
| 8  | Leske, Dieter     | Signal Iduna | - | 6 | - | - | - | - | 18 |
| 9  | Felger, Fritz     | Airbus       | - | 7 | - | - | - | - | 21 |
|    | Haasenleder, Ralf | Alto-Nabe    | 5 | 9 | - | - | - | - | 21 |
| 11 | Holst, Günter     | WTM HH       | - | 8 | - | - | - | - | 24 |

Altersklasse M70

|   |              |           |   |   |   |   |   |   |   |
|---|--------------|-----------|---|---|---|---|---|---|---|
| 1 | Rosner, Ingo | Krüss-OSH | - | 1 | - | - | - | - | 3 |
|---|--------------|-----------|---|---|---|---|---|---|---|

Altersklasse M75

|   |              |            |   |   |   |   |   |   |   |
|---|--------------|------------|---|---|---|---|---|---|---|
| 1 | Meyer, Peter | Postbank-H | - | 1 | - | - | - | - | 3 |
|---|--------------|------------|---|---|---|---|---|---|---|

Altersklasse M80

|   |                  |        |   |   |   |   |   |   |   |
|---|------------------|--------|---|---|---|---|---|---|---|
| 1 | Graudenz, Eckart | Airbus | - | 1 | - | - | - | - | 3 |
|---|------------------|--------|---|---|---|---|---|---|---|

## Kurzstrecke Damenmannschaften

|   |              |   |   |   |   |   |   |   |    |
|---|--------------|---|---|---|---|---|---|---|----|
| 1 | Polizei HH   | 1 | 1 | 1 | - | - | - | - | 3  |
| 2 | Laufladen    | 1 | - | 2 | - | - | - | - | 6  |
| 3 | ERGOsports   | 1 | - | 3 | - | - | - | - | 9  |
|   | TUV-Nord     | 1 | 2 | 4 | - | - | - | - | 9  |
| 5 | ERGOsports   | 2 | - | 5 | - | - | - | - | 15 |
| 6 | Signal Iduna | 1 | - | 6 | - | - | - | - | 18 |

VORLÄUFIG

## Langstrecke Damenmannschaften

|              |   |   |   |   |   |   |   |    |
|--------------|---|---|---|---|---|---|---|----|
| 1 Airbus     | 1 | 1 | 1 | - | - | - | - | 3  |
| 2 Laufladen  | 1 | 2 | 2 | - | - | - | - | 6  |
| 3 ERGOsports | 1 | - | 3 | - | - | - | - | 9  |
| 4 Laufladen  | 2 | - | 4 | - | - | - | - | 12 |

VORLÄUFIG

## Kurzstrecke Herrenmannschaften

|   |              |   |   |   |   |   |   |   |   |
|---|--------------|---|---|---|---|---|---|---|---|
| 1 | ERGOsports   | 1 | - | 1 | - | - | - | - | 3 |
| 2 | Energie SV H | 1 | - | 2 | - | - | - | - | 6 |
| 3 | HPA          | 1 | 2 | 3 | - | - | - | - | 8 |
|   | Signal Iduna | 1 | 1 | 4 | - | - | - | - | 8 |

VORLÄUFIG

## Langstrecke Herrenmannschaften

|    |              |   |   |    |   |   |   |   |    |
|----|--------------|---|---|----|---|---|---|---|----|
| 1  | Laufladen    | 1 | 2 | 1  | - | - | - | - | 5  |
| 2  | Laufladen    | 2 | - | 2  | - | - | - | - | 6  |
| 3  | ERGOsports   | 1 | 4 | 3  | - | - | - | - | 11 |
|    | Energie SV H | 1 | 3 | 4  | - | - | - | - | 11 |
| 5  | HPA          | 1 | - | 5  | - | - | - | - | 15 |
|    | Airbus       | 1 | 1 | 9  | - | - | - | - | 15 |
| 7  | WTM HH       | 1 | - | 6  | - | - | - | - | 18 |
| 8  | Nordmark     | 1 | 5 | 8  | - | - | - | - | 20 |
| 9  | EDEKA        | 1 | - | 7  | - | - | - | - | 21 |
| 10 | Laufladen    | 3 | - | 10 | - | - | - | - | 30 |
| 11 | HapagLloyd   | 1 | - | 11 | - | - | - | - | 33 |
|    | ERGOsports   | 2 | 7 | 15 | - | - | - | - | 33 |
| 13 | Signal Iduna | 1 | 6 | 17 | - | - | - | - | 35 |
| 14 | Energie SV H | 2 | - | 12 | - | - | - | - | 36 |
| 15 | PHILIPS      | 1 | - | 13 | - | - | - | - | 39 |
| 16 | Polizei HH   | 1 | - | 14 | - | - | - | - | 42 |
| 17 | Laufladen    | 4 | - | 16 | - | - | - | - | 48 |
| 18 | WTM HH       | 2 | - | 18 | - | - | - | - | 54 |

VORLÄUFIG

VORLÄUFIG

## Kurzstrecke Championsrace Damen

| <b>Platz</b> | <b>Name</b>          | <b>BSG</b>  | <b>Punkte</b> |
|--------------|----------------------|-------------|---------------|
| 1            | Becker, Barbara      | Polizei HH  | 30            |
| 2            | Felchner, Carola     | wellnuss.de | 24            |
| 3            | Guenzi, Elena        | HapagLloyd  | 16            |
| 4            | Baron, Franziska     | Polizei HH  | 13            |
| 5            | Pries, Daniela       | Tchibo      | 10            |
| 6            | Glöde, Jutta         | Lufthansa   | 8             |
| 7            | Wittmar, Anna        | Laufladen   | 6             |
| 8            | Dreier, Dagmar       | TUV-Nord    | 5             |
| 9            | Engelmann, Heike     | Polizei HH  | 4             |
|              | Schierau, Marlen     | Laufladen   | 4             |
| 11           | Köhler, Katharina    | TUV-Nord    | 3             |
|              | Golombek, Elina      | ERGOsports  | 3             |
| 13           | Bühler-Becker, Heidi | G+J         | 2             |
|              | Porzberg, Dana       | Laufladen   | 2             |
| 15           | Strauchmann, Maraike | HEK         | 1             |
|              | Wöstmann, Julia      | Laufladen   | 1             |

VORLÄUFIG

## Langstrecke Championsrace Damen

| <b>Platz</b> | <b>Name</b>               | <b>BSG</b> | <b>Punkte</b> |
|--------------|---------------------------|------------|---------------|
| 1            | Schultz, Eva              | Airbus     | 22            |
| 2            | Brockmann, Christina      | Airbus     | 15            |
|              | Mezele, Pina              | Laufladen  | 15            |
| 4            | Benten Patury, Indira     | Airbus     | 13            |
| 5            | Aschbermer, Jana          | TUV-Nord   | 12            |
| 6            | Schönwälder, Claudia      | Laufladen  | 10            |
| 7            | Staas, Kirsten            | Krüss-OSH  | 8             |
| 8            | Werner, Kristina          | Krüss-OSH  | 6             |
|              | Pries, Daniela            | Tchibo     | 6             |
| 10           | Glöde, Jutta              | Lufthansa  | 5             |
| 11           | Löffler, Cläre            | WTM HH     | 4             |
|              | Schmidt-Berbatovci, Julia | Krüss-OSH  | 4             |
| 13           | Schmidt, Karen            | ERGOsports | 3             |
|              | Venjakob, Isabel          | Laufladen  | 3             |
| 15           | Tell, Johanna             | HapagLloyd | 2             |
|              | Kutschka, Anja            | ERGOsports | 2             |
| 17           | Bessen, Hjördis           | Berenberg  | 1             |
|              | Nentwig, Karin            | Airbus     | 1             |

VORLÄUFIG

## Kurzstrecke Championsrace Herren

| <b>Platz</b> | <b>Name</b>       | <b>BSG</b>   | <b>Punkte</b> |
|--------------|-------------------|--------------|---------------|
| 1            | Winter, Christian | ERGOsports   | 23            |
| 2            | Wittmar, Simon    | Laufladen    | 16            |
| 3            | Uliczka, Jörn     | HapagLloyd   | 15            |
| 4            | Kupper, Frank     | TUV-Nord     | 12            |
|              | Reese, Johann     | Energie SV H | 12            |
| 6            | Thormann, Tobias  | Airbus       | 11            |
| 7            | Krastev, Ulli     | BACARDI      | 10            |
| 8            | Zachos, Dimitrios | HEK          | 6             |
| 9            | Schröder, Birger  | NDR          | 5             |
|              | Scholz, Christian | Haspa        | 5             |
| 11           | Büchel, Thomas    | BSV Holborn  | 4             |
|              | Kutschera, Sven   | Tçhibo       | 4             |
| 13           | Sohl, Lukas       | TUV-Nord     | 3             |
| 14           | Thorborg, Nils    | Deut.Bank    | 2             |
|              | Bramer, Marco     | PHILIPS      | 2             |
|              | Scholz, Stephan   | HPA          | 2             |
| 17           | Becker, Michael   | G+J          | 1             |

VORLÄUFIG

## Langstrecke Championsrace Herren

| <b>Platz</b> | <b>Name</b>            | <b>BSG</b>   | <b>Punkte</b> |
|--------------|------------------------|--------------|---------------|
| 1            | Ingwersen, Jan         | Laufladen    | 27            |
| 2            | Czoschke, Rene         | HPA          | 25            |
| 3            | Bruckner, Falko        | Nordmark     | 12            |
|              | Ranke, Philipp         | Laufwerk     | 12            |
| 5            | Stephan, Achim         | wellnuss.de  | 10            |
|              | Banck, Sönke           | ERGOsports   | 10            |
| 7            | Lautenschläger, Pascal | Laufladen    | 8             |
| 8            | Winkeler, Tobias       | Nordmark     | 5             |
|              | Koudougou, Halidou     | PHILIPS      | 5             |
| 10           | Bulla, Benedikt        | Energie SV H | 4             |
|              | Jansen, Thies          | Airbus       | 4             |
|              | Huhn, Philipp          | Laufladen    | 4             |
| 13           | Wöstmann, Sebastian    | Zoll         | 3             |
| 14           | Fennen, Dr. Michael    | ERGOsports   | 2             |
| 15           | Schmidt, Birger        | Polizei HH   | 1             |

VORLÄUFIG

## FAQ

### **Was sind M/W50+ Mannschaften?**

Hierbei handelt es sich um eine zusätzliche Auswertung für Mannschaften. In eine M/W50+ Mannschaft kommen Männer und Frauen (die Mannschaft kann also mixed sein), die zur Altersklasse M50 oder W50 oder höher gehören. für die Wertung wird die Gesamteinlaufliste genommen (Männer und Frauen in einer Einlaufliste. Die addierten Platzziffern ergeben das Gesamtergebnis der Mannschaft. Läufer aus den jüngeren Altersklassen werden zuerst entfernt und die Platzziffern entsprechend korrigiert.

### **Was ist das Championsrace?**

Unter dem Championsrace verstehen wir eine informative Auswertung der besten 10 Läufer in einem Lauf. Im Championsrace werden also nur die besten gewertet. Man erhält am Ende den den Gesamtsieger der Serie.

Die Punkteverteilung ergibt sich aus der jeweiligen Platzierung. Der Sieger erhält 15 Punkte, der Zweite 12, dann 10, 8, 6, 5, 4, 3, 2, 1 Punkte. Die Punkte aller Läufe werden zusammengezählt. Es gibt keine Streichergebnisse, jeder Lauf zählt. Es gewinnt am Ende der Serie derjenige, der die meisten Punkte gesammelt hat.

V O R L Ä U F I G